

Leisure and Cultural Services Department
Community Recreation and Sports Programme
Monthly Programmes for Sep 2018

Southern District

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
Breaststroke TC for Youth&Adult (Level I) YABI09									
40494494 (SN0305)	3/9-26/9	M,W,F	19:00-20:00	Pao Yue Kong SP	13+	100	16	20/7-26/7 (3/8) {24/8}	
Breaststroke TC for Youth&Adult (Level I) YABI10									
40494495 (SN0306)	3/9-26/9	M,W,F	20:00-21:00	Pao Yue Kong SP	13+	100	16	20/7-26/7 (3/8) {24/8}	
Breaststroke TC for Youth&Adult (Level I) YABI11									
40494496 (SN0307)	4/9-9/10 (excl. 25/9)	Tu,Th	19:00-20:00	Pao Yue Kong SP	13+	100	16	20/7-26/7 (3/8) {24/8}	
Front Crawl TC for Adult (Level I) AF109									
40494502 (SN0311)	3/9-26/9	M,W,F	7:00-8:00	Pao Yue Kong SP	18+	100	16	20/7-26/7 (3/8) {24/8}	
Front Crawl TC for Adult (Level I) AF110									
40494503 (SN0312)	4/9-9/10 (excl. 25/9)	Tu,Th	7:00-8:00	Pao Yue Kong SP	18+	100	16	20/7-26/7 (3/8) {24/8}	
Front Crawl TC for Youth&Adult (Level I) YAFI10									
40494507 (SN0315)	3/9-26/9	M,W,F	19:00-20:00	Pao Yue Kong SP	13+	100	16	20/7-26/7 (3/8) {24/8}	
Front Crawl TC for Youth&Adult (Level I) YAFI11									
40494508 (SN0316)	3/9-26/9	M,W,F	20:00-21:00	Pao Yue Kong SP	13+	100	16	20/7-26/7 (3/8) {24/8}	
Front Crawl TC for Youth&Adult (Level I) YAFI12									
40494509 (SN0317)	4/9-9/10 (excl. 25/9)	Tu,Th	20:00-21:00	Pao Yue Kong SP	13+	100	16	20/7-26/7 (3/8) {24/8}	
Breaststroke TC for Youth&Adult (Level II) YABII01									
40494499 (SN0308)	3/9-26/9	M,W,F	19:00-20:00	Pao Yue Kong SP	13+	100	20	20/7-26/7 (3/8) {24/8}	
Front Crawl TC for Adult (Level II) (AFII10)									
40494504 (SN0313)	3/9-26/9	M,W,F	7:00-8:00	Pao Yue Kong SP	18+	100	20	20/7-26/7 (3/8) {24/8}	
Front Crawl TC for Adult (Level II) (AFII11)									
40494505 (SN0314)	4/9-9/10 (excl. 25/9)	Tu,Th	9:00-10:00	Pao Yue Kong SP	18+	100	20	20/7-26/7 (3/8) {24/8}	
Front Crawl TC for Youth&Adult (Level II) YAFII02									
40494510 (SN0318)	3/9-26/9	M,W,F	20:00-21:00	Pao Yue Kong SP	13+	100	20	20/7-26/7 (3/8) {24/8}	
Breaststroke TC for Youth&Adult (Level III) BR021									
40494500 (SN0309)	4/9-9/10 (excl. 25/9)	Tu,Th	19:00-20:00	Pao Yue Kong SP	13+	100	20	20/7-26/7 (3/8) {24/8}	
Butterfly Stroke TC for Adult BU020									
40494501 (SN0310)	4/9-9/10 (excl. 25/9)	Tu,Th	7:00-8:00	Pao Yue Kong SP	18+	100	20	20/7-26/7 (3/8) {24/8}	
Front Crawl TC for Youth&Adult (Level III) FR022									
40495285 (SN0319)	4/9-9/10 (excl. 25/9)	Tu,Th	20:00-21:00	Pao Yue Kong SP	13+	100	20	20/7-26/7 (3/8) {24/8}	
Aerobic Dance Training Course									
40506645 (SN0862)	11/9-23/10 (excl. 25/9)	Tu,Th	14:00-15:00	Apleichau SC	14+	65	30	1/8	
40506646 (SN0863)	11/9-23/10 (excl. 25/9)	Tu,Th	15:00-16:00	Apleichau SC	14+	65	30	1/8	
40506647 (SN0864)	11/9-23/10 (excl. 25/9)	Tu,Th	18:00-19:00	Apleichau SC	14+	65	30	1/8	
40506648 (SN0865)	11/9-23/10 (excl. 25/9)	Tu,Th	19:00-20:00	Apleichau SC	14+	65	30	1/8	
40506649 (SN0866)	21/9-29/10 (excl. 24/9,1/10,8/10,17/10,22/10)	M,W,F	8:00-9:00	Apleichau SC	14+	65	30	16/8	
40506650 (SN0867)	21/9-29/10 (excl. 24/9,1/10,8/10,17/10,22/10)	M,W,F	9:00-10:00	Apleichau SC	14+	65	30	16/8	
40506651 (SN0868)	21/9-29/10 (excl. 24/9,1/10,8/10,17/10,22/10)	M,W,F	10:00-11:00	Apleichau SC	14+	65	30	16/8	
40506652 (SN0869)	5/9-12/10	W,F	18:00-19:00	Aberdeen SC	14+	65	30	2/8	
40506653 (SN0870)	5/9-12/10	W,F	19:00-20:00	Aberdeen SC	14+	65	30	2/8	
40506654 (SN0871)	20/9-6/11 (excl. 25/9,2/10)	Tu,Th	14:00-15:00	Aberdeen SC	14+	65	30	15/8	
40506655 (SN0872)	20/9-6/11 (excl. 25/9,2/10)	Tu,Th	15:00-16:00	Aberdeen SC	14+	65	30	15/8	
40506656 (SN0873)	20/9-6/11 (excl. 25/9,2/10)	Tu,Th	16:00-17:00	Aberdeen SC	14+	65	30	15/8	
40506657 (SN0874)	20/9-6/11 (excl. 25/9,2/10)	Tu,Th	17:00-18:00	Aberdeen SC	14+	65	30	15/8	
40506658 (SN0875)	3/9-3/10 (excl. 24/9,1/10)	M,W,F	19:00-20:00	Stanley SC	14+	65	12	2/8	
40506659 (SN0876)	3/9-3/10 (excl. 24/9,1/10)	M,W,F	20:00-21:00	Stanley SC	14+	65	12	2/8	
40506660 (SN0877)	13/9-25/10 (excl. 25/9)	Tu,Th	9:00-10:00	Stanley SC	14+	65	30	3/8	

