



Jointly Presented by

Leisure and Cultural Services Department

Hong Kong Cheung Chau Bun Festival Committee

In Association with

Cheung Chau Wai Chiu County Association Limited
Islands District Office of the Home Affairs Department

Cheung Chau Rural Committee
Hong Kong, China Mountaineering and Climbing Union

Sponsored by

Otsuka Pharmaceutical (H.K.) Ltd.

Vita Green Health Products Co Ltd.

Watsons Water

2026 Bun Carnival – Bun Scrambling Competition

Notes to Participants

1. Participants must follow the instructions of the judges on site and the rules below throughout Training, Selection Contest or Bun Scrambling Final (the Final), or they may be disqualified.

2. Clothing and gear
Participants must observe the following requirements on clothing and gear, or they may be rejected from the Training, the Selection Contest or the Final:
Clothing:
 - (a) wear light clothing, with the numbered vest provided by the Organisers worn on the outside;
 - (b) wear sports shoes (participants must not compete in bare feet, leather shoes, hiking shoes, spikes or sandals); and
 - (c) tight leather gloves may be worn.Gear:
 - (a) safety gear (including harnesses, locks and a fall arresting device, all provided by the Organisers); and
 - (b) a bag for collecting buns (provided by the Organisers).

3. Reporting
 - (a) Participants must report to the Organisers at the specified times before the Training, the Selection Contest or the Final. Those who are absent or late will be deemed to have dropped out of the Training, the Selection Contest or the Final.
 - (b) Participants must produce the original of their identity documents when reporting. Those who fail to do so, or whose particulars on the identity documents do not tally with those on the enrolment form will be disqualified.

4. Format of Competition

Preliminary Round of the Selection Contest – Judged on speed

Participants will climb to a specified height on the bun tower to activate a signal by hitting the signal device (chalk bag). The first 24 participants (including at least 6 females) to complete the challenge will be shortlisted for the “Semi-final Round of the Selection Contest”. In case more than one participant have ranked twenty-fourth, a rematch will be played immediately for the participants concerned to determine the last semi-finalist.

Semi-final Round of the Selection Contest – Judged on speed

Participants will climb to a specified height on the bun tower to activate a signal by hitting the signal device (chalk bag), and land with the aid of fall arresting devices. The finishing time will be taken when a participant lands with both feet. The first 12 participants (including at least 3 females) to complete the challenge will be shortlisted for the “Bun Scrambling Final”. In case more than one participant have ranked twelfth or some of the finalists have completed the task at the same time, a rematch will be played immediately for the participants concerned to determine the last finalist and the ranking. Details will be announced on the day of the Selection Contest.

Bun Scrambling Final

- Judged on total score

The 12 finalists will climb the bun tower and collect buns along the way with the bag provided by the Organisers within the specified time frame. Buns in different areas on the tower carry different scores. The finalist who has the highest total score wins. In case of a tie, the ranking will be determined taking into account the results of the Semi-final Round of the Selection Contest.

- Judged on quantity

A special prize, namely “Full Pockets of Lucky Buns”, will be awarded to the finalist who bags the most buns (regardless of the total score they carry).

5. Allocation of Lanes

Selection Contest

Participants must report to the Organisers half an hour before the Selection Contest starts to take part in a draw for lane allocation.

Bun Scrambling Final

Lane allocation for the Final will be based on the 12 finalists’ ranking in the Semi-final Round of the Selection Contest.

6. Training

- Participants must attend and complete the safety training on Sunday, 12 April 2026 on bun tower climbing and fall prevention (the Training) provided by the Hong Kong, China Mountaineering and Climbing Union (HMCMCU). The Training covers an introduction to equipment and their use, safety rules, basic climbing techniques and practice. Participants must have knowledge of the proper and safe use of equipment provided by the Organisers, and complete the Training and practice during which they have to climb to a specified height of the bun tower within a specified time by using top roping and fall arresting device.
- Only participants who have completed the above-mentioned safety training are qualified to take part in the Preliminary Round of the Selection Contest.
- The 24 contestants from the Preliminary Round will be required to attend and complete on the same day another round of safety training on bun tower climbing and fall prevention before they can take part in the Semi-final Round.

7. Rules and Points to Note of the Selection Contest and Bun Scrambling Final

- Participants who fail to show up as the Training, Selection Contest or Final starts will be deemed to have dropped out of the Selection Contest or Final.
- Participants are strictly forbidden to carry any hard objects or objects that can be used as offensive weapons in the Selection Contest or Final.
- Participants must not carry any electronic devices in the Selection Contest or Final.

