

Leisure and Cultural Services Department
Community Recreation and Sports Programme
Monthly Programmes for Jul 2018

Kwun Tong District

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
Long Distance Running Training Course									
40500340 (KT0443)	7/7-8/9	Sa	18:00-20:00	Kowloon Bay SG	16+	130	40	4/6	 
Life Saving Training Course - Bronze Level									
40500341 (KT0444)	20/7-20/8	M,Tu,Th,F	20:00-22:00	KTSP (Indoor Main Pool)	13+	108	24	23/5-29/5 (6/6) {28/6}	
Breaststroke TC for Adult (Level I)									
40500104 (KT0467)	24/7-23/8	Tu,Th	7:00-8:00	KTSP (Indoor Training Pool)	18+	100	16	28/5-5/6 (13/6){9/7}	
Breaststroke TC for Children (Level I)									
40499670 (KT0527)	16/7-6/8	M,W,F	17:00-18:00	LTSP (Indoor Teaching pool)	5-8	100	12	15/5-23/5 (30/5) {22/6}	
40500105 (KT0468)	16/7-17/8	M,F	8:00-9:00	KTSP (Outdoor Teaching Pool)	5-8	100	16	15/5-23/5 (30/5) {22/6}	
40500106 (KT0469)	16/7-17/8	M,F	9:00-10:00	KTSP (Outdoor Teaching Pool)	5-8	100	16	15/5-23/5 (30/5) {22/6}	
40500108 (KT0470)	16/7-17/8	M,F	10:00-11:00	KTSP (Outdoor Teaching Pool)	5-8	100	16	15/5-23/5 (30/5) {22/6}	
40500129 (KT0471)	20/7-20/8	M,F	10:00-11:00	LTSP (Indoor Teaching Pool)	5-8	100	12	15/5-23/5 (30/5) {22/6}	
40500130 (KT0472)	16/7-17/8	M,F	14:00-15:00	KTSP (Outdoor Teaching pool)	5-8	100	16	15/5-23/5 (30/5) {22/6}	
40500131 (KT0473)	16/7-17/8	M,F	15:00-16:00	KTSP (Outdoor Teaching pool)	5-8	100	16	15/5-23/5 (30/5) {22/6}	
40500132 (KT0474)	16/7-17/8	M,F	17:00-18:00	KTSP (Outdoor Teaching pool)	5-8	100	16	15/5-23/5 (30/5) {22/6}	
40500134 (KT0476)	24/7-23/8	Tu,Th	8:00-9:00	KTSP (Outdoor Teaching Pool)	5-8	100	16	28/5-5/6 (13/6){9/7}	
40500136 (KT0477)	24/7-23/8	Tu,Th	14:00-15:00	KTSP (Outdoor Teaching pool)	5-8	100	16	28/5-5/6 (13/6){9/7}	
40500138 (KT0478)	24/7-23/8	Tu,Th	15:00-16:00	KTSP (Outdoor Teaching Pool)	5-8	100	16	28/5-5/6 (13/6){9/7}	
Breaststroke TC for Junior (Level I)									
40499839 (KT0491)	16/7-17/8	M,F	17:00-18:00	KTSP (Indoor Training Pool)	9-12	100	16	15/5-23/5 (30/5) {22/6}	
40499854 (KT0492)	16/7-17/8	M,F	15:00-16:00	KTSP (Indoor Training Pool)	9-12	100	16	15/5-23/5 (30/5) {22/6}	
40499855 (KT0493)	16/7-6/8	M,W,F	16:00-17:00	LTSP (Indoor Teaching Pool)	9-12	100	12	15/5-23/5 (30/5) {22/6}	
40499856 (KT0494)	24/7-23/8	Tu,Th	8:00-9:00	KTSP (Indoor Training Pool)	9-12	100	16	28/5-5/6 (13/6){9/7}	
40499857 (KT0495)	24/7-23/8	Tu,Th	14:00-15:00	KTSP (Indoor Training Pool)	9-12	100	16	28/5-5/6 (13/6){9/7}	
