**School Sports Programme – Badges Award Scheme**

**Wushu Badges Assessment**

**Record of Assessment by Coach**

|  |
| --- |
| **Name of School:** **Course code of application: Date of test:**  |

The objective of this assessment is not about outcomes or results, but to enable the coach or teacher to understand students’ progress through the test so as to correct and encourage them.

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  Result: Name of Player: | **Level** **One** | **Level** **Two** | **Level** **Three** | **Level** **Four** | **Level** **Five** | **Level** **Six** | **Level** **Seven** | **Level** **Eight** | **Level** **Nine** |
| **Hand Forms,****stances****and****hand techniques** | **Leg techniques (1)** | **Leg techniques (2)** | **Practice on movement combinations** | **Five types** **of stance** **combinations** | **Practice on movement combinations, leg techniques and jumping**  | **Practice on movements for running, stepping, and jumping**  | **Leg** **techniques** **for jumping****movements (1)** | **Leg** **techniques** **for jumping****movements (2)** |
| **1.** |  |  |  |  |  |  |  |  |  |
| **2.** |  |  |  |  |  |  |  |  |  |
| **3.** |  |  |  |  |  |  |  |  |  |
| **4.** |  |  |  |  |  |  |  |  |  |
| **5.** |  |  |  |  |  |  |  |  |  |
| **6.** |  |  |  |  |  |  |  |  |  |
| **7.** |  |  |  |  |  |  |  |  |  |
| **8.** |  |  |  |  |  |  |  |  |  |
| **9.** |  |  |  |  |  |  |  |  |  |
| **10.** |  |  |  |  |  |  |  |  |  |
| **11.** |  |  |  |  |  |  |  |  |  |
| **12.** |  |  |  |  |  |  |  |  |  |
| **13.** |  |  |  |  |  |  |  |  |  |
| **14.** |  |  |  |  |  |  |  |  |  |
| **15.** |  |  |  |  |  |  |  |  |  |
| **16.** |  |  |  |  |  |  |  |  |  |
| **17.** |  |  |  |  |  |  |  |  |  |
| **18.** |  |  |  |  |  |  |  |  |  |
| **19.** |  |  |  |  |  |  |  |  |  |
| **20.** |  |  |  |  |  |  |  |  |  |

|  |
| --- |
| **Assessment method:** Please fill in the box with “✓” to indicate “achieved” or “⭘” to indicate “unachieved” for the assessment standard. |
| **Rating standard:** Trainees must complete more than 50% of movements for each level to pass this assessment. They will then be recommended by the coach to participate in the test day of Youth Wushu Badges Scheme organised by the Hong Kong Wushu Union to obtain the relevant badges officially. |

|  |  |  |  |
| --- | --- | --- | --- |
| Name of Coach: |  | Signature of Coach: |  |
|  |  |  |  |
| Date: |  |  |  |