40506661 (SN0878)	13/9-25/10 (excl. 25/9)	Tu,Th	10:00-11:00	Stanley SC	14+	65	30	3/8	 
Chinese Dance Training Course									
40506670 (SN0887)	30/9-2/12	Su	9:00-11:00	Aberdeen SC	12+	45	30	10/8	 
Physical Assessment									
40506792 (SN0950)	16/9	Su	14:00-17:00	Apleichau SC	All	Free	300	16/9	Walk-in
Fitness (Multi-gym) Training Course									
@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired. Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017. For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment. For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.									
40506705 (SN0892)	14/9-26/10 (excl. 17/10)	W,F	7:00-8:00	Aberdeen SC	15+	75	30	@8/8	 
40506706 (SN0893)	14/9-26/10 (excl. 17/10)	W,F	8:00-9:00	Aberdeen SC	15+	75	30	@8/8	 
40506707 (SN0894)	14/9-26/10 (excl. 17/10)	W,F	9:00-10:00	Aberdeen SC	15+	75	30	@8/8	 
40506708 (SN0895)	14/9-26/10 (excl. 17/10)	W,F	14:00-15:00	Aberdeen SC	15+	75	30	@14/8	 
40506709 (SN0896)	14/9-26/10 (excl. 17/10)	W,F	15:00-16:00	Aberdeen SC	15+	75	30	@14/8	 
40506710 (SN0897)	20/9-1/11 (excl. 25/9)	Tu,Th	16:00-17:00	Aberdeen SC	15+	75	30	@9/8	 
40506711 (SN0898)	20/9-1/11 (excl. 25/9)	Tu,Th	17:00-18:00	Aberdeen SC	15+	75	30	@9/8	 
40506712 (SN0899)	20/9-1/11 (excl. 25/9)	Tu,Th	19:00-20:00	Aberdeen SC	15+	75	30	@9/8	 
40506713 (SN0900)	11/9-23/10 (excl. 25/9)	Tu,F	16:00-17:00	Aberdeen T/SC	15+	75	30	@21/8	 
40506714 (SN0901)	11/9-23/10 (excl. 25/9)	Tu,F	17:00-18:00	Aberdeen T/SC	15+	75	30	@21/8	 
Hydro Fitness Training Course (H15)									
40495286 (SN0320)	3/9-8/10 (excl. 24/9,1/10)	M,W,F	7:00-8:00	Pao Yue Kong SP	14+	80	30	20/7-26/7 (3/8) {24/8}	
Hydro Fitness Training Course (H16)									
40495287 (SN0321)	3/9-8/10 (excl. 24/9,1/10)	M,W,F	8:00-9:00	Pao Yue Kong SP	14+	80	30	20/7-26/7 (3/8) {24/8}	
Hydro Fitness Training Course (H17)									
40495288 (SN0322)	3/9-8/10 (excl. 24/9,1/10)	M,W,F	9:00-10:00	Pao Yue Kong SP	14+	80	30	20/7-26/7 (3/8) {24/8}	
Hydro Fitness Training Course (H18)									
40495289 (SN0323)	3/9-8/10 (excl. 24/9,1/10)	M,W,F	10:00-11:00	Pao Yue Kong SP	14+	80	30	20/7-26/7 (3/8) {24/8}	
Hydro Fitness Training Course (H19)									
40495290 (SN0324)	3/9-8/10 (excl. 24/9,1/10)	M,W,F	19:00-20:00	Pao Yue Kong SP	14+	80	30	20/7-26/7 (3/8) {24/8}	