- (d) Participants must have their safety gear worn properly before the Selection Contest or Final starts. Judges will check if the gear has been properly worn. Those who are not wearing the gear as instructed will be banned from the Selection Contest or Final.
- (e) Before the Selection Contest or Final starts, participants must keep both feet on the ground and both hands off the bun tower.
- (f) Participants must not start climbing until the “start” signal is given out.
- (g) When a judge finds that a participant has jumped the gun, he/she will raise his/her hand to inform the staff to put it on record. The participant concerned will then have his/her result cancelled and be so informed after he/she returns to the ground.
- (h) Participants must only climb up and not sideways.
- (i) Participants must not climb with the aid of the climbing rope or the fall arresting device.
- (j) Participants must not climb by pulling other participants’ clothing or safety gear, or by stepping on others.
- (k) In the Final, the judges will give out the “one minute to go” signal a minute before the Final ends. Participants must return with both feet on the ground before the ending time to finish the Final. Those who fail to do so will have their results cancelled.
- (l) Participants must return to the ground by the climbing rope and must not release the safety gear until they are on the ground.
- (m) Participants must not take the buns from the tower or the ground after the Final, nor must they throw the buns at anyone. Those who do not observe this rule will have their results cancelled and be expelled from the competition venue.
- (n) Participants will be disqualified for violating the rules or engaging in misconduct that disrupts the event. The Organisers, also reserve the right to prevent any person from competing if they are judged to be physically unfit for the Selection Contest / Final. Those who are pregnant or aged 70 or above must first seek medical advice and produce medical certificates certifying that they are physically fit to participate in the Bun Scrambling Competition (including the Training, the Selection Contest and the Final). In addition, they must complete a declaration on physical fitness before being allowed to participate in the event. Pregnant participants must wear full body safety harnesses provided by the HKCMCU for safety purposes.
- (o) Participants who violate or attempt to violate the laws of the HKSAR in any venues or areas in connection with the competition at any times during the Training/ Selection Contest / Final will be disqualified, with results declared void.
- (p) Participants must observe the house rules of the venue.
- (q) The Organisers reserve the right to amend these rules wherever necessary. The rules announced on the day of the Selection Contest or the Final will prevail.
- (r) Participants may, if necessary, take out insurance at their own cost.

8. Adjudication and Appeal

- (a) The panel of judges will consist of representatives from the Co-organisers and the HKCMCU.
- (b) No appeal will be accepted. The decision of the judges will be final.

9. Inclement Weather Arrangements

- (a) If Tropical Cyclone Warning Signal No. 3 or above, or the Red/Black Rainstorm Warning Signal is issued and remains in force three hours before the Training on Bun Tower Climbing on Sunday, 12 April 2026, the Training on that day will be postponed to Sunday, 19 April 2026 at the same venue, with exact time to be confirmed. In the event of inclement weather such as persistent heavy rain or thunderstorm warnings issued by the Hong Kong Observatory before the Training, participants should report to the venue as scheduled. The Organisers will decide whether to proceed with the Training having regard to the weather conditions.

- (b) If Tropical Cyclone Warning Signal No. 3 or above, or the Red/Black Rainstorm Warning Signal is issued and remains in force three hours before the Selection Contest on Sunday, 26 April 2026, the Selection Contest on that day will be postponed to Sunday, 3 May 2026 at the same venue, with exact time to be confirmed. In the event of inclement weather such as persistent heavy rain or thunderstorm warnings issued by the Hong Kong Observatory before the Selection Contest, participants should report to the venue as scheduled. The Organisers will decide whether to proceed with the Selection Contest having regard to the weather conditions.
- (c) The Final will be cancelled if Tropical Cyclone Warning Signal No. 3 or above, or the Red/Black Rainstorm Warning Signal is issued and remains in force three hours before the Final. In the event of inclement weather such as persistent heavy rain and thunderstorm warnings issued by the Hong Kong Observatory before the Final, participants should report to the venue as scheduled. The Organisers will decide whether the Final should continue having regard to the weather conditions. **Should the Final be cancelled, a prize presentation will be held immediately based on the results of the Selection Contest.**
- (d) In the event of inclement weather such as persistent heavy rain or thunderstorm warnings issued by the Hong Kong Observatory during the events, the Organisers will maintain communication with the participants and keep them informed of their latest decisions and arrangements (including revised rules, if any) made in respect of the events.

10. Others

To protect the environment, participants are reminded to bring their own water bottles. Distilled water dispensers will be made available by the Organisers during the events.

**In case of any deficiency in these “Notes to Participants”,
the Organisers reserve the right to amend them at any time without further notice.**