Leisure and Cultural Services Department
Community Recreation and Sports Programme
Monthly Programmes for Mar 2019

Sha Tin District

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee($)	Quota	Date of Enrollment (Balloting) {Open Enrollment for Remaining Quota}	Enrolment Method
Baduanjin Fun Day									
40521550 (ST1882)	2/3	Sa	14:00-16:00	Heng On SC	8+	Free	20	11/2	
Briefing on Proper Ways to Use Fitness Equipment									
40521551 (ST1883)	3/3	Su	9:00-12:00	Heng On SC	15+	Free	20	17/1-21/1 (28/1) {22/2}	
40521552 (ST1884)	3/3	Su	9:00-12:00	Mei Lam SC	15+	Free	25	17/1-21/1 (28/1) {22/2}	
40521553 (ST1885)	9/3	Sa	14:00-17:00	Ma On Shan SC	15+	Free	25	17/1-21/1 (28/1) {22/2}	
40521554 (ST1886)	10/3	Su	9:00-12:00	Heng On SC	15+	Free	20	17/1-21/1 (28/1) {22/2}	
40521555 (ST1887)	16/3	Sa	14:00-17:00	Yuen Chau Kok SC	15+	Free	25	17/1-21/1 (28/1) {22/2}	
Lawn Bowls Training Course									
40521559 (ST1891)	5/3-28/3	Tu,Th	19:00-21:00	Yuen Chau Kok SC	8-17	54	8	17/1-21/1 (28/1) {22/2}	

Activities for Persons with Disabilities Programme Number (Class code) (free of charge)	Date	Day	Time	Venue	Age	Quota	Date of Enrollment (Balloting) {Open Enrollment for Remaining Quota}	Enrolment Method

Enrolment methods that applicable only to programmes especially designed for persons with disabilities

Persons with disabilities (PWDs) can enrol at any District Leisure Services Offices or recreation and sports venues with Leisure Link Services, or by post. Each participant may be accompanied by ONE carer for free. The arrangements for accompanying carers are as follows:

Training schemes: Accompanying carers may attend the class with the enrolled PWDs on the training day. Accompanying Carer's Cards will be distributed by the instructor at the beginning of each class as identification.

Other activities: Accompanying carers are required to enrol in recreation programmes with PWDs to facilitate coach and camp place arrangements. Admission tickets, which must be presented for verification when attending activities, will be issued to accompanying carers upon successful enrolment.

Day Camp for Intellectual Disabled Persons								
40499568 (ST0713)	1/3	F	9:00-17:00	Sai Kung ORC	All	40	29/1	

Activities for Elderly Programme Number (Class code) (For aged 60 or above, free of charge)	Date	Day	Time	Venue	Quota	Date of Enrollment (Balloting) {Open Enrollment for Remaining Quota}	Enrolment Method
HES - Social Dance Fun Day for Elderly							
40521562 (ST1894)	1/3-22/3	F	10:00-11:30	Heng On SC	30	1/3-22/3	Walk-in
40521563 (ST1895)	1/3-22/3	F	11:30-13:00	Heng On SC	30	1/3-22/3	Walk-in
HES - Badminton Fun Day for Elderly							
40521564 (ST1896)	4/3-27/3	M,W	8:00-10:00	Yuen Chau Kok SC	24	4/3-27/3	Walk-in
HES - Table-tennis Fun Day for Elderly							
40521565 (ST1897)	1/3-29/3	Tu,F	8:00-10:00	Sha Tin Jockey Club Public Squash Courts	24	1/3-29/3	Walk-in
40521566 (ST1898)	1/3-29/3	Tu,F	10:00-12:00	Sha Tin Jockey Club Public Squash Courts	24	1/3-29/3	Walk-in
40521567 (ST1899)	1/3-29/3	Tu,F	8:00-10:00	Sha Tin Jockey Club Public Squash Courts	16	1/3-29/3	Walk-in
40521568 (ST1900)	1/3-29/3	Tu,F	10:00-12:00	Sha Tin Jockey Club Public Squash Courts	16	1/3-29/3	Walk-in
40521569 (ST1901)	4/3-27/3	M,W	9:00-11:00	Yuen Chau Kok SC	16	4/3-27/3	Walk-in
40521570 (ST1902)	5/3-28/3	Tu,Th	8:00-10:00	Hin Keng SC	24	5/3-28/3	Walk-in
40521571 (ST1903)	5/3-26/3	Tu	14:00-16:00	Ma On Shan SC	48	5/3-26/3	Walk-in
40521572 (ST1904)	7/3-21/3 (excl. 14/3)	Th	12:00-14:00	Ma On Shan SC	48	7/3-21/3	Walk-in
Gateball Fun Day for Elderly							
40521573 (ST1905)	4/3	M	10:00-12:00	Heng On SC(non air-cond.)	30	4/3	Walk-in
40521574 (ST1906)	17/3	Su	15:00-17:00	Heng On SC(non air-cond.)	30	17/3	Walk-in