

Leisure and Cultural Services Department

Skatepark – Players’ Guide

Before entering the Skatepark, you must read the important notes below thoroughly:

Protective Gear and Attire

1. All players must wear a head-protected safety **helmet** when riding in Skatepark. Helmets should have safety stripes and fit snuggly.

Sample of Helmet



Freestyle BMX



Skateboarding



Aggressive Inline Skating



2. All players must wear **appropriate shoes**. Bare feet or sandals are not allowed.
3. Wearing additional safety equipment such as **elbow pads, knee pads and wrist guards**, etc. are also recommended.

Sample of Elbow pads



Sample of Knee pads



Sample of Wrist guards



Use of Skatepark

4. This Skatepark is open for freestyle BMX, skateboarding and aggressive inline skating activities only.
5. All freestyle BMX cyclists, skateboarders and aggressive inline-skaters should be at least 8 years old. Adult supervision is recommended for young players below the age of 12.
6. All players are advised that they must assess their ability to use the Skatepark. They must have basic controlling skills of the gears and should never attempt to ride in Skatepark before learning to balance, turn and stop the freestyle BMX / skateboard/aggressive inline skates with control.
7. All players use/skate at the facility at their own risk as extreme sports can be dangerous and may cause serious injury.

Before you play

8. Players should check freestyle BMX bicycles/skateboards/aggressive inline skates regularly for wear and tear and make sure that wheels are fastened and in safe playing condition.

Freestyle BMX Bicycle



Skateboard



Aggressive Inline Skates



9. Players are advised to do adequate warm up exercise before use.
10. Inspect all equipment before riding or using it.

When you are playing

11. There should only be one person per BMX bicycle/skateboard.
12. Beware of all park rules and posted signs. Do not ride in crowded areas or areas where riding is prohibited.
13. Ride under control at all times. Do not attempt any maneuvers where you will not be able to avoid objects or other players if you happen to lose control while riding.
14. Players should watch out for any surface problems caused by wear and tear or obstacles on the track.
15. Learn to fall safely. Players are recommended to:-
 - crouch down on the skateboard when losing balance to ensure a short fall.
 - land on fleshy parts of body when falling.
 - roll as you fall to prevent your arms from absorbing all the impact.
 - relax rather than remaining stiff when falling.

Etiquette

16. Pay attention that you are not the only player riding in the Skatepark. You must be aware of other players around you as well as others who are using the Skatepark before you begin.
17. Simultaneous use of the same piece of structure/play equipment by freestyle BMX riders/skateboarders/ aggressive in-line skaters is not allowed for players' safety.
18. When dropping in or riding in the park, be sure to give way to other players and communicate with those around you to avoid possible collisions.
19. Do not stay, sit or stand where other players may want to ride. Be aware that most of the Skatepark area has been designed for riding. Stay visible to other players, and do not hang your skateboard / BMX / inline skate over edges and coping until it is your turn to ride. When resting or waiting for your turn, keep to the perimeter of the Skatepark and stay out of the way of other players.

Assistance

20. If any assistance required, please contact the venue staff immediately.