Hydro Fitness Training Course (H20)									
40495291 (SN0325)	3/9-8/10 (excl. 24/9,1/10)	M,W,F	20:00-21:00	Pao Yue Kong SP	14+	80	30	20/7-26/7 (3/8) {24/8}	
Parent-child (Aged 6-12) Social Dance TC									
40506791 (SN0949)	15/9-20/10	Sa	16:00-18:00	Yue Kwong RD. SC	6+	88	12	27/7-1/8 (6/8) {24/8}	
Social Dance Training Course									
40506832 (SN0960)	22/9-27/10 (excl. 17/10)	W,Sa	18:00-20:00	Apleichau SC	14+	86	30	7/8	 
40506833 (SN0961)	19/9-24/10 (excl. 17/10)	W,F	16:00-18:00	Aberdeen SC	14+	86	30	27/7-1/8 (6/8) {24/8}	
40506839 (SN0962)	5/9-5/10	W,F	20:00-22:00	Stanley SC	14+	86	30	7/8	 
Evening Tai Chi Training Course									
40506673 (SN0890)	19/9-16/1 (excl. 24/9,1/10,17/10,26/12)	M,W,F	17:00-18:00	Piazza,Apleichau Wind Tower Park	6+	60	40	13/8	 
40506674 (SN0891)	22/9-19/1 (excl. 25/9,22/12,25/12,1/1)	Tu,Th,Sa	18:00-19:00	Wah Hong House, Wah Fu Estate	6+	60	40	13/8	 
Morning Tai Chi Training Course									
40506771 (SN0933)	22/9-19/1 (excl. 25/9,22/12,25/12,1/1)	Tu,Th,Sa	7:00-8:00	Aberdeen T/SC	6+	60	60	27/7-1/8 (6/8) {24/8}	
40506772 (SN0934)	27/9-22/1 (excl. 22/12,25/12,1/1)	Tu,Th,Sa	7:00-8:00	Lei Tung Estate Tung Ping House	6+	60	40	17/8	 
40506773 (SN0935)	27/9-22/1 (excl. 22/12,25/12,1/1)	Tu,Th,Sa	7:00-8:00	Piazza,Apleichau Wind Tower Park	6+	60	40	17/8	 
40506774 (SN0936)	22/9-19/1 (excl. 25/9,22/12,25/12,1/1)	Tu,Th,Sa	7:00-8:00	BC, Wah Ching House	6+	60	60	17/8	 
40506775 (SN0937)	27/9-22/1 (excl. 22/12,25/12,1/1)	Tu,Th,Sa	7:00-8:00	Yue Fai Court Podium	6+	60	60	17/8	 
40506770 (SN0932)	7/9-4/1 (excl. 24/9,1/10,17/10,26/12)	M,W,F	8:00-9:00	Pik Yue Hse,Shek Pai Wan Est	6+	60	40	27/7-1/8 (6/8) {24/8}	
Evening Tai Chi Sword TC									
40506672 (SN0889)	13/9-10/1 (excl. 25/9,22/12,25/12,1/1)	Tu,Th,Sa	17:30-18:30	South Horizons Phrase 2	6+	60	30	13/8	 
Briefing on Proper Ways to Use Fitness Equipment									
40506668 (SN0885)	8/9	Sa	14:00-17:00	Apleichau SC	15+	Free	25	27/7-1/8 (6/8) {24/8}	
40506669 (SN0886)	11/9	Tu	19:00-22:00	Aberdeen T/SC	15+	Free	25	27/7-1/8 (6/8) {24/8}	
Badminton Training Course									
40506662 (SN0879)	21/9-26/10 (excl. 17/10)	W,F	9:00-11:00	Apleichau SC	7+	118	24	27/7-1/8 (6/8) {24/8}	
40506663 (SN0880)	11/9-20/11 (excl. 25/9)	Tu	18:00-20:00	Aberdeen SC	7+	118	24	27/7-1/8 (6/8) {24/8}	

