



Panasonic 長跑比賽

Panasonic Distance Run Competition

主辦：
Organiser



康樂及文化事務署
Leisure and Cultural
Services Department

冠名贊助：
Title Sponsors



信興集團
SHUN HING GROUP

金贊助：
Gold Sponsors



香港體檢



保心安

1. 比賽日期、時間和地點
Date, Time and Venue of Competition

日期 Date	星期 Day	時間 Time	地點 Venue
2016 年 2 月 28 日 28 February 2016	星期日 Sunday	上午 8 時至下午 2 時 8:00 am - 2:00 pm	大埔船灣淡水湖主壩 Main Dam of Plover Cove Reservoir, Tai Po (Tei Mei Tuk)

2. 參賽資格
Eligibility
- ： (1) 歡迎有興趣的機構以機構／政府部門的名義參加。
Interested organisations in the name of organization or the government departments are welcome to take part in the competition.
- (2) 參賽者必須年滿 15 歲，並在比賽首場賽事舉行前，已在香港連續為參賽機構工作 4 星期或以上，每星期工作最少 18 小時，而且在比賽進行期間，仍然受僱於該機構。
A participant must be an employee aged 15 or above who has been working continuously in Hong Kong for the participating organisation for 4 weeks or more, for at least 18 hours per week, before the first match of the competition takes place, and is still employed by the same organisation during the competition period.
- (3) 參賽者只能代表一間機構參賽。
Each participant can represent only one organisation in the Games.
- (4) 大會保留拒絕任何參賽者參賽的權利。
The Organiser reserves the right to forbid any participant from taking part in the competition.

3. 組別
Grouping
- ： 甲組 - 在香港僱用 300 名或以上員工的機構
Group A - Organisations with 300 or more employees in Hong Kong
- 乙組 - 在香港僱用 300 名以下員工的機構
Group B - Organisations with less than 300 employees in Hong Kong
- 丙組 - 政府部門（僱員人數不限）
Group C - Government Departments (no restriction on the number of employees)

4. 項目 :
Event

項目 Event	備註 Remark
男子公開組 Men's Open	參賽者須年滿 15 歲或以上，每間機構最多可填報 10 名參賽者。 Participants should be aged 15 or above. A maximum of 10 participants from each organisation.
男子先進組 Men's Masters	參賽者年齡須年滿 35 歲或以上，每間機構最多可填報 10 名參賽者。 Participants should be aged 35 or above. A maximum of 10 participants from each organisation.
女子公開組 Women's Open	參賽者須年滿 15 歲或以上，每間機構最多可填報 10 名參賽者。 Participants should be aged 15 or above. A maximum of 10 participants from each organisation.
隊際 Team Event	如機構在單一項目內的參賽人數達 5 名或以上，即自動進入該項目的隊際比賽。該機構最快抵達終點的首 5 名隊員的成績將自動成為該機構的隊際比賽成績，每機構每項目最多可計算一隊。 If the number of participants from an organisation in a single event is five or above, the organisation will automatically enter the team event for that event. The results of the five participants from the organisation who have reached the finishing line first will automatically become the result achieved by that organisation in the team event. There should be a maximum of one team from each organisation for the same event.

5. 名額 : 甲組 - 500 名
Quota Group A - 500 participants
乙組 - 100 名
Group B - 100 participants
丙組 - 300 名
Group C - 300 participants

* 每間機構最多可填報 30 名參賽者，而每個項目最多可填報 10 名參賽者，如報名人數未達到該組別的名額，大會將根據實際報名情況將其餘額分配予其它組別。

* A maximum of 30 participants with maximum 10 participants enroll in each event from each organisation, the Organiser will redistribute the quota if the enrollment number is less than the quota of certain group.

6. 費用 : 300 元正
Fees \$300

7. 賽事距離 : 全程約 7 公里。
Race Distance The distance for the competition is about 7 km.

