

**Leisure and Cultural Services Department**  
**Community Recreation and Sports Programme**  
**Monthly Programmes for Jan 2019**

**Wong Tai Sin District**

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
<b>Long Distance Running Training Course</b>									
40517251 (WT1143)	5/1-16/3 (excl. 9/2)	Sa	18:00-20:00	Po Kong Village RD. Park	16+	130	40	9/12	
<b>Aerobic Dance Training Course</b>									
40516827 (WT1101)	3/1-19/2 (excl. 5/2,7/2)	Tu,Th	8:00-9:00	Po Kong Village RD. SC	14+	65	30	2/12	
40516829 (WT1102)	3/1-19/2 (excl. 5/2,7/2)	Tu,Th	9:00-10:00	Po Kong Village RD. SC	14+	65	30	2/12	
40516830 (WT1103)	2/1-13/2 (excl. 6/2)	W,F	7:00-8:00	Po Kong Village RD. SC	14+	65	30	5/12	
40516832 (WT1104)	2/1-13/2 (excl. 6/2)	W,F	8:00-9:00	Po Kong Village RD. SC	14+	65	30	5/12	
<b>Children Dance Training Course</b>									
40517034 (WT1136)	4/1-8/3	F	16:00-18:00	Po Kong Village RD. SC	4-6	60	20	19/11-26/11 (5/12) {28/12}	
40517035 (WT1137)	13/1-17/3	Su	9:00-11:00	Chuk Yuen SC	4-6	60	20	19/11-26/11 (5/12) {28/12}	
<b>Chinese Dance Training Course</b>									
40517036 (WT1138)	5/1-23/3 (excl. 2/2,9/2)	Sa	11:00-13:00	Po Kong Village RD. SC	12+	45	30	19/11-26/11 (5/12) {28/12}	
<b>Fitness (Multi-gym) Training Course</b> @ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired. Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017. For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment. For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.									
40516833 (WT1105)	21/1-20/2 (excl. 4/2,6/2)	M,W,F	7:00-8:00	Po Kong Village RD. SC	15+	75	25	@2/12	
40516835 (WT1106)	21/1-20/2 (excl. 4/2,6/2)	M,W,F	8:00-9:00	Po Kong Village RD. SC	15+	75	25	@2/12	
40516838 (WT1107)	21/1-20/2 (excl. 4/2,6/2)	M,W,F	19:00-20:00	Po Kong Village RD. SC	15+	75	25	@4/12	
40516839 (WT1108)	21/1-20/2 (excl. 4/2,6/2)	M,W,F	20:00-21:00	Po Kong Village RD. SC	15+	75	25	@4/12	
40516843 (WT1109)	18/1-18/2 (excl. 4/2,6/2)	M,W,F	7:00-8:00	Chuk Yuen SC	15+	75	25	@4/12	
40516844 (WT1110)	18/1-18/2 (excl. 4/2,6/2)	M,W,F	8:00-9:00	Chuk Yuen SC	15+	75	25	@4/12	
<b>Jazz Dance Training Course</b>									
40517038 (WT1140)	6/1-10/3	Su	9:00-11:00	Po Kong Village RD. SC	12+	70	30	19/11-26/11 (5/12) {28/12}	
<b>Jazz Training Course</b>									
40517037 (WT1139)	6/1-10/3	Su	16:00-18:00	Choi Hung RD. SC	12+	70	30	19/11-26/11 (5/12) {28/12}	
<b>Social Dance Training Course</b>									
40517039 (WT1141)	5/1-9/3	Sa	20:00-22:00	Po Kong Village RD. SC	14+	86	30	19/11-26/11 (5/12) {28/12}	
40517250 (WT1142)	12/1-16/3	Sa	10:00-12:00	Chuk Yuen SC	14+	86	30	19/11-26/11 (5/12) {28/12}	
<b>Yoga Training Course</b>									
40516857 (WT1114)	8/1-19/3 (excl. 5/2)	Tu	19:00-21:00	Choi Hung RD. SC	15+	85	20	19/11-26/11 (5/12) {28/12}	
40516858 (WT1115)	2/1-1/2	W,F	10:00-12:00	Po Kong Village RD. SC	15+	85	30	19/11-26/11 (5/12) {28/12}	
40516859 (WT1116)	9/1-20/3 (excl. 6/2)	W	20:00-22:00	Chuk Yuen SC	15+	85	30	19/11-26/11 (5/12) {28/12}	
40516860 (WT1117)	7/1-18/3 (excl. 4/2)	M	19:00-21:00	Chuk Yuen SC	15+	85	30	19/11-26/11 (5/12) {28/12}	
40516967 (WT1118)	2/1-1/2	W,F	14:00-16:00	Chuk Yuen SC	15+	85	30	19/11-26/11 (5/12) {28/12}	
<b>Briefing on Proper Ways to Use Fitness Equipment</b>									
40516847 (WT1111)	12/1-19/1	Sa	14:00-17:00	Chuk Yuen SC	15+	Free	25	19/11-26/11 (5/12) {28/12}	
40516850 (WT1112)	13/1	Su	14:00-17:00	Po Kong Village RD. SC	15+	Free	25	19/11-26/11 (5/12) {28/12}	
<b>Parent-child(Aged 7-17) Badminton Fun Day</b>									
40517270 (WT1145)	6/1	Su	9:00-10:00	Morse Park SC	7+	Free	24	10/12	
40517273 (WT1146)	6/1	Su	10:00-11:00	Morse Park SC	7+	Free	24	10/12	
40517275 (WT1147)	6/1	Su	11:00-12:00	Morse Park SC	7+	Free	24	10/12	
<b>Badminton Training Course</b>									
40516862 (WT1120)	2/1-13/3 (excl. 6/2)	W	19:00-21:00	Choi Hung RD. Badminton Centre	18+	118	18	19/11-26/11 (5/12) {28/12}	
40516865 (WT1121)	7/1-11/2 (excl. 7/2)	M,Th	7:00-9:00	Ngau Chi Wan SC	7+	118	24	19/11-26/11 (5/12) {28/12}	
40516973 (WT1122)	8/1-14/2 (excl. 5/2,7/2)	Tu,Th	19:00-21:00	Ngau Chi Wan SC	7+	118	24	19/11-26/11 (5/12) {28/12}	
40516976 (WT1123)	9/1-20/3 (excl. 6/2)	W	13:00-15:00	Ngau Chi Wan SC	7+	118	24	19/11-26/11 (5/12) {28/12}	
40516982 (WT1124)	7/1-25/3 (excl. 4/2,11/2)	M	19:00-21:00	Morse Park SC	18+	118	24	19/11-26/11 (5/12) {28/12}	
40516983 (WT1125)	2/1-11/2 (excl. 4/2,6/2)	M,W	19:00-21:00	Po Kong Village RD. SC	12+	118	24	19/11-26/11 (5/12) {28/12}	
40516988 (WT1126)	7/1-18/3 (excl. 4/2)	M	15:00-17:00	Po Kong Village RD. SC	12+	118	24	19/11-26/11 (5/12) {28/12}	

