


































## Wan Chai District

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment	Enrolment Method
								(Balloting) ( Open Enrollment for Remaining Quota )	
Breaststroke Swimming TC for Youth&Adult (I)									
40527140 (WC197)	2/5-23/5	Tu,Th,F	19:00-20:00	Victoria Park SP	13+	100	16	18/3-24/3 (1/4) {23/4}	
Front Crawl Swimming TC for Adult (I)									
40527146 (WC201)	3/5-27/5 (excl. 13/5)	M,W,F	7:00-8:00	Victoria Park SP	18+	100	16	18/3-24/3 (1/4) {23/4}	
Front Crawl Swimming TC for Youth&Adult (I)									
40527142 (WC198)	2/5-23/5	Tu,Th,F	19:00-20:00	Victoria Park SP	13+	100	16	18/3-24/3 (1/4) {23/4}	
Breaststroke Swimming TC for Adult (II)									
40527144 (WC199)	2/5-23/5	Tu,Th,F	20:00-21:00	Victoria Park SP	18+	100	20	18/3-24/3 (1/4) {23/4}	
Front Crawl Swimming TC for Adult (II)									
40527145 (WC200)	2/5-23/5	Tu,Th,F	20:00-21:00	Victoria Park SP	18+	100	20	18/3-24/3 (1/4) {23/4}	
Backstroke Swimming Training Course									
40527108 (WC189)	7/5-6/6	Tu,Th	10:00-11:00	Wan Chai SP	18+	100	20	18/3-24/3 (1/4) {23/4}	
Breaststroke Swimming TC for Adult (III)									
40527102 (WC187)	20/5-19/6	M,W	9:00-10:00	Wan Chai SP	18+	100	20	18/3-24/3 (1/4) {23/4}	
Butterfly Swimming Training Course									
40527099 (WC186)	20/5-19/6	M,W	10:00-11:00	Wan Chai SP	18+	100	20	18/3-24/3 (1/4) {23/4}	
Front Crawl Swimming TC for Adult (III)									
40527106 (WC188)	7/5-6/6	Tu,Th	9:00-10:00	Wan Chai SP	18+	100	20	18/3-24/3 (1/4) {23/4}	
Aerobic Dance Training Course									
40527065 (WC122)	27/5-8/7 (excl. 1/7)	M,W	18:00-19:00	Harbour RD. SC	14+	65	25	18/4	<i>i</i>
40527066 (WC123)	27/5-8/7 (excl. 1/7)	M,W	19:00-20:00	Harbour RD. SC	14+	65	25	18/4	<i>i</i>
40527067 (WC124)	23/5-2/7	Tu,Th	18:00-19:00	Harbour RD. SC	14+	65	25	17/4	<i>i</i>
40527068 (WC125)	23/5-2/7	Tu,Th	19:00-20:00	Harbour RD. SC	14+	65	25	17/4	<i>i</i>
40527090 (WC143)	27/5-28/6 (excl. 3/6,7/6,17/6)	M,W,F	9:00-10:00	Lockhart RD. SC	14+	65	30	18/4	<i>i</i>
40527091 (WC144)	27/5-28/6 (excl. 3/6,7/6,17/6)	M,W,F	10:00-11:00	Lockhart RD. SC	14+	65	30	18/4	<i>i</i>
