中提琴教學大綱

Syllabus for Viola

				Scales and arpeggios
Grade		Pieces/ Publisher	Studies/Publisher	(must be played from memory)
	1.	String Builder for Viola Book 1		F major scale + arpeggio (1 octave)
		(Alfred Music)		G major scale + arpeggio (1 octave)
	2.	Suzuki Viola Method Book 1		
		(Alfred-Summy-Birchard 0241S)		*For scales: separate bows and slurred
	3.	More Time Pieces for Viola, Vol. 1,		[2 quavers to a bow]
Flowentow, 1		arr. Lamb and Meredith (ABRSM)		*For arpeggios: separate bow only
Elementary 1		- Byrd La Volta, arr. Lamb &		
		Meredith		
		- Elgar Pomp and		
		Circumstance March No. 4,		
		Op. 39 No. 4, arr. Lamb &		
		Meredith		
	1.	More Time Pieces for Viola, Vol. 1,	Wohlfahrt: 60 Studies	C major scale + arpeggio (2 octaves)
		arr. Lamb and Meredith (ABRSM)	Op. 45: Nos. 1, 3, 4	D major scale + arpeggio (2 octaves)
		- Stravinsky Shrove-Tide Fair	(全音樂譜出版社 or	G minor scale (harmonic or melodic) +
		Themes (from Petrushka), arr.	International Music	arpeggio) (1 octave)
		Lamb & Meredith	Company)	
		- J.S. Bach Rondeau (from		*For scales: separate bows and slurred
		Orchestral Suite in B minor,		[2 quavers to a bow]
Elementary 2		BWV 1067)		*For arpeggios: separate bow only
	2.	Suzuki Viola Method Book I		
		(Alfred-Summy-Birchard 0241S)		
		- J.S. Bach Minuet		
		No. 1, No. 2 & No. 3		
		- No. 11 Allegretto		
		- No. 14 Etude		
		- No. 18 The Happy Farmer		
	1.	More Time Pieces for Viola, Vol. 1,	Wohlfahrt: 60 Studies	E-flat major scale + arpeggio (2 octave)
		arr. Lamb and Meredith (ABRSM)	Op. 45: Nos. 7, 9, 14,	G major scale + arpeggio (2 octaves)
		- Tchaikovsky Waltz (from The	16, 31	G minor scale + arpeggio (minor harmonic
		Sleeping Beauty, Op. 66), arr.	(全音樂譜出版社 or	or melodic) (2 octaves)
		Lamb & Meredith	International Music	D minor scale + arpeggio (minor harmonic
		- Gershwin I got plenty	Company)	or melodic) (2 octaves)
Intermediate 1		o'nuttin' (from Porgy and		
		Bess), arr. Lamb & Meredith		*For scales: separate bows and slurred
	2.	Suzuki Viola Method Book II		[2 quavers to a bow]
		(Alfred–Summy-Birchard 0242S)		*For arpeggios: separate bows and slurred
		- Handel Chorus from "Judas		[3 notes to a bow]
		Maccabaeus"		

		- Weber Hunter's Chorus		Chromatic scales:
		- Brahms Waltz		Staring on G (1 octave, separate bow only)
		- Paganini Theme from		
		-		
		"Witches' Dance"		
		- Boccherini Minuet		
	1.	More Time Pieces for Viola, Vol. 2,	Wohlfahrt: 60 Studies	E major scale + arpeggio (2 octaves)
		arr. Lamb and Meredith (ABRSM)	Op. 45: Nos. 21, 34, 42,	D-flat major scale + arpeggio (2 octaves)
		- Verdi Chorus of the Hebrew	44	F major scale + arpeggio (2 octaves)
		Slaves (from Nabucco), arr.	(全音樂譜出版社 or	F minor scale + arpeggio (minor harmonic
		Lamb & Meredith	International Music	or melodic) (2 octaves)
		- Gardel Por una cabeza, arr.	Company)	E minor scale + arpeggio (minor harmonic
		Lamb & Meredith		or melodic) (2 octaves)
	2.	Suzuki Viola Method Book III	Kayser: 36 Elementary	
		(Alfred–Summy-Birchard 0243S)	and Progressive Studies	*For scales: separate bows and slurred
		- No.1 Gavotte	Op. 20: No. 1	[2 crotchet beats to a bow]
Intermediate 2		- No. 4 Humoresque	(International Music	*For arpeggios: separate bows and slurred
		- No. 6 Minuet in D, K439B	(company)	[3 notes to a bow]
		- No. 8 Bourree	company	
				Chromatic scales:
				Starting on A (1 octave, separate bows and
				slurred [4 notes to a bow])
				Dominant 7 th :
				Dominant 7th: Key of F, Key of G (1 octave, separate bow
	1	More Time Pieces for Viola Val 2	Kausar: 26 Elementary	Dominant 7th: Key of F, Key of G (1 octave, separate bow only)
	1.	More Time Pieces for Viola, Vol. 2,	Kayser: 36 Elementary	Dominant 7 th : Key of F, Key of G (1 octave, separate bow only) A major scale + arpeggio (2 octaves)
