

Leisure and Cultural Services Department
Community Recreation and Sports Programme
Monthly Programmes for Nov 2018

Wong Tai Sin District

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
Aerobic Dance Training Course									
40510855 (WT0947)	2/11-12/12	W,F	7:00-8:00	Po Kong Village RD. SC	14+	65	30	2/10	
40510856 (WT0948)	2/11-12/12	W,F	8:00-9:00	Po Kong Village RD. SC	14+	65	30	2/10	
40510857 (WT0949)	1/11-11/12	Tu,Th	8:00-9:00	Po Kong Village RD. SC	14+	65	30	3/10	
40510858 (WT0950)	1/11-11/12	Tu,Th	9:00-10:00	Po Kong Village RD. SC	14+	65	30	3/10	
Fitness (Multi-gym) Training Course @ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired. Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017. For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment. For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.									
40510859 (WT0951)	1/11-11/12	Tu,Th	20:00-21:00	Chuk Yuen SC	15+	75	25	@9/10	
40510860 (WT0952)	16/11-12/12	M,W,F	7:00-8:00	Chuk Yuen SC	15+	75	25	@8/10	
40510861 (WT0953)	16/11-12/12	M,W,F	8:00-9:00	Chuk Yuen SC	15+	75	25	@8/10	
40510862 (WT0954)	1/11-11/12	Tu,Th	19:00-20:00	Chuk Yuen SC	15+	75	25	@9/10	
40510863 (WT0955)	1/11-11/12	Tu,Th	8:00-9:00	Chuk Yuen SC	15+	75	25	@9/10	
40510864 (WT0956)	1/11-11/12	Tu,Th	9:00-10:00	Chuk Yuen SC	15+	75	25	@9/10	
40510865 (WT0957)	1/11-11/12	Tu,Th	10:00-11:00	Chuk Yuen SC	15+	75	25	@9/10	
40510866 (WT0958)	1/11-11/12	Tu,Th	14:00-15:00	Chuk Yuen SC	15+	75	25	@11/10	
40510867 (WT0959)	1/11-11/12	Tu,Th	15:00-16:00	Chuk Yuen SC	15+	75	25	@11/10	
40510868 (WT0960)	5/11-30/11	M,W,F	7:00-8:00	Po Kong Village RD. SC	15+	75	25	@10/10	
40510869 (WT0961)	5/11-30/11	M,W,F	8:00-9:00	Po Kong Village RD. SC	15+	75	25	@10/10	
40510870 (WT0962)	5/11-30/11	M,W,F	19:00-20:00	Po Kong Village RD. SC	15+	75	25	@10/10	
40510871 (WT0963)	5/11-30/11	M,W,F	20:00-21:00	Po Kong Village RD. SC	15+	75	25	@10/10	
Gymnastics for All Training Course									
40510872 (WT0964)	20/11-20/12	Tu,Th	9:00-11:00	Ngau Chi Wan SC	6+	54	20	15/10	
Tai Chi Training Course									
40491721 (WT0133)	30/11-25/3 (excl. 26/12,6/2)	M,W,F	7:15-8:15	Ngau Chi Wan Park	6+	60	30	16/10	
40511163 (WT0965)	28/11-27/3 (excl. 26/12,4/2,6/2,8/2)	M,W,F	6:30-7:30	Choi Hung Rd PG (Handball Court)	6+	60	40	16/10	
40511165 (WT0966)	28/11-27/3 (excl. 26/12,4/2,6/2,8/2)	M,W,F	7:00-8:00	Choi Hung Est (Car Park Roof Top)	6+	60	80	16/10	
40511166 (WT0967)	28/11-27/3 (excl. 26/12,4/2,6/2,8/2)	M,W,F	7:00-8:00	Wang Tau Hom Est (Civic Sq.of Phase IV)	6+	60	80	16/10	
40511168 (WT0969)	28/11-27/3 (excl. 26/12,4/2,6/2,8/2)	M,W,F	7:00-8:00	Chuk Yuen SC	6+	60	40	18/10	
40511169 (WT0970)	28/11-27/3 (excl. 26/12,4/2,6/2,8/2)	M,W,F	7:00-8:00	Podium of Fu Shan Estate	6+	60	60	18/10	
40511170 (WT0971)	28/11-27/3 (excl. 26/12,4/2,6/2,8/2)	M,W,F	7:00-8:00	Tin Ma Court	6+	60	40	18/10	
40511171 (WT0972)	28/11-27/3 (excl. 26/12,4/2,6/2,8/2)	M,W,F	19:00-20:00	Fung Tak Park	6+	60	40	23/10	
40511172 (WT0973)	28/11-27/3 (excl. 26/12,4/2,6/2,8/2)	M,W,F	7:00-8:00	Muk Lun ST. PG	6+	60	60	23/10	
40511173 (WT0974)	27/11-28/3 (excl. 25/12,1/1,5/2,7/2)	Tu,Th	19:00-20:30	Fung Tak Park	6+	60	40	19/10	
40511174 (WT0975)	28/11-27/3 (excl. 26/12,4/2,6/2,8/2)	M,W,F	7:00-8:00	Choi Wan II Estate (Mini-soccer Pitch)	6+	60	40	23/10	
Tai Chi Sword Training Course									
40511175 (WT0976)	27/11-28/3 (excl. 22/12,25/12,1/1,5/2,7/2)	Tu,Th,Sa	7:00-8:00	Choi Hung Est (Car Park Roof Top)	6+	60	80	19/10	
40511177 (WT0978)	27/11-28/3 (excl. 22/12,25/12,1/1,5/2,7/2)	Tu,Th,Sa	7:00-8:00	Chuk Yuen SC	6+	60	40	19/10	
40511178 (WT0979)	27/11-28/3 (excl. 22/12,25/12,1/1,5/2,7/2)	Tu,Th,Sa	7:00-8:00	Lok Wah ST. PG	6+	60	40	22/10	
40511179 (WT0980)	27/11-28/3 (excl. 22/12,25/12,1/1,5/2,7/2)	Tu,Th,Sa	7:00-8:00	Muk Lun ST. PG	6+	60	40	22/10	
Yoga Training Course									
40508900 (WT0898)	7/11-7/12	W,F	10:00-12:00	Po Kong Village RD. SC	15+	85	30	21/9-28/9 (9/10) {31/10}	
40511184 (WT0981)	16/11-19/12	W,F	14:00-16:00	Chuk Yuen SC	15+	85	30	21/9-28/9 (9/10) {31/10}	
40511185 (WT0982)	13/11-13/12	Tu,Th	12:00-14:00	Chuk Yuen SC	15+	85	30	21/9-28/9 (9/10) {31/10}	
Briefing on Proper Ways to Use Fitness Equipment									
40510853 (WT0945)	10/11	Sa	14:00-17:00	Chuk Yuen SC	15+	Free	25	21/9-28/9 (9/10) {31/10}	
40510854 (WT0946)	4/11	Su	14:00-17:00	Po Kong Village RD. SC	15+	Free	25	21/9-28/9 (9/10) {31/10}	