8. 賽制 : (1) 在截止報名後，如有任何組別／比賽項目少於兩人／兩隊報名，該組別／比賽項目將會取消。
Format If the number of participant/team enrolled in any group/event is less than two after the enrolment deadline, the group/event will be cancelled.
(2) 截止報名後，如長跑比賽的總報名人數／隊數不足總名額的一半，大會有權取消整個比賽項目。
If the total number of participants/teams in the Distance Run Competition is less than half of the overall quota after the end of the enrolment period, the Organiser has the right to cancel the competition event as a whole.
(3) 每名參賽者的比賽成績會同時計入其個人項目和隊際項目成績內。在個人項目方面，每名參賽者只可以參加男子公開組、男子先進組或女子公開組其中一個項目。
The result of a participant in an event will be counted as both his/her individual score and part of his/her team's score. For individual events, each participant can only enter one of the three events, namely Men's Open, Men's Masters or Women's Open.

(4) 個人項目：

在各項目中，最先到達終點的首四名參賽者為冠、亞、季及殿軍。

Individual Event:

In each event, the four participants who have reached the finishing line first shall be the champion, 1st runner-up, 2nd runner-up and 3rd runner-up.

(5) 隊際項目：

在各項目中，第一名到達終點者得 1 分，第二名得 2 分，第三名得 3 分，如此類推，隊際項目以每機構最快抵達終點的**首 5 名**參選賽者的總得分決定名次，分數最少的一隊為勝，如有兩隊或以上同分，則以該隊**第五名**到達終點的成員的名次定勝負。

Team Event:

In each event, the first participant who have reached the finishing line can get one point, the second one two points, the third one three points, and so on. Sum of the scores of the fastest **five participants** from an organisation who have reached the finishing line first will be counted. The champion will be the team which gets the lowest team score. If two teams or more score the same scores, the position held by the **fifth participant** of the team who has reached the finishing line will be counted.

9. 獎勵
Awards

：各組別的每個項目均設冠、亞、季及殿軍獎。(各得獎者／得獎隊伍必須參與有關賽事方可獲得獎項。)

為提高比賽的趣味性，大會特設每組團體總冠軍獎盃，頒予在各項比賽中累積得分最高的機構。有關計分方法和詳情，請瀏覽以下網頁：

<http://corporategames.lcsd.gov.hk/tc/cg/2016/score.html>

Prizes will be awarded to the Champion, 1st runner-up, 2nd runner-up and 3rd runner-up of each event in the respective group. (The winner/winning team must have participated in the matches in order to be awarded any prize.)

To make the competitions more interesting, an overall championship trophy will be awarded to the organisation accumulating the highest points from all events for each group. For the scoring method and details, please browse the following webpage:

<http://corporategames.lcsd.gov.hk/en/cg/2016/score.html>

10. 賽規
Rules

：(1) 參賽者必須於比賽當日上午 8 時正至 8 時 30 分親自攜同附有相片的有效身份證明文件（正本）到大會「報到處」報到。參賽者於報到時將獲派發號碼布及計時晶片。如參賽者無法出示證件或被發現身份不符，一律不准出賽。開賽時間為上午 9 時，遲到者當棄權論。

Participants shall report to the Registration Counter from 8:00 am to 8:30 am in the presence of valid photo-bearing identity documents (the original) for verification of identity. Each participant will be given a number cloth and timing chip. Any participant who fails to produce his/her valid identity document or whose identity is not found to be matched will not be allowed to participate in the competition. The competition will commence at 9:00 am. Any latecomer will not be accepted.

(2) 參賽者須依照大會所定的路線進行比賽。

Participants must follow the route planned by the Organiser.

(3) 如參賽者被發現於參賽期間並非該機構的*僱員，該機構所參與的是項比賽的資格及所獲的成績將被取消。如被發現觸犯此規則超過一次，該機構所參與工商機構運動會全部比賽項目的成績及其參賽資格將被取消。所繳交的費用亦不會獲得發還。

*「僱員」的定義請參閱第 17 項附則(1)

If any participant is discovered that he/she is not the *employee of the organisation during the competition, the results achieved by the organisation in that particular competition will be cancelled. If the organisation breaches this regulation more than once, the organisation will be disqualified from taking part in this year's Corporate Games and all the entry fee will not be refunded.

*The definition of "Employee" is stated at Remarks (1) of Item No. 17.