	1.	arr. Lamb and Meredith (ABRSM)	and Progressive Studies	Dominant 7 th : Key of F, Key of G (1 octave, separate bow only) A major scale + arpeggio (2 octaves) C major scale + arpeggio (3 octaves)
	1.	arr. Lamb and Meredith (ABRSM) - Haydn Hungarian Rondo	and Progressive Studies Op. 20: Nos. 5, 7, 13	Dominant 7 th : Key of F, Key of G (1 octave, separate bow only) A major scale + arpeggio (2 octaves) C major scale + arpeggio (3 octaves) A minor scale + arpeggio (minor harmonic
	1.	arr. Lamb and Meredith (ABRSM) - Haydn Hungarian Rondo (from Piano Trio, Hob. XV:25),	and Progressive Studies Op. 20: Nos. 5, 7, 13 (International Music	Dominant 7 th : Key of F, Key of G (1 octave, separate bow only) A major scale + arpeggio (2 octaves) C major scale + arpeggio (3 octaves) A minor scale + arpeggio (minor harmonic or melodic) (2 octaves)
	1.	 arr. Lamb and Meredith (ABRSM) Haydn Hungarian Rondo (from Piano Trio, Hob. XV:25), arr. Lamb & Meredith 	and Progressive Studies Op. 20: Nos. 5, 7, 13	Dominant 7 th : Key of F, Key of G (1 octave, separate bow only) A major scale + arpeggio (2 octaves) C major scale + arpeggio (3 octaves) A minor scale + arpeggio (minor harmonic or melodic) (2 octaves) C minor scale + arpeggio (minor harmonic
	1.	arr. Lamb and Meredith (ABRSM) - Haydn Hungarian Rondo (from Piano Trio, Hob. XV:25),	and Progressive Studies Op. 20: Nos. 5, 7, 13 (International Music	Dominant 7 th : Key of F, Key of G (1 octave, separate bow only) A major scale + arpeggio (2 octaves) C major scale + arpeggio (3 octaves) A minor scale + arpeggio (minor harmonic or melodic) (2 octaves)
	1.	 arr. Lamb and Meredith (ABRSM) Haydn Hungarian Rondo (from Piano Trio, Hob. XV:25), arr. Lamb & Meredith 	and Progressive Studies Op. 20: Nos. 5, 7, 13 (International Music	Dominant 7 th : Key of F, Key of G (1 octave, separate bow only) A major scale + arpeggio (2 octaves) C major scale + arpeggio (3 octaves) A minor scale + arpeggio (minor harmonic or melodic) (2 octaves) C minor scale + arpeggio (minor harmonic
	1.	 arr. Lamb and Meredith (ABRSM) Haydn Hungarian Rondo (from Piano Trio, Hob. XV:25), arr. Lamb & Meredith Schumann Dedication No.1 	and Progressive Studies Op. 20: Nos. 5, 7, 13 (International Music Company)	Dominant 7 th : Key of F, Key of G (1 octave, separate bow only) A major scale + arpeggio (2 octaves) C major scale + arpeggio (3 octaves) A minor scale + arpeggio (minor harmonic or melodic) (2 octaves) C minor scale + arpeggio (minor harmonic
	1.	 arr. Lamb and Meredith (ABRSM) Haydn Hungarian Rondo (from Piano Trio, Hob. XV:25), arr. Lamb & Meredith Schumann Dedication No.1 from Myrthen, Op.25 	and Progressive Studies Op. 20: Nos. 5, 7, 13 (International Music Company) Wohlfahrt: 60 Studies	Dominant 7 th : Key of F, Key of G (1 octave, separate bow only) A major scale + arpeggio (2 octaves) C major scale + arpeggio (3 octaves) A minor scale + arpeggio (minor harmonic or melodic) (2 octaves) C minor scale + arpeggio (minor harmonic or melodic) (3 octaves)
Intermediate 3	1.	 arr. Lamb and Meredith (ABRSM) Haydn Hungarian Rondo (from Piano Trio, Hob. XV:25), arr. Lamb & Meredith Schumann Dedication No.1 from Myrthen, Op.25 Prokofiev The Montagues 	and Progressive Studies Op. 20: Nos. 5, 7, 13 (<i>International Music</i> <i>Company</i>) Wohlfahrt: 60 Studies Op. 45: Nos. 47, 50	Dominant 7 th : Key of F, Key of G (1 octave, separate bow only) A major scale + arpeggio (2 octaves) C major scale + arpeggio (3 octaves) A minor scale + arpeggio (minor harmonic or melodic) (2 octaves) C minor scale + arpeggio (minor harmonic or melodic) (3 octaves) *For scales: separate bows and slurred