40499858 (KT0496)	24/7-23/8	Tu,Th	16:00-17:00	KTSP (Indoor Training Pool)	9-12	100	16	28/5-5/6 (13/6){9/7}	
40500153 (KT0489)	16/7-17/8	M,F	9:00-10:00	KTSP (Indoor Training Pool)	9-12	100	16	15/5-23/5 (30/5) {22/6}	
40500154 (KT0490)	16/7-17/8	M,F	11:00-12:00	KTSP (Indoor Training Pool)	9-12	100	16	15/5-23/5 (30/5) {22/6}	
Breaststroke TC for Youth (Level I)									
40499860 (KT0497)	16/7-6/8	M,W,F	18:00-19:00	LTSP (Indoor Training Pool)	13-17	100	12	15/5-23/5 (30/5) {22/6}	
40499862 (KT0498)	24/7-23/8	Tu,Th	10:00-11:00	KTSP (Indoor Training Pool)	13-17	100	16	28/5-5/6 (13/6){9/7}	
40499867 (KT0499)	24/7-23/8	Tu,Th	17:00-18:00	KTSP (Indoor Training Pool)	13-17	100	16	28/5-5/6 (13/6){9/7}	
Front Crawl Swimming TC for Children(I)									
40500075 (KT0503)	20/7-20/8	M,F	9:00-10:00	LTSP (Indoor Teaching Pool)	5-8	100	12	15/5-23/5 (30/5) {22/6}	
Front Crawl TC for Adult (Level I)									
40500068 (KT0501)	16/7-17/8	M,F	18:00-19:00	KTSP (Indoor Training Pool)	18+	100	16	15/5-23/5 (30/5) {22/6}	
Front Crawl TC for Children (Level I)									
40500070 (KT0502)	16/7-17/8	M,F	8:00-9:00	KTSP (Outdoor Teaching Pool)	5-8	100	16	15/5-23/5 (30/5) {22/6}	
40500077 (KT0504)	16/7-17/8	M,F	9:00-10:00	KTSP (Outdoor Teaching Pool)	5-8	100	16	15/5-23/5 (30/5) {22/6}	
40500078 (KT0505)	16/7-17/8	M,F	10:00-11:00	KTSP (Outdoor Teaching Pool)	5-8	100	16	15/5-23/5 (30/5) {22/6}	
40500083 (KT0506)	16/7-17/8	M,F	14:00-15:00	KTSP (Outdoor Teaching Pool)	5-8	100	16	15/5-23/5 (30/5) {22/6}	
40500087 (KT0507)	16/7-17/8	M,F	15:00-16:00	KTSP (Outdoor Teaching Pool)	5-8	100	16	15/5-23/5 (30/5) {22/6}	
40500092 (KT0508)	16/7-17/8	M,F	17:00-18:00	KTSP (Outdoor Teaching Pool)	5-8	100	16	15/5-23/5 (30/5) {22/6}	
40500095 (KT0509)	16/7-6/8	M,W,F	16:00-17:00	LTSP (Indoor Teaching Pool)	5-8	100	12	15/5-23/5 (30/5) {22/6}	
40500096 (KT0510)	24/7-23/8	Tu,Th	9:00-10:00	KTSP (Outdoor Teaching Pool)	5-8	100	16	28/5-5/6 (13/6){9/7}	
40500097 (KT0511)	24/7-23/8	Tu,Th	14:00-15:00	KTSP (Outdoor Teaching Pool)	5-8	100	16	28/5-5/6 (13/6){9/7}	
40500098 (KT0512)	24/7-23/8	Tu,Th	15:00-16:00	KTSP (Outdoor Teaching Pool)	5-8	100	16	28/5-5/6 (13/6){9/7}	
Front Crawl TC for Junior (Level I)									
40499664 (KT0523)	16/7-17/8	M,F	8:00-9:00	KTSP (Indoor Training Pool)	9-12	100	16	15/5-23/5 (30/5) {22/6}	
40499665 (KT0524)	16/7-17/8	M,F	10:00-11:00	KTSP (Indoor Training Pool)	9-12	100	16	15/5-23/5 (30/5) {22/6}	
40499666 (KT0525)	16/7-17/8	M,F	14:00-15:00	KTSP (Indoor Training Pool)	9-12	100	16	15/5-23/5 (30/5) {22/6}	