40506664 (SN0881)	13/9-15/11	Th	18:00-20:00	Aberdeen SC	7+	118	24	27/7-1/8 (6/8) {24/8}	✉
40506665 (SN0882)	19/9-24/10 (excl. 17/10)	W,F	14:00-16:00	Aberdeen SC	7+	118	24	27/7-1/8 (6/8) {24/8}	✉
40506666 (SN0883)	26/9-5/12 (excl. 17/10)	W	18:00-20:00	Stanley SC	7+	118	24	6/8	💻 i
40506667 (SN0884)	6/9-8/11	Th	17:00-19:00	Wong Chuk Hang SC	7+	118	24	6/8	💻 i
2018 SD Indoor Lawn Bowls Comp for Elderly									
40506889 (QSN0860)	16/9	Su	7:00-20:00	Apleichau SC	60+	Free	16	17/7-25/7 (1/8) {27/8}	✉
2018-19 SD Indoor Lawn Bowls Pairs League									
40506894 (QSN0861)	1/9-31/3	M,Tu,W,Th,F,Sa,Su	7:00-23:00	Apleichau SC	8+	100	48	3/7-11/7 (18/7) {13/8}	✉
Indoor Lawn Bowls Training Course									
40506767 (SN0929)	18/9-16/10 (excl. 25/9)	Tu,F	19:00-21:00	Apleichau SC	8+	54	16	27/7-1/8 (6/8) {24/8}	✉
Squash Training Course									
40506863 (SN0963)	5/9-28/9	W,F	10:00-12:00	Aberdeen T/SC	7+	160	12	27/7-1/8 (6/8) {24/8}	✉
Table-tennis Training Course for Adult									
40506864 (SN0964)	8/9-10/11	Sa	20:00-22:00	Apleichau SC	14+	86	24	27/7-1/8 (6/8) {24/8}	✉
Tennis Training Course									
40506865 (SN0965)	2/9-4/11	Su	7:00-9:00	Aberdeen T/SC	8+	170	18	27/7-1/8 (6/8) {24/8}	✉
40506866 (SN0966)	3/9-8/10 (excl. 1/10)	M,Th	16:00-18:00	Aberdeen T/SC	8+	170	18	27/7-1/8 (6/8) {24/8}	✉
40506867 (SN0967)	4/9-9/10 (excl. 25/9)	Tu,F	19:00-21:00	Aberdeen T/SC	8+	170	18	27/7-1/8 (6/8) {24/8}	✉
40506868 (SN0968)	6/9-11/10 (excl. 25/9)	Tu,Th	8:00-10:00	Aberdeen T/SC	8+	170	18	27/7-1/8 (6/8) {24/8}	✉
Meeting Points - Soccer Play in for Youth FD									
40506769 (SN0931)	21/9-28/9	F	18:00-20:00	Wong Chuk Hang Recreation Ground	12-35	Free	150	21/9-28/9	Walk-in

