

**Organised by the Hong Kong DanceSport Association Limited (HKDSA)**  
**Subvented by the Leisure and Cultural Services Department (LCSD)**  
**Co-organised by the Education Bureau**  
**School Sports Programme — DanceSport**  
**Event Information**

Type of Activity Brief Information	Sport Demonstration	Easy Sport Programme	Outreach Coaching Programme	Joint Schools Sports Training Programme
Target Group	Primary and secondary school students	Primary school students	Primary and secondary school students	Primary and secondary school students aged between 8 & 18 who have received DanceSport training
Content	Session include: - Introduction to DanceSport - Demonstration of basic techniques - Play-in section.	Course include training in Latin Dances: - basic body movements - basic steps - basic tempo - basic steps combinations  After completion, school may apply for the Outreach Coaching Programme (elementary level) for students who pass the assessment ( <i>See Note 5</i> ).	Programme divide into elementary, intermediate and advanced* levels, which are based on HKDSA's badges (bronze/silver/gold) award scheme.  Course include training in Latin Dances (all levels) and Standard Dances (advanced level): - poise and holds - footwork - music and tempo - alignment.  After completion, school may apply for course of the next level for students who pass the assessment ( <i>See Note 5</i> ).  * may treat as training for school team	Programme divide into 3 levels.  Course include: - in-depth continuous training in specialized areas - enhancement of individual techniques in specialized areas.  Aim in training students for local competitions. Diligent students with potential may be selected by HKDSA to join the National Youth Squad for further training.  In case of over enrolment, holders of certificates of Easy Sport and Outreach Coaching Programmes have priority as follows: 1. holders of Outreach Coaching Programme (Gold Badge) certificates 2. holders of Outreach Coaching Programme (Silver Badge) certificates 3. holders of Outreach Coaching Programme (Bronze Badge) certificates 4. holders of Easy

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				<i>Sport Programme certificates</i> 5. <i>applicants pass the test on selection day</i>
Venue Requirement	School hall or covered playground (preferably with wooden flooring and fitted mirrors) or activity room or dance room of LCSD sports centres booked by school concerned			Not applicable
Fee	'Session' as application unit; HK\$195 per session	'Course' as application unit; HK\$960 per course	'Course' as application unit; elementary/ intermediate level at HK\$1,860 per course; advanced level at HK\$2,340 per course	'Course' as application unit; amount to be determined for each course (please refer individual programme enrolment information)
Equipment to be Provided by Schools	TV set or large projector with DVD player; sound system with CD or MD player; and extension unit	Sound system with CD or MD player; and extension unit		Not applicable

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Course Arrangement	2 hours per session	6 lessons per course and 1.5 hours per lesson (9 hours in total)	Course for each level includes 2 phases with 8 lessons each phase and 2 hours per lesson (16 hours in total); 32 hours for 2 phases.	48 lessons for course of each level and 2 hours per lesson. (96 hours in total)
Maximum No. of Participants per Session / Course	80	30	30 for elementary / intermediate level; 20 for advanced level	30
Proposed Date / Time	Monday to Saturday (9 a.m. – 5:30 p.m.)			To be determined by LCSD. (please refer programme enrolment information for detail)
Badges Award Scheme	Not applicable	Easy Sport Badges (Note 5)	Gold / Silver / Bronze Badges (Note 5)	Not applicable
Enrolment Form	Sport Demonstration Enrolment Form	Easy Sport Programme Enrolment Form	Outreach Coaching Programme Enrolment Form	Joint Schools DanceSport Training Programme Enrolment Form
Enrolment Method	Fill in the enrolment form, which can be downloaded from the LCSD homepage. The duly completed form, together with cheque(s) for payment of the enrolment fee (a separate cheque for \$195 for each session applied) payable to the “Hong Kong DanceSport Association Limited” and with the school name marked clearly on the back, should be sent to the following address by post.	<ol style="list-style-type: none"> <li>Fill in the enrolment form, which can be downloaded from the LCSD homepage. The duly completed form for each course/activity, together with a cheque (payable to the “Hong Kong DanceSport Association Limited” and with the school name marked clearly on the back) for full payment of the course/activity fee, should be sent to the following address by post.</li> <li>Should any school cancel the activity after the HKDSA has arranged coaches according to its application, the HKDSA will deduct an administrative fee of \$236 from the payment of the enrolment fee and return the balance to the school direct.</li> </ol>		Please refer to the separate event information for details.
	<ul style="list-style-type: none"> <li>Please send the completed form(s) together with the cheque(s) to: School Sports Programme Unit, 1/F, Leisure and Cultural Services Headquarters, 1-3 Pai Tau Street, Sha Tin.</li> <li>Schools should submit their enrolment forms before the respective deadlines, otherwise their applications may not be processed by the LCSD on time. If the activity cannot be arranged, the cheque(s) attached for payment of the enrolment fee will be returned to the school concerned.</li> </ul>			
Enquiries / Website	2601 7602 / <a href="http://www.lcsd.gov.hk">http://www.lcsd.gov.hk</a>			

Notes: 1. Schools should delegate a person-in-charge aged 18 or above or a teacher to oversee the activity.

2. Applications for Outreach Coaching Programme should specify the level (elementary/intermediate/advanced or school/non-school team) applied for.
3. To encourage students' active and persistent participation in sports, schools participating in Outreach Coaching Programme are recommended to apply for courses covering a school term (about 6 months) for the same group of students, which assist coaches in assessing students' performance progress.
4. Attire Requirements: Students performing as 'male' steps should wear shirts, trousers and leather shoes while students performing as "female" steps should wear flared skirts or accordion pleats skirts (flared school dresses will do) and shoes with heels during lessons.
5. Participants of Easy Sport, Outreach Coaching and Joint Schools Sports Training Programmes will be assessed, according to the training details, by coaches by the end of the courses. Participants of Easy Sport Programme who meet the required standard will be awarded certificates and badges by LCSD free of charge. Participants of Outreach Coaching who meet the required standard may purchase the respective certificates and badges from the HKDSA, at HK\$40 each level. Participants of Joint Schools Sports Training Programme who meet the required standard will be awarded certificates by LCSD free of charge. In addition, a "Badge Award Assessment Day" will be organized annually by LCSD and HKDSA. Date and enrolment details of the Assessment Day will be announced later.
6. The Sport Captain Programme is available for danceSport. Please refer to the event information and introduction for details.
7. As the aim of participating in training courses, include under this programme is the "Inter-Schools DanceSport Championships", which is held annually. Students participate in courses under this programme are welcome to enter the competition, through which students may share their knowledge and enhance their DanceSport techniques. Enrolment details will be announced later.