(4) 如有參賽者／參賽隊伍違反規則或有不良行為而影響賽事，大會有權取消其個人／有關隊伍的參賽資格，所得成績亦會作廢。

Any participant/team who violates the regulations or has any misconduct which might affect the competition, the Organiser has the right to disqualify him/her/the team from the competition and the results he/she/the team has achieved will be cancelled.

- (5) 除本章程明文規定外，其餘均依照香港業餘田徑總會的現行比賽規則辦理。 Unless explicitly stated in this prospectus, all rules and regulations will follow those presently adopted by the Hong Kong Amateur Athletic Association.

11. 裝備
Equipment : (1) 參賽者必須穿着合適的運動服裝及鞋作賽。
All participants should put on proper sportswear and footwear for competition.
(2) 參賽者必須佩戴大會於比賽當日派發的號碼布，否則不准參加比賽。參賽者號碼布必須扣於胸前當眼處，以便工作人員辨認，否則大會有關取消其比賽資格。
All participants shall wear the number cloth provided by the Organiser on the event day, otherwise they will not be permitted to participate in the competition. Participants must wear the number cloth in front, so the officials can identify their numbers easily; otherwise, the Organiser reserves the right to disqualify their results.
12. 職員／參賽者須知
Notes to Staff /Participants : (1) 成功報名的參賽機構須於 2016年1月13日或之前於辦公時間內將抬頭為「香港特別行政區政府」的支票寄回或交回康樂及文化事務署大型活動組（地址：新界沙田排頭街1至3號康樂及文化事務署總部2樓），以辦理報名手續，並請按以下日期將「參賽者資料」及「參賽者聲明」寄回、交回或傳真(傳真號碼：2634 0786)至該組：
● 2016年1月13日或以前交回「參賽者資料」
● 2016年1月13日或以前交回「參賽者聲明」
The successfully enrolled organisations should make crossed cheques payable to “The Government of the Hong Kong Special Administrative Region” and submit the cheques in person or by mail to the Major Events Section of the Leisure and Cultural Services Department (Address: 2/F, Leisure and Cultural Services Headquarters, 1-3 Pai Tau Street, Sha Tin, New Territories) on or before 13 January 2016. They should also return the Particulars of Participants and Declaration by participants by mail, in person or by fax (Fax: 2634 0786) to the section according to the deadlines below:
● Submission of Particulars of Participants on or before 13 January 2016.
● Submission of Declaration by Participants on or before 13 January 2016.
(2) 於2016年1月13日後，所有參賽機構均不得再改動參賽者名單。
Any change of the participant list is not allowed after 13 January 2016.
(3) 每隊可填報年滿18歲的領隊／教練一名。
Each team may submit one team leader/coach aged 18 or above.
(4) 如發現機構呈交的參賽者資料與參賽者身份證上的資料不符，大會有關取消其參賽資格。
The Organiser reserves the right to disqualify a participant if there is any discrepancy between personal information shown on his/her identity document and those submitted by his/her organisation.
13. 裁判
Referee : 比賽的執法工作由合資格裁判擔任，各參賽者須服從裁判的判決。
Judges will be served by qualified referees. All participants should abide by their decisions.
14. 上訴
Appeal : 大會不設上訴，所有賽果以裁判最後判決為準。
No appeal will be accepted. The judges' decision on the competition results shall be final.
15. 惡劣天氣安排
Increment Weather Arrangement : (1) 如在比賽當日，香港天文台於上午七時仍發出三號或以上熱帶氣旋警告信號、紅色或黑色暴雨警告信號仍然生效，該日賽事即告取消。大會稍後會通知各參賽者相應安排。

Should the Hong Kong Observatory issue the tropical cyclone warning signal No.3 or above, red rainstorm warning signal or black rainstorm warning signal at 7 am on event day, all events on that day will be cancelled. The Organiser will notify the participants of the corresponding arrangements separately in due course.

