

**Organised by the Hong Kong Canoe Union (HKCU)**  
**Subvented by the Leisure and Cultural Services Department (LCSD)**  
**Co-organised by the Education Bureau**  
**School Sports Programme — Canoeing**  
**Event Information**

Type of Activity   Brief Information	Easy Sport Programme	Outreach Coaching Programme				
	Junior Canoeing Training Course	Non-School Team Training			School Team Training	
	Introductory to Advanced	Elementary Canoeing Training Course	Intermediate Canoeing Training Course			
Stars 1 to 3		Bronze Badge	Silver and Gold Badges			
Target Group	Primary students (aged 8 – 13)	Secondary students				
Venue Requirement	<ol style="list-style-type: none"> <li>The LCSD Water Sports Centres (See Remark 1 for details) <ul style="list-style-type: none"> <li>Opening hours: 9 am – 5 pm</li> <li>The Jockey Club Wong Shek Water Sports Centre and St. Stephen's Beach Water Sports Centre (closed on Tuesday)</li> <li>Tai Mei Tuk Water Sports Centre and Stanley Main Beach Water Sports Centre (closed on Wednesday)</li> <li>Chong Hing Water Sports Centre (closed on Thursday)</li> <li>All Water Sports Centres are closed on the 1st, 2nd and 3rd day of the Lunar New Year.</li> </ul> </li> <li>The community sports clubs (CSCs) under the HKCU (See Remark 2 for details) <ul style="list-style-type: none"> <li>Dolphin Canoe Club and Tuen Mun Canoe Club - Opening hours: Monday to Sunday: 9 am – 5 pm</li> </ul> </li> <li>Sha Tin Training Centre of the HKCU (See Remark 3 for details) <ul style="list-style-type: none"> <li>Opening hours: Monday to Saturday: 9 am – 8 pm; Sunday: 9 am – 5 pm</li> </ul> </li> </ol>					
Fee	(a) Venues provided by the LCSD	\$420 per course	\$568 per course	\$656 per course	\$1,240 per course	\$1,128 for a 12-hour course \$1,488 for a 16-hour course
	(b) Venue: the CSCs under the HKCU	\$408 per course	\$526 per course	\$606 per course	\$998 per course	\$886 for a 12-hour course \$1,110 for a 16-hour course
	(c) Venues arranged by schools	\$258 per course	\$376 per course	\$456 per course	\$848 per course	\$736 for a 12-hour course \$960 for a 16-hour course
Course Arrangement	The course is divided into the following 5 stages: 1. Starfish Award 2. Sea Horse Award 3. Seal Award 4. Sea Lion Award 5. Walrus Award	Each star badge training course lasts for 1 day (7 hours in total). (Schools can apply for more than 1 course)	1-day course (7 hours in total)	2-day course (14 hours in total)	4 days per course (3 to 4 hours each day, each course of not more than 16 hours)  Each school can	



Remarks:

1. The LCSD Water Sports Centres are namely Chong Hing and the Jockey Club Wong Shek Water Sports Centres in Sai Kung, Tai Mei Tuk Water Sport Centre in Tai Po; St. Stephen's Beach Water Sports Centre and the Stanley Main Beach Water Sports Centre on Hong Kong Island. *Please refer to item (a) in the "Fee" column.*
2. If a school chooses the CSCs under the HKCU as its training venue, it must contact the respective CSCs for reservation of the venue before submitting the enrolment form to the LCSD for coach arrangement. Details of contact and activity venues are as follows: *Please refer to item (b) in the "Fee" column.*

CSCs	Dolphin Canoe Club	Tuen Mun Canoe Club
Tel. No.	2714 1467 / 6122 4115	9654 5598
Fax No.	2714 1171	2430 0330
Activity Venue	Tai Wan Village, Sai Kung	Cafeteria Old Beach, Tuen Mun

3. If a school chooses the Sha Tin Training Centre of the HKCU as its training venue, it must hire canoes from the Centre at its own expense before submitting the enrolment form to the LCSD for coach arrangement. (For enquiries concerning hiring, please call the Secretariat of the HKCU at 2504 8186). *Please refer to item (c) in the "Fee" column.*

Notes:

1. Easy Sport Programme – starfish, sea horse, seal, sea lion and walrus badges are a series of progressive courses. Students must pass the assessment for the course of lower level before proceeding to higher level.
2. Outreach Coaching Programme – elementary and intermediate canoeing training courses and school team training are a series of progressive courses. Students must pass the assessment for the course of lower level before proceeding to higher level. After completion of the elementary and intermediate training courses, each school can apply for 4 to 6 months' school team training for a maximum of 16 students. Coaches will assess team members' skills regularly.
3. Schools must arrange their own transport.
4. Schools can arrange training dates on their own.
5. Participants should purchase a sailing log book from the coaches assigned by the HKCU. (Log books for junior canoeing training course, Stars 1 to 3 training courses and the intermediate training course cost \$15, \$20 and \$30 respectively.)
6. Students who participate in canoeing activities must be able to swim 50 metres with clothes on.
7. Schools are advised to delegate a person-in-charge aged 18 or above or a teacher to oversee the activity.
8. Parents are welcome to accompany students in guided tours.