Body-Mind Stretch Training Course									
40511191 (WT0988)	6/11-13/12	Tu,Th	16:00-17:00	Choi Hung RD. SC	15+	85	24	15/10	 
40511192 (WT0989)	6/11-13/12	Tu,Th	17:00-18:00	Choi Hung RD. SC	15+	85	24	15/10	 
Archery Fun Day									
40491723 (WT0135)	18/11	Su	13:30-14:30	Ngau Chi Wan Park	8+	Free	20	24/10	 
40491724 (WT0136)	18/11	Su	14:30-15:30	Ngau Chi Wan Park	8+	Free	20	24/10	 
40491725 (WT0137)	18/11	Su	15:30-16:30	Ngau Chi Wan Park	8+	Free	20	24/10	 
Archery Training Course									
40491722 (WT0134)	2/11-5/12	W,F	10:30-12:30	Ngau Chi Wan Park	12+	70	12	24/10	 
Badminton Training Course									
40511187 (WT0984)	12/11-12/12	M,W	19:00-21:00	Po Kong Village RD. SC	18+	118	24	21/9-28/9 (9/10) {31/10}	
Squash Training Course									
40511188 (WT0985)	19/11-7/1	M	19:00-21:00	Chuk Yuen SC	18+	160	12	15/10	 
Tennis Training Course									
40511189 (WT0986)	5/11-5/12	M,W	9:00-11:00	Ma Chai Hang Recreation Ground	8+	170	18	21/9-28/9 (9/10) {31/10}	
40511190 (WT0987)	5/11-5/12	M,W	20:00-22:00	Shek Ku Lung RD. PG	8+	170	18	21/9-28/9 (9/10) {31/10}	
Fei Ngor Shan Fun Walk									
40491720 (WT0132)	18/11	Su	9:00-14:00	Fei Ngor Shan	6+	Free	300	15/10	 

Activities for Persons with Disabilities Programme Number (Class code) (free of charge)	Date	Day	Time	Venue	Age	Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
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Enrolment methods that applicable only to programmes especially designed for persons with disabilities

Persons with disabilities (PWDs) may enrol in programmes especially designed for them at the organising District Leisure Services Office or any other district offices . Each participant may be accompanied by ONE carer. Enrolment charge is free. The arrangements for accompanying carers are as follows:

Training schemes: Accompanying carers may attend class with the enrolled PWDs on the training day. Accompanying Carer's Cards will be distributed by the instructor at the beginning of each class as identification.