(2) 「高」健康風險級別（空氣質素健康指數：7）

比賽如期舉行。環境保護署呼籲心臟病或呼吸系統疾病患者（如冠狀心臟病和其他心血管疾病、哮喘及慢性阻礙氣管疾病，包括慢性支氣管炎和肺氣腫）、兒童和長者應**減少**戶外體力消耗，以及**減少**在戶外逗留的時間，特別在交通繁忙地方。心臟病或呼吸系統疾病患者在參與體育活動前應諮詢醫生意見，在體能活動期間應多作歇息。由於空氣污染對不同人士的影響不一，如參加者有疑問或感到不適，應徵詢醫生的意見。

「甚高」健康風險級別（空氣質素健康指數：8至10）

比賽如期舉行。環境保護署呼籲心臟病或呼吸系統疾病患者（如冠狀心臟病和其他心血管疾病、哮喘及慢性阻礙氣管疾病，包括慢性支氣管炎和肺氣腫）、兒童和長者應**盡量減少**戶外體力消耗，以及**盡量減少**在戶外逗留的時間，特別在交通繁忙地方。一般市民應**減少**戶外體力消耗，以及**減少**在戶外逗留的時間，特別在交通繁忙地方。由於空氣污染對不同人士的影響不一，如參加者有疑問或感到不適，應徵詢醫生的意見。

「嚴重」健康風險級別（空氣質素健康指數：10+）

比賽如期舉行。環境保護署呼籲心臟病或呼吸系統疾病患者（如冠狀心臟病和其他心血管疾病、哮喘及慢性阻礙氣管疾病，包括慢性支氣管炎和肺氣腫）、兒童和長者應**避免**戶外體力消耗，以及**避免**在戶外逗留，特別在交通繁忙地方。一般市民應**盡量減少**戶外體力消耗，以及**盡量減少**在戶外逗留的時間，特別在交通繁忙地方。由於空氣污染對不同人士的影響不一，如參加者有疑問或感到不適，應徵詢醫生的意見。

“High” health risk category (AQHI of 7)

Competition will be held as scheduled. Environmental Protection Department advises those with existing heart or respiratory illnesses (such as coronary heart disease and other cardiovascular diseases, asthma and chronic obstructive airways diseases including chronic bronchitis and emphysema), children and the elderly are advised to **reduce** outdoor physical exertion, and to **reduce** the time of their stay outdoors, especially in areas with heavy traffic. Participants with existing heart or respiratory illnesses should also seek advice from a medical doctor before participating in sports activities and take more breaks during physical activities. As the health effects on individuals may vary, participants should seek advice from a medical doctor if they are in doubt or feel uncomfortable.

“Very High” health risk category (AQHI of 8-10)

Competition will be held as scheduled. Environmental Protection Department advises those with existing heart or respiratory illnesses (such as coronary heart disease and other cardiovascular diseases, asthma and chronic obstructive airways diseases including chronic bronchitis and emphysema), children and the elderly to **reduce to the minimum** outdoor physical exertion, and to **reduce to the minimum** the time of their stay outdoors, especially in areas with heavy traffic. The general public is advised to **reduce** outdoor physical exertion, and to **reduce** the time of their stay outdoors, especially in areas with heavy traffic. As the health effects on individuals may vary, participants should seek advice from a medical doctor if they are in doubt or feel uncomfortable.

“Serious” health risk category (AQHI Exceeding 10)

Competition will be held as scheduled. Environmental Protection Department advises those with existing heart or respiratory illnesses (such as coronary heart disease and other cardiovascular diseases, asthma and chronic obstructive airways diseases including chronic bronchitis and emphysema), children and the elderly to **avoid** outdoor physical exertion, and to **avoid** staying outdoors, especially in areas with heavy traffic. The general public is advised to **reduce to the minimum** outdoor physical exertion, and to **reduce to the minimum** the time of their stay outdoors, especially in areas with heavy traffic. As the health effects on individuals may vary, participants should seek advice from a medical doctor if they are in doubt or feel uncomfortable.