40516999 (WT1127)	8/1-19/3 (excl. 5/2)	Tu	15:00-17:00	Kai Tak East SC	18+	118	24	19/11-26/11 (5/12) {28/12}	✉
40517002 (WT1128)	10/1-21/3 (excl. 7/2)	Th	19:00-21:00	Chuk Yuen SC	18+	118	24	19/11-26/11 (5/12) {28/12}	✉
<b>Badminton Training Course for Youth</b>									
40516861 (WT1119)	3/1-14/3 (excl. 7/2)	Th	19:00-21:00	Choi Hung RD. SC	7-17	118	24	19/11-26/11 (5/12) {28/12}	✉
<b>Squash Training Course</b>									
40517015 (WT1129)	21/1-18/3 (excl. 4/2)	M	19:00-21:00	Chuk Yuen SC	18+	160	12	11/12	🖨️ <b>i</b>
<b>Table-tennis Training Course</b>									
40517017 (WT1130)	10/1-21/3 (excl. 7/2)	Th	19:00-21:00	Choi Hung RD. SC	14+	86	18	19/11-26/11 (5/12) {28/12}	✉
<b>Table-tennis Training Course for Children</b>									
40517018 (WT1131)	5/1-9/3	Sa	10:00-12:00	Choi Hung RD. SC	6-13	86	18	19/11-26/11 (5/12) {28/12}	✉
<b>Tennis Training Course</b>									
40517029 (WT1132)	8/1-19/3 (excl. 5/2)	Tu	19:00-21:00	Morse Park No. 4(Heng Lam St.)	18+	170	18	19/11-26/11 (5/12) {28/12}	✉
40517031 (WT1133)	3/1-14/3 (excl. 7/2)	Th	19:00-21:00	Choi Hung RD. PG - TC	18+	170	12	19/11-26/11 (5/12) {28/12}	✉
40517032 (WT1134)	2/1-11/2 (excl. 4/2,6/2)	M,W	20:00-22:00	Shek Ku Lung RD. PG	8+	170	18	19/11-26/11 (5/12) {28/12}	✉
40517033 (WT1135)	2/1-4/2	M,W	9:00-11:00	Ma Chai Hang Recreation Ground	8+	170	18	19/11-26/11 (5/12) {28/12}	✉
<b>Football Training Course</b>									
40517265 (WT1144)	6/1-17/3 (excl. 3/2)	Su	18:00-20:00	Kai Tak East PG	10+	60	30	9/12	🖨️ <b>i</b>



Activities for Persons with Disabilities Programme Number (Class code) (free of charge)	Date	Day	Time	Venue	Age	Quota	Date of Enrollment (Balloting) ( Open Enrollment for Remaining Quota )	Enrolment Method
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**Enrolment methods that applicable only to programmes especially designed for persons with disabilities**

Persons with disabilities (PWDs) may enrol in programmes especially designed for them at the organising District Leisure Services Office or any other district offices . Each participant may be accompanied by ONE carer. Enrolment charge is free. The arrangements for accompanying carers are as follows:

Training schemes: Accompanying carers may attend class with the enrolled PWDs on the training day. Accompanying Carer's Cards will be distributed by the instructor at the beginning of each class as identification.