40499667 (KT0526)	16/7-17/8	M,F	16:00-17:00	KTSP (Indoor Training Pool)	9-12	100	16	15/5-23/5 (30/5) {22/6}	
40499671 (KT0528)	24/7-23/8	Tu,Th	8:00-9:00	KTSP (Indoor Training Pool)	9-12	100	16	28/5-5/6 (13/6){9/7}	
40499673 (KT0529)	24/7-23/8	Tu,Th	9:00-10:00	KTSP (Indoor Training Pool)	9-12	100	16	28/5-5/6 (13/6){9/7}	
40499674 (KT0530)	24/7-23/8	Tu,Th	15:00-16:00	KTSP (Indoor Training Pool)	9-12	100	16	28/5-5/6 (13/6){9/7}	
40499675 (KT0531)	24/7-23/8	Tu,Th	17:00-18:00	KTSP (Indoor Training Pool)	9-12	100	16	28/5-5/6 (13/6){9/7}	
40500133 (KT0475)	16/7-6/8	M,W,F	17:00-18:00	LTSP (Indoor Teaching Pool)	9-12	100	12	15/5-23/5 (30/5) {22/6}	

Front Crawl TC for Youth (Level I)

40499676 (KT0532)	16/7-6/8	M,W,F	18:00-19:00	LTSP (Indoor Training Pool)	13-17	100	12	15/5-23/5 (30/5) {22/6}	
40499677 (KT0533)	24/7-23/8	Tu,Th	9:00-10:00	KTSP (Indoor Training Pool)	13-17	100	16	28/5-5/6 (13/6){9/7}	
40499678 (KT0534)	24/7-23/8	Tu,Th	10:00-11:00	KTSP (Indoor Training Pool)	13-17	100	16	28/5-5/6 (13/6){9/7}	

Breaststroke TC for Children (Level II)

40500140 (KT0479)	24/7-23/8	Tu,Th	10:00-11:00	KTSP (Outdoor Teaching Pool)	5-8	100	20	28/5-5/6 (13/6){9/7}	
40500142 (KT0480)	24/7-23/8	Tu,Th	17:00-18:00	KTSP (Outdoor Teaching Pool)	5-8	100	20	28/5-5/6 (13/6){9/7}	

Breaststroke TC for Junior (Level II)

40500146 (KT0483)	16/7-17/8	M,F	8:00-9:00	KTSP (Outdoor Secondary Pool)	9-12	100	20	15/5-23/5 (30/5) {22/6}	
40500147 (KT0484)	16/7-17/8	M,F	9:00-10:00	KTSP (Outdoor Secondary Pool)	9-12	100	20	15/5-23/5 (30/5) {22/6}	
40500148 (KT0485)	16/7-17/8	M,F	14:00-15:00	KTSP (Outdoor Secondary Pool)	9-12	100	20	15/5-23/5 (30/5) {22/6}	
40500149 (KT0486)	24/7-23/8	Tu,Th	15:00-16:00	KTSP (Outdoor Secondary Pool)	9-12	100	20	28/5-5/6 (13/6){9/7}	

Breaststroke TC for Youth (Level II)

40500151 (KT0487)	16/7-17/8	M,F	16:00-17:00	KTSP (Outdoor 2nd Pool)	13-17	100	20	15/5-23/5 (30/5) {22/6}	☒
40500152 (KT0488)	24/7-23/8	Tu,Th	17:00-18:00	KTSP (Outdoor 2nd Pool)	13-17	100	20	28/5-5/6 (13/6){9/7}	☒

Front Crawl TC for Children (Level II)

40500099 (KT0513)	16/7-17/8	M,F	16:00-17:00	KTSP (Outdoor Teaching Pool)	5-8	100	20	15/5-23/5 (30/5) {22/6}	
40500100 (KT0514)	24/7-23/8	Tu,Th	16:00-17:00	KTSP (Outdoor Teaching Pool)	5-8	100	20	28/5-5/6 (13/6){9/7}	

Front Crawl TC for Junior (Level II)

40499658 (KT0517)	16/7-17/8	M,F	10:00-11:00	KTSP (Outdoor Secondary Pool)	9-12	100	20	15/5-23/5 (30/5) {22/6}	
40499659 (KT0518)	16/7-17/8	M,F	11:00-12:00	KTSP (Outdoor Secondary Pool)	9-12	100	20	15/5-23/5 (30/5) {22/6}	
40499661 (KT0520)	24/7-23/8	Tu,Th	16:00-17:00	KTSP (Outdoor Secondary Pool)	9-12	100	20	28/5-5/6 (13/6){9/7}	

Front Crawl TC for Youth (Level II)

40499662 (KT0521)	16/7-17/8	M,F	15:00-16:00	KTSP(Outdoor Secondary Pool)	13-17	100	20	15/5-23/5 (30/5) {22/6}	☒
40499663 (KT0522)	24/7-23/8	Tu,Th	14:00-15:00	KTSP (Outdoor Secondary Pool)	13-17	100	20	28/5-5/6 (13/6){9/7}	☒

Breaststroke TC for Adult (Level III)

40500144 (KT0481)	16/7-17/8	M,F	7:00-8:00	KTSP (Indoor Main Pool)	18+	100	20	15/5-23/5 (30/5) {22/6}	
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Breaststroke TC for Junior & Youth (III)

40500145 (KT0482)	24/7-23/8	Tu,Th	9:00-10:00	KTSP (Indoor Main Pool)	9-17	100	20	28/5-5/6 (13/6){9/7}	
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Butterfly Stroke TC for Adult

40500067 (KT0500)	24/7-23/8	Tu,Th	7:00-8:00	KTSP (Indoor Main Pool)	18+	100	20	28/5-5/6 (13/6){9/7}	
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Front Crawl TC for Adult (Level III)

40500101 (KT0515)	16/7-17/8	M,F	7:00-8:00	KTSP (Indoor Main Pool)	18+	100	20	15/5-23/5 (30/5) {22/6}	
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Front Crawl TC for Junior & Youth (Level III)

40499657 (KT0516)	24/7-23/8	Tu,Th	8:00-9:00	KTSP (Indoor Main Pool) 9-17	100	20	28/5-5/6 (13/6){9/7}	
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Aerobic Dance Training Course