16. 改期
Changing the Date
of Competition
- :
- (1) 若因特殊情形，大會有權通知各參賽者改期作賽或另作編排，如在比賽中發生特殊情況，繼續舉行與否得由當場裁判或大會全權決定，參賽者不得異議。
The Organiser reserves the right to postpone any race or make any alternative arrangements under special circumstances. Should anything unforeseeable happen during a race, the Chief Referee on the spot or the Organiser will decide whether the race should continue or not and the participants shall not raise objection.
- (2) 大會不接受參賽者／參賽隊伍提議的改期申請。
No application for changing the date of any race from a participant/team is accepted.
17. 附則
Remarks
- :
- (1) 「僱員」的定義為該僱員已經在香港連續為參賽機構工作 4 星期或以上，每星期最少工作 18 小時，而且在比賽進行期間，仍然受僱於該機構。
The definition of “Employee” – An employee who has been working continuously in Hong Kong for the participating organisation for 4 weeks or more, for at least 18 hours each week and is still being employed by the same organisation during the competition period.
- (2) 參賽者必須任職於有關機構為「僱員」，及為年滿 15 歲。
A participant should be an employee aged 15 or above of the participating organisation.
- (3) 如有需要，大會有權要求參賽機構提交證明文件，如有效的員工證、僱傭合約、薪酬紀錄等，證明代表其參賽者均屬其「僱員」。
A participating organization may be required to produce relevant documents such as staff card, employment contract and salary record, etc. to prove that all the participants representing it in the competition are its employees.
- (4) 參賽者必須遵守比賽場地的各項規則及大會的各項宣布。
Participants shall follow the rules and regulations of the competition venue and the announcements of the Organiser.
- (5) 本章程如有未盡善處，大會保留日後修改的權利。
If there is any inadequacy in this prospectus, the Organiser reserves the right to amend in the future.
18. 查詢電話
Enquiries
- :
- 2601 7673
- 辦公時間**
星期一至五上午 8 時 45 分至下午 6 時
(下午 1 時至 2 時午膳)
星期六、日和公眾假期暫停辦公
- Office Hours**
8:45 am to 6:00 pm from Monday to Friday
(Lunch Hour: 1:00 pm to 2:00 pm)
Closed on Saturdays, Sundays and General Holidays



Panasonic 長跑比賽 - 參賽者資料

Panasonic Distance Run Competition – Particulars of Participants

機構名稱(中文) _____ (大會編號 Official No. _____)

Name of Organisation (English) _____

機構地址(中文) _____

Address of Organisation (English) _____

參賽組別： # 甲／乙／丙組 # 請將不適用者刪去
 Group to be entered # Group A / B / C # Please delete as appropriate

領隊／教練姓名(中文) _____

Name of Team Leader / Coach (English) _____

電話 (日) _____ (夜) _____ 傳真號碼 _____

Telephone No. (Day) _____ (Night) _____ Fax No. _____

*電郵地址 _____ 傳呼機／手提電話號碼 _____

*E-mail Address _____ Pager / Mobile Phone No. _____

*運動會的資料會以電郵傳送

*Information on the Games will be sent via e-mail.

編號 No.	參賽者姓名 Name of Participant (須與身份證明文件相同) (Should be the same as the one shown on the identity document)		性別 Sex	年齡組別 Age Group 請用英文字母表示 Please indicate with a letter code		☆ 身份證明文件 號碼 Identity Certificate No.	請用✓表示參加項目 Please ✓ the event(s) to be entered		
	中文 Chinese	英文 English		A=15-19 B=20-24 C=25-29 D=30-34 E=35-39 F=40-44	G=45-49 H=50-54 I=55-59 J=60 或以上 or above		男子 公開組 Men's Open	男子 先進組 Men's Masters	女子 公開組 Women's Open
	1								
2									
3									
4									
5									
6									
7									
8									
9									
10									

編號 No.	參賽者姓名 Name of Participant (須與身份證明文件相同) (Should be the same as the one shown on the identity document)		性別 Sex	年齡組別 Age Group 請用英文字母表示 Please indicate with a letter code		身份證明文件號碼 Identity Certificate No.	請用✓表示參加項目 Please ✓ the event(s) to be entered		
	中文 Chinese	英文 English		A=15-19 B=20-24 C=25-29 D=30-34 E=35-39 F=40-44	G=45-49 H=50-54 I=55-59 J=60 或以上 or above		男子 公開組 Men's Open	男子 先進組 Men's Masters	女子 公開組 Women's Open
11									
12									
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✧ 請填寫香港身份證號碼的英文字首及首 4 個數字 (例如: A1234 / XD1234) 或護照號碼的首 6 個數字 (例如: 123456)。

Please indicate the beginning letter(s) and the first 4 digits of the Hong Kong Identity Card Numbers (e.g. A1234 / XD1234) or the first 6 digits of the passport numbers (e.g. 123456).