Other activities: Accompanying carers are required to enrol in play-in activities with PWDs to facilitate coach and camp place arrangements. Permits, which must be presented when attending activities, will be issued to accompanying carers upon successful enrolment.

Excursions for Persons with Chronic illness								
40517304 (WT1171)	1/1	Tu	9:00-16:00	-	6+	20	3/12	
Day Camp for Persons with Intellectual Disability								
40517302 (WT1169)	6/1	Su	9:00-16:00	Sai Kung ORC	6+	14	3/12	
Disable Carnival								
40517300 (WT1167)	5/1	Sa	13:00-16:00	Morse Park (Park No.3)	All	1100	5/1	Walk-in
40517301 (WT1168)	5/1	Sa	13:00-16:00	Morse Park (Park No.3)	All	1100	5/1	Walk-in

Activities for Elderly Programme Number (Class code) (For aged 60 or above, free of charge)	Date	Day	Time	Venue	Quota	Date of Enrollment (Balloting) ( Open Enrollment for Remaining Quota )	Enrolment Method
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**Meeting Points for Elderly - Baduanjin Fun Day**

40517287 (WT1154)	2/1-30/1	W,F	8:00-9:00	Po Kong Village RD. SC	45	2/1-30/1	Walk-in
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**Meeting Points for Elderly - Fitness Exercise Fun Day**

40517290 (WT1157)	3/1-31/1	Tu,Th	7:00-8:00	Hammer Hill RD. SG	30	3/1-31/1	Walk-in
40517291 (WT1158)	2/1-30/1	M,W,F	7:00-8:00	Morse Park No. 3 - Basketball Ct	30	2/1-30/1	Walk-in

**Meeting Points for Elderly - General Gymnastics Fun Day**

40517288 (WT1155)	4/1-29/1	Tu,F	9:00-11:00	Chuk Yuen SC	60	4/1-29/1	Walk-in
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**Meeting Points for Elderly - Dance Fun Day**

40517289 (WT1156)	2/1-30/1	W,F	8:00-10:00	Ngau Chi Wan SC	80	2/1-30/1	Walk-in
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**Social Dance Fun Day for Elderly**

40517285 (WT1152)	23/1	W	8:00-11:00	Morse Park SC	40	23/1	Walk-in
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**Healthy Elderly Scheme - Indoor Gateball Fun Day**

40517292 (WT1159)	3/1-31/1	Tu,Th	9:00-11:00	Po Kong Village RD. SC	30	3/1-31/1	Walk-in
40517293 (WT1160)	4/1-29/1	Tu,F	7:00-9:00	Chuk Yuen SC	15	4/1-29/1	Walk-in
40517294 (WT1161)	2/1-30/1	W,F	9:00-12:00	Kai Tak East SC	30	2/1-30/1	Walk-in
40517295 (WT1162)	3/1-31/1	M,Th	7:00-9:00	Morse Park SC	30	3/1-31/1	Walk-in

**Healthy Elderly Scheme - Table Tennis Fun Day**

40517296 (WT1163)	2/1-30/1	W,F	9:00-12:00	Kai Tak East SC	20	2/1-30/1	Walk-in
40517297 (WT1164)	3/1-31/1	Tu,Th	10:00-12:00	Chuk Yuen SC	20	3/1-31/1	Walk-in
40517298 (WT1165)	2/1-30/1	W,F	7:00-9:00	Choi Hung RD. SC	20	2/1-30/1	Walk-in
40517299 (WT1166)	3/1-31/1	M,Th	7:00-9:00	Morse Park SC	20	3/1-31/1	Walk-in

Meeting Points for Elderly - Indoor Short Mat Bowling Cum Indoor Gateball Fun Day							
40517286 (WT1153)	3/1-31/1	Tu,Th	9:30-11:30	Kai Tak East SC	25	3/1-31/1	Walk-in
Gateball Fun Day for the Elderly							
40517283 (WT1150)	12/1	Sa	8:00-10:00	Morse Park(Park No3)Gateball crts(2crts)	30	12/1	Walk-in
40517284 (WT1151)	19/1	Sa	8:00-10:00	Morse Park(Park No3)Gateball crts(2crts)	30	19/1	Walk-in
Excursion for the Elderly							
40517281 (WT1148)	9/1	W	9:00-17:00	Tai O	96	19/11-26/11 (5/12){28/12}	✉
Carnival for the Elderly							
40517282 (WT1149)	5/1	Sa	13:00-16:00	Morse Park SC	1000	5/1	Walk-in