

The 43rd Yuen Long District Athletic Meet**(updated on 26.10.2018)****Event Schedule**

| Day 1 3/11/2018(Sat) 1300—1800 | | | | | | | | |
|--|-----------------|-----------|-----------|-----------|--------------|-----------|-----------|-----------|
| Venue: Tin Shui Wai Sports Ground | | | | | | | | |
| Time | Men | | | | Women | | | |
| | MA | MB | ME | MF | FA | FB | FE | FF |
| 1300 | Registration | | | | | | | |
| 1315 | Event Enrolment | | | | | | | |
| 1330 | High Jump | Long Jump | 60M(P) | 60M(P) | Javelin | Javelin | 60M(P) | 60M(P) |
| 1400 | Javelin | Javelin | 400M(F) | | Long Jump | High Jump | 400M(F) | |
| 1430 | Shot Put | Shot Put | Softball | Long Jump | High Jump | | | |
| 1500 | | | 60M(F) | 60M(F) | | | High Jump | |
| 1530 | | | | | | Long Jump | 60M(F) | 60M(F) |
| 1600 | | | | | Shot Put | | Softball | Long Jump |
| 1700 | 200M(F) | 200M(F) | 200M(P) | Softball | | | | |
| | Long Jump | | Long Jump | | 200M(F) | 200M(F) | 200M(P) | |

| Day 2 4/11/2018(Sun) 0900—1800 | | | | | | | Venue: Tin Shui Wai Sports Ground | | | | | |
|--------------------------------|---|-----------------|-----------------|-----------------|------------|------------|-----------------------------------|-----------------|-----------------|-----------------|------------|------------|
| Time | Men | | | | | | Women | | | | | |
| | MA | MB | MC | MD | ME | MF | FA | FB | FC | FD | FE | FF |
| 0830 | Registration | | | | | | | | | | | |
| 0845 | AM Event Enrolment | | | | | | | | | | | |
| 0900 | 5000M (F) | | | | | | 5000M (F) | | | | | |
| | | | Javelin | Javelin | High Jump | | | | | Shot Put | Long Jump | |
| 0945 | 100M (F) | 100M (P) | 100M (P) | 100M (P) | 100M (P) | 100M (P) | 100M (F) | 100M (F) | 100M (P) | 100M (P) | 100M (P) | 100M (P) |
| | | | | Shot Put | | | | | Javelin | Javelin | | |
| 1030 | Ceremony & Men Youth (C) Relay 4x100M (F) | | | | | | | | | | | |
| 1100 | 800M(F) | 800M(F) | 800M(F) | 800M(F) | | | 800M(F) | 800M(F) | 800M(F) | 800M(F) | | |
| | | | | | | | | | Long Jump | | | |
| 1130 | 400M (F) | 400M (F) | 400M (F) | 400M (F) | | | 400M (F) | | 400M (F) | 400M (F) | | |
| | | | Shot Put | | | | | | | High Jump | | Softball |
| 1215 | 4x100M (F) | | Long Jump | 4x100M (F) | 4x100M (F) | 4x100M (F) | 4x100M (F) | | 4x100M (F) | 4x100M (F) | 4x100M (F) | 4x100M (F) |
| 1300 | Meal Break | | | | | | | | | | | |
| 1345 | PM Event Enrolment | | | | | | | | | | | |
| 1400 | | 100M (F) | 100M (F) | 100M (F) | 100M (F) | 100M (F) | | | 100M (F) | 100M (F) | 100M (F) | 100M (F) |
| | | | | Long Jump | | | | | | | | |
| 1415 | 110m Hurdle (F) | 110m Hurdle (F) | 110m Hurdle (F) | 100m Hurdle (F) | | | | 100m Hurdle (F) | 100m Hurdle (F) | 100m Hurdle (F) | | |
| 1445 | Triple Jump | | | High Jump | | | | | Shot Put | | | |
| 1510 | | | 200M (P) | 200M (P) | | | | | 200M (P) | 200M (P) | | |
| 1530 | 1500M (F) | 1500M (F) | 1500M (F) | 1500M (F) | | | 1500M (F) | 1500M (F) | 1500M (F) | 1500M (F) | | |
| | | | High Jump | | | | | | | Long Jump | | |
| 1630 | | | 200M (F) | 200M (F) | 200M (F) | | | | 200M (F) | 200M (F) | 200M (F) | |
| | | | | | | | | | High Jump | | | |
| 1645 | | | 4x400M (F) | 4x400M (F) | 4x400M (F) | | 4x400M (F) | | 4x400M (F) | 4x400M (F) | 4x400M (F) | |