備註 Remarks :

(1) 每間機構最多可填報 30 名參賽者，而每個項目最多可填報 10 名參賽者。

A maximum of 30 participants with maximum 10 participants enroll in each event from each organisation.

(2) 如機構在單一項目內的參賽人數達 5 名或以上，即自動進入該項目的隊際比賽。該機構最快抵達終點的首 5 名隊員的成績將自動成為該機構的隊際比賽成績，每機構每項目最多可計算一隊。

If the number of participants from an organisation in a single event is five or above, the organisation will automatically enter the team event for that event. The results of the five participants from the organisation who have reached the

finishing line first will automatically become the result achieved by that organisation in the team event. There should be a maximum of one team from each organisation for the same event.

- (3) 所有參賽者或其家長／監護人必須在 2016 年 1 月 13 日或以前填妥「年滿十八歲的參賽者聲明」或「未滿十八歲的參賽者聲明」，並寄回、交回或傳真（傳真號碼：2634 0786）至新界沙田排頭街 1 至 3 號康樂及文化事務署總部 2 樓康樂及文化事務署大型活動組。如任何參賽者未能於賽事開始前簽署及遞交有關聲明，大會將有權取消其參賽資格。

All participants or their parents/guardians must sign the “Declaration by Participants aged 18 or above” or “Declaration by Participants aged below 18” and return it by mail, in person or by fax (Fax: 2634 0786) to Major Events Section, 2/F, Leisure and Cultural Services Headquarters, 1-3 Pai Tau Street, Sha Tin, New Territories on or before 13 January 2016. If any participant fails to submit this form before the commencement of the competition, the Organiser reserves the right to disqualify him/her from participating in the competition.

- (4) 你提供的資料，只作康樂及文化事務署舉辦的康體活動包括工商機構運動會報名事宜、統計、日後聯絡及活動意見調查之用，亦只限獲本署授權人員方可查閱有關資料作前述目的之用。

The information you have provided will only be used for the purposes of enrolment of recreation and sports activities including Corporate Games organised by the Leisure and Cultural Services Department, compilation of statistics, future contact purpose and opinion survey. Only those who are authorized by this Department will have access to such information for the aforesaid purpose.

- (5) 如欲更正或查閱你在本表格上填寫的個人資料，請致電 2601 7673 與康樂及文化事務署大型活動組職員聯絡。Please contact the staff of the Major Events Section of the Leisure and Cultural Services Department at 2601 7673 if you want to correct or access your personal data collected by means of this form.

- (6) 你必須在報名表格內提供所需的個人資料及有關的聲明書，如你未能清楚提供所需的個人資料，報名恕不受理。You should fill in the personal data in the enrolment form and the declaration. If you do not provide the required personal data, your application will not be entertained.

- (7) 有關本賽事的章程、賽程、分組及對賽抽籤結果、比賽成績和其他賽事資料等，均會在大會網頁公布。The prospectus, schedules, results of the grouping and fixture draw, results of the competition and other information relating to the competition will be announced through the Organiser’s website.

機構領隊／教練聲明：

Declaration by Team Leader/Coach of the Organisation

本人聲明 I declare that :

- (1) 上述填報的所有參賽者資料均全部屬實。
All the particulars of the participants provided above are true and correct.
- (2) 上述填報的所有參賽者均屬本機構僱員。
All the participants listed above are the employees of this organisation .
- (3) 上述填報的所有十八歲以下的參賽者均已獲其家長／監護人或經其家長／監護人授權者同意才參加上述活動。
All the participants aged under 18 listed above have obtained the consent of their parent/guardian or the person authorised by their parent/guardian to participate in the above activity.

機構印章 Chop of Organisation

領隊／教練簽署： _____
Signature of Team Leader/Coach

日期： _____
Date

請於 2016 年 1 月 13 日（星期三）或之前將此表格寄回、交回或傳真（傳真號碼：2634 0786）至新界沙田排頭街 1 至 3 號康樂及文化事務署總部 2 樓康樂及文化事務署大型活動組。

Please return this form by mail, in person or by fax (Fax: 2634 0786) to: Major Events Section, 2/F, Leisure and Cultural Services Headquarters, 1-3 Pai Tau Street, Sha Tin, New Territories on or before 13 January 2016 (Wednesday).