40500893 (KT0362)	23/7-17/8	M,W,F	18:00-19:00	Shui Wo ST. SC	14+	65	25	19/6		
40500894 (KT0363)	23/7-17/8	M,W,F	19:00-20:00	Shui Wo ST. SC	14+	65	25	19/6		
40500896 (KT0364)	9/7-3/8	M,W,F	18:00-19:00	Ngau Tau Kok RD. SC	14+	65	30	7/6		
40500897 (KT0365)	9/7-3/8	M,W,F	19:00-20:00	Ngau Tau Kok RD. SC	14+	65	30	7/6		
40500898 (KT0366)	13/7-10/8 (excl. 23/7)	M,W,F	8:00-9:00	Ngau Tau Kok RD. SC	14+	65	30	12/6		
40500899 (KT0367)	13/7-10/8 (excl. 23/7)	M,W,F	9:00-10:00	Ngau Tau Kok RD. SC	14+	65	30	12/6		
40500900 (KT0368)	17/7-23/8	Tu,Th	19:00-20:00	Shui Wo ST. SC	14+	65	25	15/6		
40500901 (KT0369)	17/7-23/8	Tu,Th	20:00-21:00	Shui Wo ST. SC	14+	65	25	15/6		
40500902 (KT0370)	25/7-31/8	W,F	9:00-10:00	Shun Lee Tsuen SC	14+	65	30	25/6		
40500903 (KT0371)	25/7-31/8	W,F	10:00-11:00	Shun Lee Tsuen SC	14+	65	30	25/6		
40500904 (KT0372)	24/7-18/8	Tu,Th,Sa	7:00-8:00	Shui Wo ST. SC	14+	65	25	22/6		
40500905 (KT0373)	24/7-18/8	Tu,Th,Sa	8:00-9:00	Shui Wo ST. SC	14+	65	25	22/6		
40500906 (KT0374)	24/7-30/8	Tu,Th	19:00-20:00	Shun Lee Tsuen SC	14+	65	30	22/6		
40500907 (KT0375)	24/7-30/8	Tu,Th	20:00-21:00	Shun Lee Tsuen SC	14+	65	30	22/6		
40500908 (KT0376)	24/7-30/8	Tu,Th	9:00-10:00	Lam Tin South SC	14+	65	30	25/6		
40500909 (KT0377)	24/7-30/8	Tu,Th	10:00-11:00	Lam Tin South SC	14+	65	30	25/6		
40500911 (KT0378)	24/7-30/8	Tu,Th	19:00-20:00	Lei Yue Mun SC	14+	65	12	29/6		
40500916 (KT0379)	24/7-30/8	Tu,Th	20:00-21:00	Lei Yue Mun SC	14+	65	12	29/6		
40500917 (KT0380)	24/7-30/8	Tu,Th	19:00-20:00	Ngau Tau Kok RD. SC	14+	65	30	29/6		
40500918 (KT0381)	24/7-30/8	Tu,Th	20:00-21:00	Ngau Tau Kok RD. SC	14+	65	30	29/6		

40500919 (KT0382)	27/7-22/8	M,W,F	19:00-20:00	Lam Tin South SC	14+	65	30	26/6	 
40500920 (KT0383)	27/7-22/8	M,W,F	20:00-21:00	Lam Tin South SC	14+	65	30	26/6	 

Children Dance Training Course

40501152 (KT0404)	7/7-8/9	Sa	16:00-18:00	Shui Wo ST. SC	7-11	60	20	8/6	 
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Chinese Dance TC

40501155 (KT0405)	4/7-5/9	W	20:00-22:00	Shui Wo ST. SC	12+	45	20	23/5-29/5 (6/6) {27/6}	
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Fitness (Multi-gym) Training Course

@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.
 Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017.
 For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.
 For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.

