

## Sai Kung Outdoor Recreation Centre

### Notes to Swimmers (Applicable from April to October)

1. Wash your body thoroughly in the changing room before swimming.
2. Walk through the water curtain and footbath before proceeding to the pool deck area.
3. Bring along a pair of clean slippers if you want to wear slippers in the pool deck area. Wear them at the entrance of the pool and follow the steps below:
  - i. scrub the bases of the slippers against the rough surface of the mat at the entrance of the pool;
  - ii. wash the slippers thoroughly at the designated area;
  - iii. walk through the water curtain and footbath with the slippers on before proceeding to the pool deck area.
4. Bring along a clean white T-shirt if you prefer to wear a T-shirt while swimming. Wear it on top of your swimming suit and walk through the water curtain and footbath before entering the pool deck area.
5. Non-swimmers should walk through the disinfectant mat bare-footed or in a pair of clean slippers brought on their own before entering the pool deck area.
6. Children aged under 12 not accompanied by adults are not allowed to use the swimming pool.
7. If you feel unwell, like having any symptoms of vomiting, diarrhea, fever, flu, red-eye disease, skin infection or respiratory infections (such as coughing, sneezing, etc.), do not enter the pool deck area.
8. Do not rely on life buoys or other swimming aids.
9. Do not use diving masks, fins or other diving apparatus.
10. Keep the changing room and the toilet tidy and clean.
11. Do not spit, litter or throw any objects into the pool.
12. Do not eat, drink or smoke.
13. Keep the floor clean.
14. Do not swim if you are starving or very full.
15. Do not run or dive.
16. Those who damage any public facility are liable for compensations.

Please observe the above and help keep the swimming pool clean and hygienic.