

康樂及文化事務署

Leisure and Cultural Services Department

技工（泳灘／泳池） Artisan (Beach/ Swimming Pool)

技能測試內容

Contents of Trade Tests

技工（泳灘／泳池）的考核分為遴選面試及技能測試兩部份。

The assessment of Artisan (Beach/ Swimming Pool) [Ar(B/SP)] consists of two parts viz. selection interview and trade tests.

第一部分：遴選面試 Part I : Selection Interview

第二部分：技能測試 Part II : Trade Tests

如申請人在下列任何一個項目未能取得及格分數，將不獲本署考慮聘用為技工（泳灘／泳池）。

If an applicant fails to get a passing score in any of the following items, he or she will not be considered for appointment as Ar(B/SP).

體能測試 Physical Fitness Test

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| ● 搬運傷者測試
Towing test | 搬運救生假人至 10 公尺點
Tow a dummy and walk for 10 metres |
| ● 游泳測試
Swimming test | 以一向前泳式於 50 秒內游畢 50 公尺
Swim 50 metres within 50 seconds |

拯救及急救技術測試 Life-saving and First-aid Skill Test

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| ● 拯救法測試
Rescue test | 考畢游泳測試後需以仰頭泳式再游約 10 公尺，然後下潛至泳池底部搜尋一個沉於泳池底之模擬遇溺者假人，並以橫胸拖救法把假人溺者拖游至少 25 公尺
After the swimming test, swim about 10 metres and dive into the bottom of the swimming pool to search for a drowning victim and then tow the drowning victim using cross chest tow for at least 25 metres |
| ● 心肺復甦法測試
Cardiac Pulmonary Resuscitation (CPR) test | 以復甦安妮模型當作遇溺者，示範施行單人心肺復甦法
Undergo a CPR test by using Rescue Anne as a drowning victim |
| ● 對遇溺者嘔吐的處理、復原臥式及還原遇溺者
Action for vomit, recovery position and restoring a drowning victim | 兩名申請人一組，一個擔任救生員，另一個扮演遇溺者。擔任救生員的申請人須示範如何處理擔任遇溺者的申請人嘔吐的情況，完成後角色互換，並再次進行測試
Two candidates in a group. One of them as lifeguard while the other as drowning victim. The lifeguard applicant has to perform action for vomit and recovery position, etc. for the drowning victim applicant. The two applicants swap the roles and undergo the test again |