40500319 (KT0423)	25/7-31/8	W,F	8:00-9:00	Shun Lee Tsuen SC	15+	75	25	@13/6	 
40500320 (KT0424)	25/7-31/8	W,F	9:00-10:00	Shun Lee Tsuen SC	15+	75	25	@13/6	 
40500321 (KT0425)	25/7-31/8	W,F	10:00-11:00	Shun Lee Tsuen SC	15+	75	25	@13/6	 
40500322 (KT0426)	25/7-31/8	W,F	18:00-19:00	Shun Lee Tsuen SC	15+	75	25	@11/6	 
40500323 (KT0427)	25/7-31/8	W,F	19:00-20:00	Shun Lee Tsuen SC	15+	75	25	@11/6	 
40501161 (KT0411)	19/7-28/8	Tu,Th	19:00-20:00	Lei Yue Mun SC	15+	75	25	@7/6	 
40501162 (KT0412)	19/7-28/8	Tu,Th	20:00-21:00	Lei Yue Mun SC	15+	75	25	@7/6	 
40501163 (KT0413)	19/7-28/8	Tu,Th	21:00-22:00	Lei Yue Mun SC	15+	75	25	@7/6	 
40501164 (KT0414)	26/7-4/9	Tu,Th	7:00-8:00	Shun Lee Tsuen SC	15+	75	25	@14/6	 
40501165 (KT0415)	26/7-4/9	Tu,Th	8:00-9:00	Shun Lee Tsuen SC	15+	75	25	@14/6	 
40501166 (KT0416)	26/7-4/9	Tu,Th	9:00-10:00	Shun Lee Tsuen SC	15+	75	25	@14/6	 
40501167 (KT0417)	26/7-4/9	Tu,Th	10:00-11:00	Shun Lee Tsuen SC	15+	75	25	@14/6	 
40501168 (KT0418)	24/7-30/8	Tu,Th	15:00-16:00	Shun Lee Tsuen SC	15+	75	25	@12/6	 
40501169 (KT0419)	24/7-30/8	Tu,Th	16:00-17:00	Shun Lee Tsuen SC	15+	75	25	@12/6	 
40501170 (KT0420)	24/7-30/8	Tu,Th	19:00-20:00	Shun Lee Tsuen SC	15+	75	25	@12/6	 
40501171 (KT0421)	24/7-30/8	Tu,Th	20:00-21:00	Shun Lee Tsuen SC	15+	75	25	@12/6	 
40501172 (KT0422)	25/7-31/8	W,F	7:00-8:00	Shun Lee Tsuen SC	15+	75	25	@13/6	 

Gymnastic For All Training Course

40500326 (KT0430)	18/7-17/8	W,F	13:00-15:00	Shun Lee Tsuen SC	6+	54	20	19/6	 
40500327 (KT0431)	18/7-17/8	W,F	15:00-17:00	Shun Lee Tsuen SC	6+	54	20	19/6	 

Jazz Dance Training Course

40500337 (KT0440)	9/7-10/9	M	20:00-22:00	Shui Wo ST. SC	12+	70	25	23/5-29/5 (6/6) {27/6}	
40500338 (KT0441)	8/7-16/9 (excl. 5/8)	Su	16:00-18:00	Hiu Kwong ST. SC	12+	70	25	23/5-29/5 (6/6) {27/6}	
40500339 (KT0442)	8/7-16/9 (excl. 5/8)	Su	19:00-21:00	Shui Wo ST. SC	12+	70	25	23/5-29/5 (6/6) {27/6}	

Modern Dance TC

40500342 (KT0445)	4/7-5/9	W	20:00-22:00	Ngau Tau Kok RD. SC	12+	70	30	23/5-29/5 (6/6) {27/6}	
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Parent-child (Age 6-12) Social Dance TC

40500353 (KT0451)	8/7-19/8 (excl. 5/8)	Su	11:00-13:00	Shun Lee Tsuen SC	6+	88	30	23/5-29/5 (6/6) {27/6}	
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Social Dance Training Course

40500354 (KT0452)	15/7-23/9 (excl. 5/8)	Su	20:00-22:00	Lam Tin South SC	14+	86	30	23/5-29/5 (6/6) {27/6}	
40500355 (KT0453)	6/7-7/9	F	15:00-17:00	Shun Lee Tsuen SC	14+	86	30	23/5-29/5 (6/6) {27/6}	
40500356 (KT0454)	7/7-8/9	Sa	20:00-22:00	Ngau Tau Kok RD. SC	14+	86	30	23/5-29/5 (6/6) {27/6}	
40500358 (KT0455)	9/7-10/9	M	19:00-21:00	Shun Lee Tsuen SC	14+	86	30	23/5-29/5 (6/6) {27/6}	

Wushu TC

40500385 (KT0552)	12/7-9/8	Tu,Th	14:00-16:00	Ngau Tau Kok RD. SC	6-14	86	20	23/5-29/5 (6/6) {27/6}	
40500387 (KT0553)	12/7-9/8	Tu,Th	16:00-18:00	Ngau Tau Kok RD. SC	6-14	86	20	23/5-29/5 (6/6) {27/6}	

Wushu Training Course

40500390 (KT0554)	18/7-15/8	W,F	9:00-11:00	Shui Wo ST. SC	6-14	86	20	23/5-29/5 (6/6) {27/6}	
40500399 (KT0555)	18/7-15/8	W,F	11:00-13:00	Shui Wo ST. SC	6-14	86	20	23/5-29/5 (6/6) {27/6}	

Yoga Training Course

40500401 (KT0556)	10/7-9/8	Tu,Th	9:00-11:00	Ngau Tau Kok RD. SC	15+	85	30	23/5-29/5 (6/6) {27/6}	
40500402 (KT0557)	24/7-23/8	Tu,Th	9:00-11:00	Shui Wo ST. SC	15+	85	25	23/5-29/5 (6/6) {27/6}	
40500403 (KT0558)	6/7-7/9	F	19:00-21:00	Hiu Kwong ST. SC	15+	85	25	23/5-29/5 (6/6) {27/6}	

Briefing on Proper Ways to Use Fitness Equip.