Panasonic 長跑比賽 - 年滿十八歲的參賽者聲明
Panasonic Distance Run Competition – Declaration by Participants aged 18 or above

比賽項目：工商機構運動會 2016 –Panasonic 長跑比賽
 Competition Event Corporate Games 2016 –Panasonic Distance Run Competition
 機構名稱：大會編號：
 Organisation Name Official No. _____
 參賽組別：# 甲／乙／丙組 # 請將不適用者刪去
 Group to be entered # Group A / B / C # Please delete as appropriate

所有年滿十八歲的參賽者必須在 2016 年 1 月 13 日或之前簽署本聲明，並寄回、交回或傳真（傳真號碼：2634 0786）至新界沙田排頭街 1 至 3 號康樂及文化事務署總部 2 樓康樂及文化事務署大型活動組。如任何參賽者未能於賽事開始前簽署及遞交本聲明，大會將有權取消其參賽資格。

All participants aged 18 or above must sign this form and return it by mail, in person or by fax to the Major Events Section of the Leisure and Cultural Services Department (Address: 2/F, Leisure and Cultural Services Headquarters, 1-3 Pai Tau Street, Sha Tin, New Territories; Fax no.: 2634 0786) on or before 13 January 2016. If any participant fails to submit this form before the commencement of the competition, the Organiser reserves the right to disqualify him/her from participating in the competition.

我聲明 I declare that :

- 我已詳細閱讀比賽章程及同意遵守其訂明的規則及規例。如因本人疏忽或漏報申請表格的資料而導致任何損失，大會無須負責。
 I have studied the competition prospectus and agreed to abide by the rules and regulations stated therein. The Organiser shall not be liable for any loss if the cause of the loss is due to my own negligence or omission of any information I should provide in the enrolment form.
- 我在報名表格內所填報的資料全部屬實，並符合大會所訂的參加資格。我明白，若有虛報資料或填報資料與事實不符，我及所屬的參賽隊伍將會被即時取消所有參加資格，所得成績亦告作廢。
 All the information provided in the enrolment form by me is true and correct and I am eligible for the competition according to the rules set by the Organiser. I understand that if false information is provided or if the information entered is not in accordance with the facts, the whole team and I will be immediately disqualified with all our results cancelled.
- 我願意遵守大會規則進行比賽及服從裁判判決，並於出賽前親自攜同附有相片的有效身分證明文件（正本）交大會查閱，如有不符合規則，一律取消出賽資格，不得換人補上。
 I agree to comply with the competition rules and abide by the decisions of the chief referee/judges. I also agree to submit my valid photo-bearing identity document (the original) for checking by the Organiser before playing in a match. I understand that failure to comply with this rule will result in disqualification and no replacement of athletes will be allowed.
- 我健康及體能良好，適宜參加是次比賽。如果因我的疏忽或健康或體能欠佳，而引致於參加這項活動時傷亡，康樂及文化事務署則無須負責。
 I am healthy and physically fit to participate in the above activity. The Leisure and Cultural Services Department shall not be liable for any injury or death which I may suffer in the activity if the cause of injury or death is due to my own negligence or inadequacy in health or fitness.
- 我知道任何虛假聲明會導致此報名資格失效。
 I know that any false declaration will render this enrolment null and void.

我已詳細閱讀和明白以上聲明，並在下方簽署作實：

I have studied through and understood the above declaration and I sign below for confirmation.

編號 No.	參賽者姓名 Name of Participant	參賽者簽署 Signature of Participant	日期 Date	編號 No.	參賽者姓名 Name of Participant	參賽者簽署 Signature of Participant	日期 Date
1.				7.			
2.				8.			
3.				9.			
4.				10.			
5.				11.			
6.				12.			