40527092 (WC145)	17/5-14/6 (excl. 7/6)	M,W,F	18:00-19:00	Lockhart RD. SC	14+	65	30	18/4	<i>i</i>
40527094 (WC146)	17/5-14/6 (excl. 7/6)	M,W,F	19:00-20:00	Lockhart RD. SC	14+	65	30	18/4	<i>i</i>
Fitness Exercise Training Course									
40527130 (WC167)	21/5-20/6	Tu,Th,Sa	11:00-12:00	Lockhart RD. SC	14+	80	30	18/3-24/3 (1/4) {23/4}	
<b>Fitness (Multi-gym) Training Course</b> @ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired. Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017. For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment. For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.									
40527114 (WC155)	27/5-28/6 (excl. 3/6,7/6,17/6)	M,W,F	7:00-8:00	Lockhart RD. SC	15+	75	20	@24/4	<i>i</i>
40527115 (WC156)	27/5-28/6 (excl. 3/6,7/6,17/6)	M,W,F	8:00-9:00	Lockhart RD. SC	15+	75	20	@24/4	<i>i</i>
40527117 (WC157)	27/5-28/6 (excl. 3/6,7/6,17/6)	M,W,F	9:00-10:00	Lockhart RD. SC	15+	75	20	@24/4	<i>i</i>
40527118 (WC158)	27/5-28/6 (excl. 3/6,7/6,17/6)	M,W,F	10:00-11:00	Lockhart RD. SC	15+	75	20	@24/4	<i>i</i>
40527119 (WC159)	22/5-19/6 (excl. 7/6)	M,W,F	15:00-16:00	Lockhart RD. SC	15+	75	20	@17/4	<i>i</i>
40527120 (WC160)	22/5-19/6 (excl. 7/6)	M,W,F	16:00-17:00	Lockhart RD. SC	15+	75	20	@17/4	<i>i</i>
40527121 (WC161)	22/5-19/6 (excl. 7/6)	M,W,F	17:00-18:00	Lockhart RD. SC	15+	75	20	@17/4	<i>i</i>
40527123 (WC162)	23/5-2/7	Tu,Th	18:00-19:00	Lockhart RD. SC	15+	75	20	@16/4	<i>i</i>
40527125 (WC163)	23/5-2/7	Tu,Th	19:00-20:00	Lockhart RD. SC	15+	75	20	@16/4	<i>i</i>
40527126 (WC164)	23/5-2/7	Tu,Th	20:00-21:00	Lockhart RD. SC	15+	75	20	@16/4	<i>i</i>
40527127 (WC165)	23/5-2/7	Tu,Th	21:00-22:00	Lockhart RD. SC	15+	75	20	@16/4	<i>i</i>
Gymnastics for all Training Course									
40527061 (WC121)	14/5-13/6	Tu,Th	14:00-16:00	Harbour RD. SC	6+	54	20	18/3-24/3 (1/4) {23/4}	
Social Dance Training Course									
40527074 (WC178)	20/5-20/6	M,Th	15:00-17:00	Wong Nai Chung SC	14+	86	24	18/3-24/3 (1/4) {23/4}	
40527077 (WC179)	24/5-28/6 (excl. 7/6)	Tu,F	19:00-21:00	Wong Nai Chung SC	14+	86	24	18/3-24/3 (1/4) {23/4}	
40527133 (WC170)	23/5-25/6	Tu,Th	20:00-22:00	Lockhart RD. SC	14+	86	30	18/3-24/3 (1/4) {23/4}	
Tai Chi Training Course									

