

**Organised by the Windsurfing Association of Hong Kong (WAHK)
Subvented by the Leisure and Cultural Services Department (LCSD)**

**Co-organised by the Education Bureau
School Sports Programme — Windsurfing**

Event Information

Brief Information	Type of Activity Sport Demonstration	Outreach Coaching Programme			Joint Schools Sports Training Programme
		Primary School Division: Introductory, Intermediate, Advanced and Refresher Training Course	Secondary School Division: Elementary and Refresher Training Course	School Team Training	
Target Group	Primary and secondary students	Primary school division: Students aged 8 or above Secondary school division: All students			Primary or secondary school students aged 8 or above with elementary certificate of windsurfing and recommendations from teachers or coaches
Content	Video on windsurfing development programme, introduction to the equipment, demonstration and play-in session	<p>Introductory/elementary and refresher training courses and school team training are a series of progressive courses.</p> <p>Schools are advised to arrange 6 continuous sessions (i.e. about 12 to 24 days' training) for introductory/elementary training courses. Coaches will assess participants' skills on the last day of the 6th session. Those who pass the assessment and obtained certificate can enrol for the course of the next higher level (i.e. refresher training course or school team training).</p> <p>Schools are advised to arrange school team members to receive 4 to 6 months' continuous training.</p>			<p>The course is to provide continuous and systematic training for students with potential in windsurfing. Veteran coaches assigned by the WAHK will provide continuous training to participants with a view to enhancing windsurfing standard among students. The course is divided into:</p> <ul style="list-style-type: none"> - Silver division; and - Gold division <p>Skill assessments will be conducted regularly by the WAHK. Participants who meet the requirements of the respective levels will be awarded certificate by the WAHK as a token of certification and encouragement.</p> <p>Outstanding participants will be selected by the WAHK to the Pre-development Youth Squad Team for further training and may be recruited to the national youth squad.</p>
Venue Requirement	Outdoor school venue, or covered playground or school hall with a ceiling of 17 feet high	The LCSD Water Sports Centres (WSC): <ul style="list-style-type: none"> - Jockey Club Wong Shek WSC - St. Stephen's Beach WSC - Stanley Main Beach WSC - Tai Mei Tuk WSC - Chong Hing WSC 			The LCSD WSC: <ul style="list-style-type: none"> - Stanley Main Beach WSC - Tai Mei Tuk WSC

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Fee	\$440 for the first 3 hours (\$60 for each 1-hour extension session on the same day)	Primary school division (* schools are advised to apply for courses 1 and 2 consecutively)			【Silver division】 Primary school division \$95 per training day, 10 days per course \$950 per course per participant
		Course(1)	* Introductory course (1 day) - \$460 per course		Secondary school division \$75 per training day, 10 days per course \$750 per course per participant
		Course(2)	* Intermediate course (1 day) - \$460 per course		
		Course(3)	* Advanced course (2 days) - \$920 per course		
		Course(4)	* Refresher course (2 days) - \$920 per course		
		Secondary school division			【Gold division】 \$60 per training day, 10 days per course \$600 per course per participant
		Course(5)	Elementary course (2 days) - \$975 per course		
		Course(6)	Refresher course (2 days) - \$975 per course		
		School team training			
		Course(7)	Primary/secondary school division (2 days) - \$1,280 per course		
Equipment to be Provided by Schools	Wireless microphone, TV set, video recorder and sound equipment	Not applicable			
Other Sports Equipment	Windsurfing Simulator (provided by the WAHK)	Surfboards and life jackets (Courses to be held in the LCSD venues will be provided with the equipment by the LCSD. However, if an activity is held in other venues, schools should liaise with the person in charge of the venues for the provision of the equipment.)			
Course Arrangement	Minimum 3 consecutive hours per demonstration (1 hour per session, 3 sessions in total; or 1.5 hours per session, 2 sessions in total)	Courses (1) and (2): 1 day per course, 7 hours per day	Courses (3) to (7): 2 days per course, 7 hours per day, 14 hours in total	7 hours per day for each training session and participants must enrol for at least 10 days	
Estimated No. of Participants per Course / Session	40-80 persons (20 students can be arranged to join the play-in session)	4 persons per class for primary school division (a maximum of 5 classes with 20 persons in total can be held concurrently) 5 persons per class for secondary school division (a maximum of 4 classes with 20 persons in total can be held concurrently)	8 persons per class for school teams of primary and secondary school divisions (a maximum of 3 classes with 24 persons in total can be held concurrently)	【Silver division】 - 5 persons per class for secondary school division - 4 persons per class for primary school division 【Gold division】 - 8 persons per class for primary and secondary school divisions	