40500921 (KT0384)	9/7	M	18:00-21:00	Shun Lee Tsuen SC	15+	Free	25	23/5-29/5 (6/6) {27/6}	
40500922 (KT0385)	4/7	W	18:00-21:00	Lei Yue Mun SC	15+	Free	25	23/5-29/5 (6/6) {27/6}	
40500923 (KT0386)	8/7	Su	9:00-12:00	Lei Yue Mun SC	15+	Free	25	23/5-29/5 (6/6) {27/6}	
40500924 (KT0387)	28/7	Sa	14:00-17:00	Shun Lee Tsuen SC	15+	Free	25	23/5-29/5 (6/6) {27/6}	
40500925 (KT0388)	16/7	M	9:00-12:00	Lei Yue Mun SC	15+	Free	25	23/5-29/5 (6/6) {27/6}	
40500926 (KT0389)	18/7	W	18:00-21:00	Lei Yue Mun SC	15+	Free	25	23/5-29/5 (6/6) {27/6}	
40500927 (KT0390)	7/7	Sa	14:00-17:00	Shun Lee Tsuen SC	15+	Free	25	23/5-29/5 (6/6) {27/6}	

Badminton TC for Children

40501123 (KT0398)	17/7-16/8	Tu,Th	11:00-13:00	Shun Lee Tsuen SC	7-11	118	24	23/5-29/5 (6/6) {28/6}	
40501143 (KT0401)	24/7-23/8	Tu,Th	11:00-13:00	Kowloon Bay SC	7-11	118	24	23/5-29/5 (6/6) {28/6}	

Badminton TC for Youth

40501128 (KT0399)	17/7-16/8	Tu,Th	9:00-11:00	Shun Lee Tsuen SC	12-17	118	24	23/5-29/5 (6/6) {28/6}	
40501138 (KT0400)	17/7-16/8	Tu,Th	14:00-16:00	Hiu Kwong ST. SC	12-17	118	24	23/5-29/5 (6/6) {28/6}	

Badminton Clinic

40501148 (KT0402)	6/7-8/8	W,F	19:00-21:00	Hiu Kwong ST. SC	12+	118	24	23/5-29/5 (6/6) {28/6}	
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Fencing Promotion Scheme-Fencing TC(Level I)

40500324 (KT0428)	8/7-12/8 (excl. 15/7,5/8)	Su	11:00-13:00	Lei Yue Mun SC	9+	50	20	6/6	
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Mini-tennis Training Course

40500344 (KT0446)	24/7-23/8	Tu,Th	9:00-11:00	Lei Yue Mun SC	6-9	70	16	23/5-29/5 (6/6) {28/6}	
40500345 (KT0447)	24/7-23/8	Tu,Th	11:00-13:00	Lei Yue Mun SC	10-12	70	16	23/5-29/5 (6/6) {28/6}	
40500347 (KT0448)	23/7-24/8	M,F	14:00-16:00	Lam Tin South SC	6-9	70	16	23/5-29/5 (6/6) {28/6}	
40500350 (KT0449)	23/7-24/8	M,F	16:00-18:00	Lam Tin South SC	10-12	70	16	23/5-29/5 (6/6) {28/6}	

Squash Training Course

40500368 (KT0464)	26/7-21/8	Tu,Th	14:00-16:00	Lei Yu Mun SC	7+	160	8	23/5-29/5 (6/6) {28/6}	
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Squash Training Course for Junior

40500365 (KT0461)	17/7-10/8	Tu,F	10:00-12:00	Hui Kwong ST. SC	7-17	160	8	23/5-29/5 (6/6) {28/6}	
40500366 (KT0462)	23/7-15/8	M,W	15:00-17:00	Kowloon Bay SC	7-17	160	8	23/5-29/5 (6/6) {28/6}	
40500367 (KT0463)	24/7-16/8	Tu,Th	15:00-17:00	Kowloon Bay SC	7-17	160	8	23/5-29/5 (6/6) {28/6}	

Table-tennis TC for Children

40500381 (KT0549)	24/7-23/8	Tu,Th	10:00-12:00	Lam Tin South SC	6-13	86	24	23/5-29/5 (6/6) {27/6}	
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Table-tennis TC for Children (Low Table)

40500378 (KT0547)	18/7-17/8	W,F	14:30-16:00	Hiu Kwong ST. SC	6-9	86	20	23/5-29/5 (6/6) {27/6}	
40500379 (KT0548)	18/7-17/8	W,F	16:00-17:30	Hiu Kwong ST. SC	6-9	86	20	23/5-29/5 (6/6) {27/6}	

Tennis Training Course

40500374 (KT0544)	4/7-3/8	W,F	7:00-9:00	Shun Lee Tsuen Park	8+	170	12	23/5-29/5 (6/6) {28/6}	
40500376 (KT0545)	14/7-15/9	Sa	16:00-18:00	Sin Fat RD. T/C	8+	170	12	23/5-29/5 (6/6) {28/6}	
40500891 (KT0348)	10/7-9/8	Tu, Th	19:00-21:00	Hiu Ming ST. PG	8+	170	12	23/5-29/5 (6/6) {28/6}	