40527149 (WC204)	20/5-11/9 (excl. 7/6,1/7)	M,W,F	7:00-8:00	Rooftop of Tsuen Wing Hse at LaiTakTsuen	6+	60	40	25/4	 
40527151 (WC206)	15/5-6/9 (excl. 7/6,1/7)	M,W,F	7:30-8:30	Wan Chai Park	6+	60	60	25/4	 
<b>Yoga Training Course</b>									
40527095 (WC185)	29/5-3/7 (excl. 7/6)	W,F	14:00-16:00	Wong Nai Chung SC	15+	85	25	18/3-24/3 (1/4) {23/4}	
40527134 (WC171)	8/5-31/5 (excl. 13/5)	M,W,F	14:00-16:00	Lockhart RD. SC	15+	85	40	18/3-24/3 (1/4) {23/4}	
<b>Briefing on Proper Ways to Use Fitness Equipment</b>									
40527103 (WC150)	5/5	Su	14:00-17:00	Lockhart RD. SC	15+	Free	25	18/3-24/3 (1/4) {23/4}	
40527104 (WC151)	11/5	Sa	14:00-17:00	Lockhart RD. SC	15+	Free	25	18/3-24/3 (1/4) {23/4}	
40527105 (WC152)	19/5	Su	14:00-17:00	Lockhart RD. SC	15+	Free	25	18/3-24/3 (1/4) {23/4}	
<b>In response to the 62nd Festival of Sport-Par</b>									
40527131 (WC168)	26/5	Su	10:00-11:00	Lockhart RD. SC	7+	Free	18	20/4	
40527132 (WC169)	26/5	Su	11:00-12:00	Lockhart RD. SC	7+	Free	18	20/4	
<b>Parent-child(Aged 7-17) Badminton Fun Day</b>									
40527086 (WC140)	19/5	Su	10:00-11:00	Harbour RD. SC	7+	Free	24	20/4	
40527087 (WC141)	19/5	Su	11:00-12:00	Harbour RD. SC	7+	Free	24	20/4	
40527089 (WC142)	19/5	Su	12:00-13:00	Harbour RD. SC	7+	Free	24	20/4	
<b>Badminton Training Course</b>									
40527062 (WC126)	29/5-3/7 (excl. 7/6)	W,F	7:00-9:00	Harbour RD. SC	7+	118	24	18/3-24/3 (1/4) {23/4}	
40527063 (WC127)	29/5-3/7 (excl. 7/6)	W,F	18:00-20:00	Harbour RD. SC	7+	118	24	18/3-24/3 (1/4) {23/4}	
40527096 (WC147)	22/5-24/6	M,W	14:00-16:00	Lockhart RD. SC	7+	118	18	18/3-24/3 (1/4) {23/4}	
40527098 (WC148)	14/5-13/6	Tu,Th	9:00-11:00	Lockhart RD. SC	7+	118	18	18/3-24/3 (1/4) {23/4}	
40527100 (WC149)	14/5-13/6	Tu,Th	18:00-20:00	Lockhart RD. SC	7+	118	18	18/3-24/3 (1/4) {23/4}	
40527136 (WC173)	21/5-25/6 (excl. 7/6)	Tu,F	9:00-11:00	Wong Nai Chung SC	7+	118	18	18/3-24/3 (1/4) {23/4}	
40527137 (WC174)	20/5-20/6	M,Th	19:00-21:00	Wong Nai Chung SC	7+	118	18	18/3-24/3 (1/4) {23/4}	
<b>Indoor Short Mat Bowling Training Course</b>									
40527082 (WC181)	4/5-22/6	Sa	9:00-11:00	Wong Nai Chung SC	18+	54	8	15/4	 
<b>Lawn Bowls Training Course</b>									
40527128 (WC195)	21/5-18/6 (excl. 7/6)	Tu,F	19:00-21:00	Victoria Park Bowling Green	8+	54	8	18/3-24/3 (1/4) {23/4}	
40527138 (WC196)	21/5-18/6 (excl. 7/6)	Tu,F	19:00-21:00	Victoria Park Bowling Green	8+	54	8	18/3-24/3 (1/4) {23/4}	
<b>Squash Tr. Cr.</b>									
40527088 (WC183)	5/5-23/6	Su	9:00-11:00	Wong Nai Chung SC	7+	160	8	15/4	 
<b>Table-tennis Training Course</b>									
40527093 (WC184)	14/5-13/6	Tu,Th	17:00-19:00	Wong Nai Chung SC	6+	86	18	15/4	 
<b>Tennis Training Course</b>									
40527111 (WC210)	29/5-3/7 (excl. 7/6)	W,F	9:00-11:00	Hong Kong Tennis Centre	8+	170	18	18/3-24/3 (1/4) {23/4}	
40527113 (WC211)	31/5-5/7 (excl. 7/6)	W,F	19:00-21:00	Hong Kong Tennis Centre	8+	170	18	18/3-24/3 (1/4) {23/4}	
40527116 (WC192)	20/5-20/6	M,Th	19:00-21:00	Hong Kong Tennis Centre	8+	170	18	18/3-24/3 (1/4) {23/4}	
40527124 (WC194)	14/5-13/6	Tu,Th	7:00-9:00	Victoria Park TC	8+	170	18	18/3-24/3 (1/4) {23/4}	
<b>Outreaching Sports &amp; Games</b>									
40527152 (WC207)	2/5-30/5	Tu,Th	9:30-11:30	Tai Wo ST. PG	All	Free	450	2/5-30/5	Walk-in
40527154 (WC209)	5/5-26/5	Su	9:30-11:30	Electric RD. Sitting-out Area	All	Free	200	5/5-26/5	Walk-in