Activities for Persons with Disabilities Programme Number (Class code) (free of charge)	Date	Day	Time	Venue	Age	Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
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Enrolment methods that applicable only to programmes especially designed for persons with disabilities
Persons with disabilities (PWDs) may enrol in programmes especially designed for them at the organising District Leisure Services Office or any other district offices . Each participant may be accompanied by ONE carer. Enrolment charge is free. The arrangements for accompanying carers are as follows:
Training schemes: Accompanying carers may attend class with the enrolled PWDs on the training day. Accompanying Carer's Cards will be distributed by the instructor at the beginning of each class as identification.
Other activities: Accompanying carers are required to enrol in play-in activities with PWDs to facilitate coach and camp place arrangements. Permits, which must be presented when attending activities, will be issued to accompanying carers upon successful enrolment.

(HQ)SocialDanceTS for Chronic Illness Persons									
40506874 (SN0859)	3/9-29/10 (excl. 1/10)	M	15:00-16:00	Aberdeen SC	15+	4	3/8		
Swimming TS (Intellectual Disability)(D05)									
40495317 (SN0334)	3/9-26/9 (excl. 24/9)	M,W,F	16:00-17:00	Pao Yue Kong SP	All	2	20/7		
Swimming TS (Intellectual Disability)(D06)									
40495318 (SN0335)	3/9-26/9 (excl. 24/9)	M,W,F	17:00-18:00	Pao Yue Kong SP	All	2	20/7		
DayCampforPersonswithIntellectualDisability									
40506671 (SN0888)	7/9	F	9:00-16:00	Lei Yue Mun Park	All	7	31/7		

Activities for Elderly Programme Number (Class code) (For aged 60 or above, free of charge)	Date	Day	Time	Venue	Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
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Swimming TC for Elderly (Level I)(EI 20)							
40495313 (SN0330)	4/9-9/10 (excl. 25/9)	Tu,Th	8:00-9:00	Pao Yue Kong SP	16	20/7-26/7 (3/8) {24/8}	✉
Swimming TC for Elderly (Level I)(EI16)							
40495292 (SN0326)	3/9-26/9	M,W,F	8:00-9:00	Pao Yue Kong SP	16	20/7-26/7 (3/8) {24/8}	✉
Swimming TC for Elderly (Level I)(EI17)							
40495298 (SN0327)	3/9-26/9	M,W,F	9:00-10:00	Pao Yue Kong SP	16	20/7-26/7 (3/8) {24/8}	✉
Swimming TC for Elderly (Level I)(EI18)							
40495311 (SN0328)	3/9-26/9	M,W,F	10:00-11:00	Pao Yue Kong SP	16	20/7-26/7 (3/8) {24/8}	✉
Swimming TC for Elderly (Level I)(EI19)							
40495312 (SN0329)	3/9-26/9	M,W,F	18:00-19:00	Pao Yue Kong SP	16	20/7-26/7 (3/8) {24/8}	✉

Swimming TC for Elderly (Level II)(EII10)

40495314 (SN0331)	3/9-26/9	M,W,F	8:00-9:00	Pao Yue Kong SP	20	20/7-26/7 (3/8) {24/8}	✉
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Swimming TC for Elderly (Level II)(EII11)

40495315 (SN0332)	3/9-26/9	M,W,F	9:00-10:00	Pao Yue Kong SP	20	20/7-26/7 (3/8) {24/8}	✉
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Swimming TC for Elderly (Level II)(EII12)

40495316 (SN0333)	4/9-9/10 (excl. 25/9)	Tu,Th	8:00-9:00	Pao Yue Kong SP	20	20/7-26/7 (3/8) {24/8}	✉
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Fitness Ex FD for Intellectual Disability

40506900 (SN0902)	17/9	M	10:00-12:00	Wong Chuk Hang SC	4	17/8	📄
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Fitness Exercise Training Course for Elderly

