Leisure and Cultural Services Department
Community Recreation and Sports Programme
Monthly Programmes for Mar 2019

North District

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee($)	Quota	Date of Enrollment (Balloting) {Open Enrollment for Remaining Quota}	Enrolment Method
Tai Chi Training Course									
40519776 (NX1459)	1/3-5/7 (excl. 5,19,22/4,1,13/5,7/6,1/7)	M,W,F	6:30-7:30	Basketball Crt Tsung Pak Long	8+	60	40	1/2	
Briefing on Proper Ways to Use Fitness Equipment									
40519798 (NH1484)	10/3	Su	15:00-18:00	Luen Wo Hui SC	15+	Free	25	23/1-29/1 (1/2) {26/2}	
40519800 (NR1485)	2/3	Sa	14:00-17:00	Po Wing RD. SC	15+	Free	25	23/1-29/1 (1/2) {26/2}	
40519801 (NR1486)	10/3	Su	10:00-13:00	Po Wing RD. SC	15+	Free	25	23/1-29/1 (1/2) {26/2}	
40519802 (NT1487)	10/3	Su	10:00-13:00	Tin Ping SC	15+	Free	20	23/1-29/1 (1/2) {26/2}	
40519804 (NT1488)	17/3	Su	15:00-18:00	Tin Ping SC	15+	Free	20	23/1-29/1 (1/2) {26/2}	
40519805 (NW1489)	9/3	Sa	14:00-17:00	Wo Hing SC	15+	Free	25	23/1-29/1 (1/2) {26/2}	
ND Gateball Competition 2019 (Gold)									
40518060 (NG1381)	17/3	Su	9:00-18:00	North District SG	8+	100	6	16/1-25/1 (1/2) {27/2}	
ND Gateball Competition 2019(Silver)									
40518062 (NG1382)	17/3	Su	9:00-18:00	North District SG	8+	100	12	16/1-25/1 (1/2) {27/2}	
Healthy Exercise for All Campaign-Hiking									
40505118 (NX1322)	3/3	Su	9:00-17:00	Hiking Trail - B9	6+	40	48	23/1-29/1 (1/2) {26/2}	
Excursion for persons with Intellectual									
40521952 (NX1495)	8/3	F	9:00-17:00	Tai Po	6+	Free	12	1/2	

Activities for Persons with Disabilities Programme Number (Class code) (free of charge)	Date	Day	Time	Venue	Age	Quota	Date of Enrollment (Balloting) {Open Enrollment for Remaining Quota}	Enrolment Method

Enrolment methods that applicable only to programmes especially designed for persons with disabilities

Persons with disabilities (PWDs) can enrol at any District Leisure Services Offices or recreation and sports venues with Leisure Link Services, or by post. Each participant may be accompanied by ONE carer for free. The arrangements for accompanying carers are as follows:

Training schemes: Accompanying carers may attend the class with the enrolled PWDs on the training day. Accompanying Carer's Cards will be distributed by the instructor at the beginning of each class as identification.

Other activities: Accompanying carers are required to enrol in recreation programmes with PWDs to facilitate coach and camp place arrangements. Admission tickets, which must be presented for verification when attending activities, will be issued to accompanying carers upon successful enrolment.

Excursion for persons with Intellectual								
40521634 (NX1490)	2/3	Sa	9:00-17:00	Central	20-75	8	1/2	

Activities for Elderly Programme Number (Class code) (For aged 60 or above, free of charge)	Date	Day	Time	Venue	Quota	Date of Enrollment (Balloting) {Open Enrollment for Remaining Quota}	Enrolment Method
HES - Table-tennis play in							
40519809 (NH1493)	5/3-28/3	Tu,Th	8:00-10:00	Luen Wo Hui SC	24	5/3	
HES-Gateball Self Practice Scheme							
40519807 (NW1491)	5/3-26/3	Tu	13:00-15:00	Wo Hing SC	15	5/3-26/3	Walk-in
40519808 (NW1492)	7/3-28/3	Th	13:00-15:00	Wo Hing SC	15	7/3-28/3	Walk-in