編號 No.	參賽者姓名 Name of Participant	參賽者簽署 Signature of Participant	日期 Date	編號 No.	參賽者姓名 Name of Participant	參賽者簽署 Signature of Participant	日期 Date
13.				22.			
14.				23.			
15.				24.			
16.				25.			
17.				26.			
18.				27.			
19.				28.			
20.				29.			
21.				30.			

(如有需要可自行影印本表格 Photocopy of this form is allowed if required)



Panasonic 長跑比賽 - 未滿十八歲的參賽者聲明
Panasonic Distance Run Competition – Declaration by Participants aged below 18
(必須由家長或年滿十八歲的監護人簽署)

(must be signed by parents or guardians aged 18 or above)

比賽項目：工商機構運動會 2016 –Panasonic 長跑比賽
Competition Event Corporate Games 2016 –Panasonic Distance Run Competition
機構名稱：大會編號：
Organisation Name Official No. _____
參賽組別：# 甲／乙／丙組 # 請將不適用者刪去
Group to be entered # Group A / B / C # Please delete as appropriate

所有未滿十八歲的參賽者必須在 2016 年 1 月 13 日或之前由家長或監護人簽署本聲明，並寄回、交回或傳真（傳真號碼：2634 0786）至新界沙田排頭街 1 至 3 號康樂及文化事務署總部 2 樓康樂及文化事務署大型活動組。如任何參賽者未能於賽事開始前簽署及遞交本聲明，大會有權取消其參賽資格。

The parents / guardians of participants aged below 18 must sign this form and return it by mail, in person or by fax to the Major Events Section of the Leisure and Cultural Services Department (Address: 2/F, Leisure and Cultural Services Headquarters, 1-3 Pai Tau Street, Sha Tin, New Territories; Fax no.: 2634 0786) on or before 13 January 2016. If any participant fails to submit this form before the commencement of the competition, the Organiser reserves the right to disqualify him/her from participating in the competition.

參賽者家長或年滿十八歲的監護人聲明：
Declaration by Parent or Guardian (aged 18 or above) of Participant

我聲明 I declare that :

1. _____ (參賽者姓名) 已詳細閱讀比賽章程及同意遵守其訂明的規則及規例。如因參賽者疏忽或漏報申請表格的資料而導致任何損失，大會無須負責。
The participant, _____ (name of participant), has studied the competition prospectus and agreed to abide by the rules and regulations stated therein. The Organiser shall not be liable for any loss if the cause of the loss is due to the participant's own negligence or omission of any information he/she should provide in the enrolment form.
2. 參賽者在報名表格內所填報的資料全部屬實，並符合大會所訂的參加資格。參賽者明白，若有虛報資料或填報資料與事實不符，參賽者及所屬的參賽隊伍將會被即時取消所有參加資格，所得成績亦告作廢。
All the information provided in the enrolment form by the participant is true and correct and he/she is eligible for the competition according to the rules set by the Organiser. I understand that if false information is provided or if the information entered is not in accordance with the facts, the participant and the whole team will be immediately disqualified with all their results cancelled.
3. 參賽者願意遵守大會規則進行比賽及服從裁判判決，並於出賽前親自攜同附有相片的有效身分證明文件（正本）交大會查閱，如有不符合規則，一律取消出賽資格，不得換人補上。
The participant agrees to comply with the competition rules and abide by the decisions of the chief referee. He/she also agrees to submit his/her valid photo-bearing identity document (the original) for checking by the Organiser before playing in a match. The participant understands that failure to comply with this rule will result in disqualification and no replacement of athletes will be allowed.
4. 參賽者健康及體能良好，適宜參加是次比賽。如果因參賽者的個人疏忽或健康或體能欠佳，而引致於參加這項活動時傷亡，康樂及文化事務署則無須負責。
The participant is healthy and physically fit to participate in the above activity. The Leisure and Cultural Services Department shall not be liable for any injury or death which the participant may suffer in the activity if the cause of injury or death is due to his/her own negligence or inadequacy in health or fitness.
5. 參賽者知道任何虛假聲明會導致此報名資格失效。
The participant knows that any false declaration will render this enrolment null and void.

家長或監護人姓名 _____ 簽署 _____ 日期 _____
Parent / Guardian's Name : _____ Signature : _____ Date : _____

(如有需要可自行影印本表格 Photocopy of this form is allowed if required)