Other activities: Accompanying carers are required to enrol in play-in activities with PWDs to facilitate coach and camp place arrangements. Permits, which must be presented when attending activities, will be issued to accompanying carers upon successful enrolment.

Basketball Training Scheme for Persons with Intellectual Disability								
40511227 (WT1008)	3/11-24/11	Sa	9:00-11:00	Po Kong Village RD. SC	6+	3	2/10	
Gateball Training Scheme for Persons with Intellectual Disability								
40511314 (WT1013)	13/11-29/1 (excl. 18/12,25/12,1/1,8/1)	Tu	14:00-15:00	Morse Park(Park No. 3)-Gateball Crt	6+	3	2/10	

Day Camp for Persons with Physical Disability								
40511313 (WT1012)	24/11	Sa	9:00-17:00	Sai Kung ORC	6+	10	2/10	

Activities for Elderly Programme Number (Class code) (For aged 60 or above, free of charge)	Date	Day	Time	Venue	Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
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Meeting Points for Elderly - Baduanjin Fun Day							
40511215 (WT1002)	2/11-30/11	W,F	8:00-9:00	Po Kong Village RD. SC	45	2/11-30/11	Walk-in

Meeting Points for Elderly - Fitness Exercise Fun Day							
40511217 (WT1004)	2/11-30/11	M,W,F	7:00-8:00	Morse Park No. 3 - Basketball Ct	30	2/11-30/11	Walk-in
40511218 (WT1005)	1/11-29/11	Tu,Th	7:00-8:00	Hammer Hill RD. SG	30	1/11-29/11	Walk-in

Meeting Points for Elderly - General Gymnastics Fun Day							
40511220 (WT1006)	2/11-30/11	Tu,F	9:00-11:00	Chuk Yuen SC	60	2/11-30/11	Walk-in

Meeting Points for Elderly - Dance Fun Day							
40511216 (WT1003)	2/11-30/11	W,F	8:00-10:00	Ngau Chi Wan SC	80	2/11-30/11	Walk-in

Healthy Elderly Scheme - Indoor Gateball Fun Day							
40511206 (WT0995)	2/11-30/11	W,F	9:00-12:00	Kai Tak East SC	30	2/11-30/11	Walk-in
40511207 (WT0996)	1/11-29/11	Tu,Th	9:00-11:00	Po Kong Village RD. SC	30	1/11-29/11	Walk-in
40511208 (WT0997)	2/11-30/11	Tu,F	7:00-9:00	Chuk Yuen SC	15	2/11-30/11	Walk-in

Healthy Elderly Scheme - Table Tennis Fun Day							
40511209 (WT0998)	2/11-30/11	W,F	7:00-9:00	Choi Hung RD. SC	20	2/11-30/11	Walk-in
40511211 (WT1000)	2/11-30/11	W,F	9:00-12:00	Kai Tak East SC	20	2/11-30/11	Walk-in
40511213 (WT1001)	1/11-29/11	Tu,Th	10:00-12:00	Chuk Yuen SC	20	1/11-29/11	Walk-in

Meeting Points for Elderly - Indoor Short Mat Bowling Cum Indoor Gateball Fun Day							
40511222 (WT1007)	1/11-29/11	Tu,Th	9:30-11:30	Kai Tak East SC	25	1/11-29/11	Walk-in

WTSD Gateball Competition for Elderly 2018							
40510850 (QWT0943)	11/11	Su	9:00-17:00	Hammer Hill RD. SG	16	21/9-28/9 (9/10) {31/10}	✉
Gateball Fun Day for the Elderly							
40511199 (WT0991)	3/11	Sa	8:00-10:00	Morse Park(Park No3)Gateball crts(2crts)	30	3/11	Walk-in
40511202 (WT0992)	17/11	Sa	8:00-10:00	Morse Park(Park No3)Gateball crts(2crts)	30	17/11	Walk-in
Excursion for the Elderly							
40511193 (WT0990)	7/11	W	9:00-17:00	Tai Au Mun	96	21/9-28/9 (9/10) {31/10}	✉