Tennis Training Course for Youth

40500371 (KT0541)	10/7-9/8	Tu,Th	16:00-18:00	Shun Lee Tsuen Park	12-17	170	12	23/5-29/5 (6/6) {28/6}	
40500372 (KT0542)	18/7-17/8	W,F	9:00-11:00	Jordan Valley T/C	12-17	170	12	23/5-29/5 (6/6) {28/6}	
40500373 (KT0543)	17/7-16/8	Tu,Th	9:00-11:00	Sin Fat RD. T/C	12-17	170	12	23/5-29/5 (6/6) {28/6}	

Golf Training Course (Level I)

40500331 (KT0435)	8/7-29/7	Su	9:00-10:30	Shun Lee Tsuen SC	8+	160	6	23/5-29/5 (6/6) {28/6}	
40500332 (KT0436)	8/7-29/7	Su	10:30-12:00	Shun Lee Tsuen SC	8+	160	6	23/5-29/5 (6/6) {28/6}	

Golf Training Course (Level I) for Children

40500329 (KT0433)	18/7-27/7	W,F	9:00-10:30	Shun Lee Tsuen SC	8-17	160	6	23/5-29/5 (6/6) {28/6}	
40500330 (KT0434)	18/7-27/7	W,F	10:30-12:00	Shun Lee Tsuen SC	8-17	160	6	23/5-29/5 (6/6) {28/6}	

American Pool Training Course (Level I)

40500928 (KT0391)	4/7-25/7	W	19:00-21:00	Lei Yue Mun SC	8+	120	12	8/6	
40500929 (KT0392)	16/7-6/8	M	19:00-21:00	Shun Lee Tsuen SC	8+	120	12	8/6	

Snooker Training Course (Level I)

40500360 (KT0457)	6/7-24/7	Tu,F	19:00-21:00	Shun Lee Tsuen SC	10+	240	8	23/5-29/5 (6/6) {28/6}	
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Snooker Training Course for Youth (Level I)

40500362 (KT0458)	24/7-9/8	Tu,Th	14:00-16:00	Shun Lee Tsuen SC	10-17	240	8	23/5-29/5 (6/6) {28/6}	
40500363 (KT0459)	24/7-9/8	Tu,Th	16:00-18:00	Shun Lee Tsuen SC	10-17	240	8	23/5-29/5 (6/6) {28/6}	

Outreaching Mt.Pts. For Youth-Basketball Play-in

40501150 (KT0403)	6/7-27/7	F	19:00-22:00	Kwun Tong Recreation Ground (Court No.1)	13+	Free	240	6/7-27/7	Walk-in
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Outreaching Mt.Pts. For Youth- Soccer Play-in

40500364 (KT0460)	6/7-27/7	F	19:00-22:00	Kwun Tong Recreation Ground (no.2 court)	13+	Free	60	6/7-27/7	Walk-in
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Volleyball Training Course for Female

40500382 (KT0550)	25/7-24/8	W,F	13:00-15:00	Kowloon Bay SC	10+	70	30	26/6	
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Volleyball Training Course for Male

40500383 (KT0551)	25/7-24/8	W,F	15:00-17:00	Kowloon Bay SC	10+	70	30	26/6	
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Sport Climbing FD

40500351 (KT0450)	15/7	Su	14:00-17:00	Lei Yue Mun SC	12+	Free	16	6/6	 
Water Safety TC for Baby									
40499660 (KT0519)	16/7-17/8	M,F	17:00-18:00	KTSP (Outdoor Teaching Pool)	0-4	100	16	15/5-23/5 (30/5){22/6}	
40500102 (KT0465)	16/7-17/8	M,F	16:00-17:00	KTSP (Outdoor Teaching Pool)	0-4	100	16	15/5-23/5 (30/5){22/6}	
40500103 (KT0466)	24/7-23/8	Tu,Th	16:00-17:00	KTSP (Outdoor Teaching Pool)	0-4	100	16	28/5-5/6 (13/6){9/7}	
Horticultural Seminar									
40500335 (KT0438)	29/7	Su	10:30-12:30	Jordan Valley Park	All	30	30	5/6	 
40500336 (KT0439)	21/7	Sa	14:30-16:30	Jordan Valley Park	All	30	30	5/6	 

Activities for Persons with Disabilities Programme Number (Class code) (free of charge)	Date	Day	Time	Venue	Age	Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
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Enrolment methods that applicable only to programmes especially designed for persons with disabilities

Persons with disabilities (PWDs) may enrol in programmes especially designed for them at the organising District Leisure Services Office or any other district offices . Each participant may be accompanied by ONE carer. Enrolment charge is free. The arrangements for accompanying carers are as follows:

Training schemes: Accompanying carers may attend class with the enrolled PWDs on the training day. Accompanying Carer's Cards will be distributed by the instructor at the beginning of each class as identification.