40506715 (SN0903)	4/9-25/10 (excl. 25/9,2/10)	Tu,Th	7:00-8:00	Aberdeen SC	25	27/7-1/8 (6/8) {24/8}	✉
40506716 (SN0904)	4/9-25/10 (excl. 25/9,2/10)	Tu,Th	8:00-9:00	Aberdeen SC	25	27/7-1/8 (6/8) {24/8}	✉
40506717 (SN0905)	5/9-8/10 (excl. 1/10)	M,W,F	7:00-8:00	Stanley SC	30	27/7-1/8 (6/8) {24/8}	✉
40506718 (SN0906)	5/9-8/10 (excl. 1/10)	M,W,F	8:00-9:00	Stanley SC	30	27/7-1/8 (6/8) {24/8}	✉

Healthy Elderly Scheme-Indoor Lawn Bowls FD

40506738 (SN0916)	3/9-29/10 (excl. 1/10)	M	7:00-9:00	Apleichau SC	40	3/9-29/10	Walk-in
40506739 (SN0917)	4/9-18/9	Tu	9:00-11:00	Apleichau SC	40	4/9-18/9	Walk-in
40506740 (SN0918)	5/9-31/10 (excl. 17/10)	W	7:00-9:00	Apleichau SC	40	5/9-31/10	Walk-in
40506741 (SN0919)	6/9-25/10	Th	7:00-9:00	Apleichau SC	40	6/9-25/10	Walk-in
40506743 (SN0920)	7/9-26/10	F	8:00-10:00	Apleichau SC	40	7/9-26/10	Walk-in

Healthy Elderly Scheme-Table-Tennis FD

40506759 (SN0921)	3/9-27/9 (excl. 10/9, 24/9, 25/9)	M,Tu,Th	10:00-12:00	Apleichau SC	4	3/9-27/9	Walk-in
40506760 (SN0922)	5/9-28/9	W,F	12:00-14:00	Apleichau SC	4	5/9-28/9	Walk-in
40506761 (SN0923)	7/9-28/9	F	9:00-11:00	Aberdeen SC	8	7/9-28/9	Walk-in
40506762 (SN0924)	3/9-28/9	M,W,F	7:00-9:00	Aberdeen T/SC	6	3/9-28/9	Walk-in
40506763 (SN0925)	4/9-18/9	Tu	9:00-11:00	Stanley SC	6	4/9-18/9	Walk-in
40506764 (SN0926)	4/9-18/9	Tu	8:00-11:00	Wong Chuk Hang SC	16	4/9-18/9	Walk-in
40506765 (SN0927)	6/9-27/9	Th	8:00-11:00	Wong Chuk Hang SC	16	6/9-27/9	Walk-in

Healthy Elderly Scheme-Tennis FD

40506766 (SN0928)	5/9-26/9	W	7:00-10:00	Aberdeen T/SC	4	5/9-26/9	Walk-in
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Healthy Elderly Scheme-American Pool FD

40506726 (SN0910)	3/9-27/9	M,Th	7:00-9:00	Apleichau SC	4	3/9-27/9	Walk-in
40506727 (SN0911)	4/9-18/9	Tu	7:00-9:00	Apleichau SC	4	4/9-18/9	Walk-in
40506730 (SN0912)	5/9-28/9	W,F	10:00-12:00	Apleichau SC	4	5/9-28/9	Walk-in

Meeting Points for Elderly-American Pool FD

40506768 (SN0930)	3/9-19/9	M,W	9:00-11:00	Aberdeen T/SC	6	3/9-19/9	Walk-in
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Healthy Elderly Scheme- Gateball FD

40506736 (SN0914)	5/9-26/9	W	9:00-11:00	Wong Chuk Hang SC	10	5/9-26/9	Walk-in
40506737 (SN0915)	4/9-27/9 (excl. 25/9)	Tu,Th	14:00-16:00	Yue Kwong RD. SC	10	4/9-27/9	Walk-in

Healthy Elderly Scheme-Gateball FD

40506735 (SN0913)	7/9-28/9	F	11:00-13:00	Apleichau SC	10	7/9-28/9	Walk-in
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