Activities for Persons with Disabilities Programme Number (Class code) (free of charge)	Date	Day	Time	Venue	Age Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
--	------	-----	------	-------	-----------	--	------------------


**Enrolment methods that applicable only to programmes especially designed for persons with disabilities**

Persons with disabilities (PWDs) can enrol at any District Leisure Services Offices or recreation and sports venues with Leisure Link Services, or by post. Each participant may be accompanied by ONE carer for free. The arrangements for accompanying carers are as follows:

Training schemes: Accompanying carers may attend the class with the enrolled PWDs on the training day. Accompanying Carer's Cards will be distributed by the instructor at the beginning of each class as identification.

Other activities: Accompanying carers are required to enrol in recreation programmes with PWDs to facilitate coach and camp place arrangements. Admission tickets, which must be presented for verification when attending activities, will be issued to accompanying carers upon successful enrolment.

**Residential Camp for Pers with Intellectual D**

40527153 (WC208)	25/5-26/5	Sa,Su	14:30-13:00	Tso Kung Tam ORC	All	8	16/4	
------------------	-----------	-------	-------------	------------------	-----	---	------	---

**Excursion for Persons with Physical Disability (HQ)**

40527122 (WC193)	25/5	Sa	10:30-15:30	Sai Wan Ho	4+	6	16/4	
------------------	------	----	-------------	------------	----	---	------	---

Activities for Elderly Programme Number (Class code) (For aged 60 or above, free of charge)	Date	Day	Time	Venue	Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
--	------	-----	------	-------	-------	--	------------------

**Swimming TC for Elderly (I)**

40527147 (WC202)	3/5-27/5 (excl. 13/5)	M,W,F	8:00-9:00	Victoria Park SP	16	18/3-24/3 (1/4) {23/4}	✉
------------------	--------------------------	-------	-----------	------------------	----	---------------------------	---

**Baduanjin Funday for Elderly**

40527072 (WC130)	3/5	F	9:15-11:45	Harbour RD. SC	160	3/5	Walk-in
40527073 (WC131)	10/5	F	9:15-11:45	Harbour RD. SC	160	10/5	Walk-in
40527075 (WC132)	17/5	F	9:15-11:45	Harbour RD. SC	160	17/5	Walk-in
40527076 (WC133)	24/5	F	9:15-11:45	Harbour RD. SC	160	24/5	Walk-in
40527078 (WC134)	31/5	F	9:15-11:45	Harbour RD. SC	160	31/5	Walk-in

**Elderly Fitness Exercise Training Course**

40527070 (WC177)	27/5-8/7 (excl. 5/6,7/6,19/6,1/7,3/7)	M,W,F	10:00-11:00	Wong Nai Chung SC	30	18/3-24/3 (1/4) {23/4}	✉
40527110 (WC153)	21/5-20/6	Tu,Th,Sa	9:00-10:00	Lockhart RD. SC	30	18/3-24/3 (1/4) {23/4}	✉
40527112 (WC154)	21/5-20/6	Tu,Th,Sa	10:00-11:00	Lockhart RD. SC	30	18/3-24/3 (1/4) {23/4}	✉
40527139 (WC175)	27/5-8/7 (excl. 5/6,7/6,19/6,1/7,3/7)	M,W,F	8:00-9:00	Wong Nai Chung SC	30	18/3-24/3 (1/4) {23/4}	✉
40527141 (WC176)	27/5-8/7 (excl. 5/6,7/6,19/6,1/7,3/7)	M,W,F	9:00-10:00	Wong Nai Chung SC	30	18/3-24/3 (1/4) {23/4}	✉

**Morning Fitness Exercise for Elderly**

40527148 (WC203)	2/5-30/5	Tu,Th,Sa	6:00-8:00	Bowen RD. Park	260	2/5-30/5	Walk-in
------------------	----------	----------	-----------	----------------	-----	----------	---------

**Fitness(Multi-gym) Training Course For Elderly**

@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.

Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017.

For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.

For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.

40527129 (WC166)	27/5-28/6 (excl. 3/6,7/6,17/6)	M,W,F	11:00-12:00	Lockhart RD. SC	20	@18/3-24/3 (1/4){23/4}	✉
------------------	-----------------------------------	-------	-------------	-----------------	----	---------------------------	---

**General Gymnastics Funday for Elderly**

40527079 (WC135)	8/5	W	9:15-11:45	Harbour RD. SC	80	8/5	Walk-in
40527081 (WC136)	15/5	W	9:15-11:45	Harbour RD. SC	80	15/5	Walk-in
40527083 (WC137)	22/5	W	9:15-11:45	Harbour RD. SC	80	22/5	Walk-in
40527084 (WC138)	29/5	W	9:15-11:45	Harbour RD. SC	80	29/5	Walk-in

**Social Dance Tr.Cr. for Elderly**

40527080 (WC180)	21/5-20/6	Tu,Th	13:00-15:00	Wong Nai Chung SC	24	18/3-24/3 (1/4) {23/4}	✉
------------------	-----------	-------	-------------	-------------------	----	---------------------------	---

**MP for Elderly - Indoor Short Mat Bowling**

40527071 (WC129)	7/5-28/5	Tu	9:30-11:30	Harbour RD. SC	64	7/5-28/5	Walk-in
------------------	----------	----	------------	----------------	----	----------	---------

**HES Indr Short Mat Bowling Badminton Play-in**

40527085 (WC182)	6/5-27/5 (excl. 13/5)	M	8:00-10:00	Wong Nai Chung SC	36	6/5-27/5	Walk-in
------------------	--------------------------	---	------------	-------------------	----	----------	---------

**Meeting Points for Elderly - Indoor Gateball**

40527069 (WC128)	2/5-30/5	Th	9:30-11:30	Harbour RD. SC	80	2/5-30/5	Walk-in
------------------	----------	----	------------	----------------	----	----------	---------

**Day Camp for the Elderly**

40527150 (WC205)	20/5	M	9:00-16:00	Lady Macleahose HV	96	18/3-24/3 (1/4) {23/4}	✉
------------------	------	---	------------	--------------------	----	---------------------------	---