Other activities: Accompanying carers are required to enrol in play-in activities with PWDs to facilitate coach and camp place arrangements. Permits, which must be presented when attending activities, will be issued to accompanying carers upon successful enrolment.

Youth & Adult Swimming Training Scheme for Persons with Visual Impairment								
40501807 (KT1536)	6/7-27/7	F	10:00-12:00	Kwun Tong SP	13+	2	4/6	
Adult Hydro Fitness Training Scheme for Persons with Visual Impairment								
40501800 (KT1494)	9/7-30/7	M	10:00-12:00	Kwun Tong SP	18+	4	4/6	
Adult Hydro Fitness Training Scheme for Chronic Illness								
40501811 (KT1538)	3/7-26/7	Tu,Th	18:00-19:00	Kwun Tong SP	18+	4	4/6	
40501830 (KT1542)	3/7-26/7	Tu,Th	19:00-20:00	Kwun Tong SP	18+	4	4/6	
Swimming Training Scheme for persons with Hearing Impairment								
40501796 (KT1487)	4/7-22/8	W	20:00-21:00	Kwun Tong SP	5+	3	4/6	

Activities for Elderly Programme Number (Class code) (For aged 60 or above, free of charge)	Date	Day	Time	Venue	Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
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Swimming TC for Elderly (Level I)

40499689 (KT0535)	16/7-17/8	M,F	7:00-8:00	KTSP (Indoor Training Pool)	16	15/5-23/5 (30/5){22/6}	
40499692 (KT0536)	20/7-20/8	M,F	8:00-9:00	LTSP (Indoor Training Pool)	12	15/5-23/5 (30/5){22/6}	
40499700 (KT0538)	24/7-23/8	Tu,Th	7:00-8:00	KTSP (Indoor Training Pool)	16	28/5-5/6 (13/6){9/7}	

Swimming TC for Elderly (Level II)

40499696 (KT0537)	16/7-17/8	M,F	7:00-8:00	KTSP (Outdoor Secondary Pool)	20	15/5-23/5 (30/5){22/6}	
40499702 (KT0539)	24/7-23/8	Tu,Th	7:00-8:00	KTSP (Outdoor Secondary Pool)	20	28/5-5/6 (13/6){9/7}	

Meeting Point for Elderly - Fitness Exercise

40501156 (KT0406)	4/7-30/7 (excl. 11/7,25/7)	M,W,F	9:30-11:30	Lam Tin South SC	30	4/7-30/7	Walk-in
40501157 (KT0407)	4/7-30/7 (excl. 9/7,23/7)	M,W,F	12:00-14:00	Ngau Tau Kok RD. SC	30	4/7-30/7	Walk-in
40501158 (KT0408)	9/7-30/7	M	14:00-16:00	Yuet Wah St P/G	60	9/7-30/7	Walk-in
40501160 (KT0410)	3/7-31/7	Tu,Th,Sa	9:30-11:30	Lei Yue Mun SC	25	3/7-31/7	Walk-in

Meeting Point for Elderly - Morning Exercise

40501159 (KT0409)	3/7-31/7	M,Tu,W,Th,F,Sa	6:30-8:30	Lam Tin Park (Nr 5-a-side Soccer Pitch)	1250	3/7-31/7	Walk-in
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Meeting Point for Elderly-Fitness Assessment

40500325 (KT0429)	9/7	M	14:00-16:00	Yuet Wah St P/G	80	9/7	Walk-in
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Meeting Point for Elderly - Tai Chi

40500369 (KT0540)	3/7-31/7	Tu,Th	9:30-11:30	Hiu Kwong ST. SC	50	3/7-31/7	Walk-in
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Healthy Elderly Scheme - Badminton

40500930 (KT0396)	4/7-31/7 (excl. 16/7)	M,Tu,W,Th,F	7:00-9:00	Chun Wah RD. SC	24	4/7-31/7	Walk-in
40501118 (KT0397)	5/7-31/7	Tu,Th	7:00-9:00	Shun Lee Tsuen SC	24	5/7-31/7	Walk-in

Healthy Elderly Scheme - Golf

40500328 (KT0432)	5/7-31/7	Tu,Th	8:00-10:00	Shun Lee Tsuen SC	12	5/7-31/7	Walk-in
Healthy Elderly Scheme - Table-tennis Play-in							
40500377 (KT0546)	4/7-31/7 (excl. 16/7)	M,Tu,W,Th,F	7:00-9:00	Chun Wah RD. SC	24	4/7-31/7	Walk-in
Meeting Point for Elderly - Billiard							
40500359 (KT0456)	5/7-31/7	Tu,Th	8:00-10:00	Shun Lee Tsuen SC	16	5/7-31/7	Walk-in