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Proposed Date/Time	Monday to Friday - 9 am - 12:30 pm; or - 1 pm to 4:30 pm	Monday to Sunday: 9 am – 5 pm (preferably on Saturday, Sunday and school holidays) Remarks: – The Jockey Club Wong Shek WSC and St. Stephen’s Beach WSC (Closed on Tuesday) – Stanley Main Beach WSC and Tai Mei Tuk WSC (Closed on Wednesday) – Chong Hing WSC (Closed on Thursday)			To be fixed by the WAHK
Enrolment Form	Sport Demonstration Enrolment Form	Outreach Coaching Programme (Canoeing and Windsurfing) Enrolment Form			Joint Schools Windsurfing Training Programme Enrolment Form
Enrolment Method	Fill in the enrolment form, which can be downloaded from the LCSD homepage. The duly completed form, together with a cheque or cheques for payment of the enrolment fee (a separate cheque for \$440 for the first 3 sessions and \$60 for each 1-hour extension session on the same day) payable to the “Windsurfing Association of Hong Kong” and with the school name marked clearly on the back, should be sent to the following address by post.	<ol style="list-style-type: none"> Fill in the enrolment form, which can be downloaded from the LCSD homepage. The duly completed form for each course/activity, together with a cheque (payable to the “Windsurfing Association of Hong Kong” and with the school name marked clearly on the back) for full payment of the course/activity fee, should be sent to the following address by post. Should any school cancel the activity after the WAHK has arranged coaches according to its application, the WAHK will deduct an administrative fee of \$236 from the payment of the enrolment fee and return the balance to the school direct. 			<ol style="list-style-type: none"> Students who have obtained written recommendation from coaches / school teachers can enrol for the course. The completed form, together with a copy of students’ identification document and the written recommendation from coaches / school teachers, and a crossed cheque payable to “Windsurfing Association of Hong Kong” for payment of the enrolment fee, should be sent to the following address by post. Please write “Joint Schools Windsurfing Training Programme” on the envelope. The LCSD will return the cheques to the unsuccessful applicants. Please refer to the separate event information and enrolment form for details.
	<ul style="list-style-type: none"> Please send the completed form(s) together with the cheque(s) to: School Sports Programme Unit, 1/F, Leisure and Cultural Services Headquarters, 1-3 Pai Tau Street, Sha Tin. Schools should submit their enrolment forms before the respective deadlines, otherwise their applications may not be processed on time. If the activity cannot be arranged, the cheque(s) for payment of the enrolment fee will be returned to the school concerned. 				

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Enquiries / Website	2601 7602 / http://www.lcsd.gov.hk					

Notes: 1. The WAHK and the LCSd will hold a “Joint Schools Windsurfing Competition” at the Stanley Main Beach WSC in October 2007, which is to enhance students’ interest and skills in windsurfing. Students who have joined the “Joint Schools Windsurfing Training Programme” are welcome to participate in the Competition. Enrolment details will be announced later.

2. Schools are advised to delegate a person-in-charge aged 18 or above or a teacher to oversee the activity.

3. If courses under the Outreach Coaching Programme are conducted in venues arranged by schools, please note that:

primary students should be provided with Windgliders on the first two days of the course and Long Boards or Aloha/ Hi-fly Matrix/ Techno 293 OD/ IMCO Board for the rest of the course.

4. Students should purchase windsurfing log books (\$30 each) from the WAHK to record their performance. Enquiries can be made to the coaches on the first day of the activity.

5. All students who participate in windsurfing courses must be able to swim 50 metres with clothes on.