

**Organised by the Hong Kong Chinese Martial Arts Dragon and  
Lion Dance Association (HKCMADLDA)  
Subvented by the Leisure and Cultural Services Department (LCSD)  
Co-organised by the Education Bureau  
School Sports Programme — Dragon Dance**

**Event Information**

Type of Activity Brief Information	Easy Sport Programme
Target Group	Primary 5 or primary 6 students
Content	Basic techniques of dragon dance
Venue Requirement	School hall or covered playground (about the size of a basketball court)
Fee	\$1,050 per course
Equipment to be Provided by Schools	Schools may buy a small dragon and a dragon ball on their own for practice (schools may borrow the required equipment from the LCSD for a school term of about 6 months if they cannot purchase the equipment for students)
Course Arrangement	2 hours per lesson, 10 hours in total (5 lessons)
Maximum No. of Participants per Class	30 persons
Proposed Date / Time	Monday to Friday: 8 am – 6 pm Saturday: 8 am – 1 pm
Enrolment Form	Easy Sport Programme Enrolment Form
Enrolment Method	<ol style="list-style-type: none"> <li>1. Fill in the enrolment form, which can be downloaded from the LCSD homepage. The duly completed form for each course, together with a cheque (payable to the “Hong Kong Chinese Martial Arts Dragon and Lion Dance Association Limited” and with the school name marked clearly on the back) for full payment of the course fee, should be sent to the following address by post.</li> <li>2. If the activity cannot be arranged, the cheque(s) for payment of the enrolment fee will be returned to the school concerned.</li> <li>3. Should any school decide to cancel the activity after the HKCMADLDA has arranged coaches according to its application, the cheque of payment of the enrolment fee will be referred to the HKCMADLDA, which then will deduct an administrative fee of \$236 from the payment and return the balance to the school direct.</li> </ol>

Type of Activity	Easy Sport Programme
Brief Information	<ul style="list-style-type: none"> <li>● Please send the completed form(s) together with the cheque(s) to: School Sports Programme Unit, 1/F, Leisure and Cultural Services Headquarters, 1-3 Pai Tau Street, Sha Tin.</li> <li>● Schools should submit their enrolment forms before the respective deadlines, otherwise their applications may not be processed by the LCSD on time. If the activity cannot be arranged, the cheque(s) for payment of the enrolment fee will be returned to the school concerned.</li> </ul>
Enquiries / Website	2601 7602/ <a href="http://www.lcsd.gov.hk">http://www.lcsd.gov.hk</a>

- Notes:
1. Schools are advised to delegate a person-in-charge aged 18 or above or a teacher to oversee the activity.
  2. To encourage students' active and persistent participation in sports, schools participating in the Easy Sport Programme are recommended to apply for continuous training covering a school term (about 6 months) for the same group of students in accordance with the set-up of the course. Coaches will assess students' performance regularly.
  3. Students should put on appropriate sportswear and sports shoes during lessons.
  4. "The Inter-school Easy Sport Competition – Dragon Dance Competition" is held annually under this programme. Participants receiving training under this programme are welcome to participate in the Competition. Schools can achieve the aim of training up students and enhancing their interest and skills in Dragon Dance by exposing them to contests and exchanges in the Competition. Enrolment details will be announced later.