Intermediate 3	1.	 arr. Lamb and Meredith (ABRSM) Haydn Hungarian Rondo (from Piano Trio, Hob. XV:25), arr. Lamb & Meredith Schumann Dedication No.1 from Myrthen, Op.25 Prokofiev The Montagues and the Capulets (from 	and Progressive Studies Op. 20: Nos. 5, 7, 13 (<i>International Music</i> <i>Company</i>) Wohlfahrt: 60 Studies Op. 45: Nos. 47, 50 (全音樂譜出版社 or	Dominant 7 th : Key of F, Key of G (1 octave, separate bow only) A major scale + arpeggio (2 octaves) C major scale + arpeggio (3 octaves) A minor scale + arpeggio (minor harmonic or melodic) (2 octaves) C minor scale + arpeggio (minor harmonic or melodic) (3 octaves) *For scales: separate bows and slurred [2 crotchet beats to a bow]
Intermediate 3	1.	 <i>arr. Lamb and Meredith (ABRSM</i>) Haydn Hungarian Rondo (from <i>Piano Trio</i>, Hob. XV:25), arr. Lamb & Meredith Schumann Dedication No.1 from <i>Myrthen</i>, Op.25 Prokofiev The Montagues and the Capulets (from <i>Romeo and Juliet</i>, Op. 64), 	and Progressive Studies Op. 20: Nos. 5, 7, 13 (International Music Company) Wohlfahrt: 60 Studies Op. 45: Nos. 47, 50 (全音樂譜出版社 or International Music	Dominant 7 th : Key of F, Key of G (1 octave, separate bow only) A major scale + arpeggio (2 octaves) C major scale + arpeggio (3 octaves) A minor scale + arpeggio (minor harmonic or melodic) (2 octaves) C minor scale + arpeggio (minor harmonic or melodic) (3 octaves) *For scales: separate bows and slurred [2 crotchet beats to a bow] *For arpeggios: separate bows and slurred
Intermediate 3		 <i>arr. Lamb and Meredith (ABRSM</i>) Haydn Hungarian Rondo (from <i>Piano Trio</i>, Hob. XV:25), arr. Lamb & Meredith Schumann Dedication No.1 from <i>Myrthen</i>, Op.25 Prokofiev The Montagues and the Capulets (from <i>Romeo and Juliet</i>, Op. 64), arr. Lamb & Meredith 	and Progressive Studies Op. 20: Nos. 5, 7, 13 (International Music Company) Wohlfahrt: 60 Studies Op. 45: Nos. 47, 50 (全音樂譜出版社 or International Music	Dominant 7 th : Key of F, Key of G (1 octave, separate bow only) A major scale + arpeggio (2 octaves) C major scale + arpeggio (3 octaves) A minor scale + arpeggio (minor harmonic or melodic) (2 octaves) C minor scale + arpeggio (minor harmonic or melodic) (3 octaves) *For scales: separate bows and slurred [2 crotchet beats to a bow] *For arpeggios: separate bows and slurred
Intermediate 3		 arr. Lamb and Meredith (ABRSM) Haydn Hungarian Rondo (from Piano Trio, Hob. XV:25), arr. Lamb & Meredith Schumann Dedication No.1 from Myrthen, Op.25 Prokofiev The Montagues and the Capulets (from Romeo and Juliet, Op. 64), arr. Lamb & Meredith Suzuki Viola Method Book IV 	and Progressive Studies Op. 20: Nos. 5, 7, 13 (International Music Company) Wohlfahrt: 60 Studies Op. 45: Nos. 47, 50 (全音樂譜出版社 or International Music	Dominant 7 th : Key of F, Key of G (1 octave, separate bow only) A major scale + arpeggio (2 octaves) C major scale + arpeggio (3 octaves) A minor scale + arpeggio (minor harmonic or melodic) (2 octaves) C minor scale + arpeggio (minor harmonic or melodic) (3 octaves) *For scales: separate bows and slurred [2 crotchet beats to a bow] *For arpeggios: separate bows and slurred [3 notes to a bow]
Intermediate 3		 arr. Lamb and Meredith (ABRSM) Haydn Hungarian Rondo (from Piano Trio, Hob. XV:25), arr. Lamb & Meredith Schumann Dedication No.1 from Myrthen, Op.25 Prokofiev The Montagues and the Capulets (from Romeo and Juliet, Op. 64), arr. Lamb & Meredith Suzuki Viola Method Book IV (Alfred–Summy-Birchard 0244S) 	and Progressive Studies Op. 20: Nos. 5, 7, 13 (International Music Company) Wohlfahrt: 60 Studies Op. 45: Nos. 47, 50 (全音樂譜出版社 or International Music	Dominant 7 th : Key of F, Key of G (1 octave, separate bow only) A major scale + arpeggio (2 octaves) C major scale + arpeggio (3 octaves) A minor scale + arpeggio (minor harmonic or melodic) (2 octaves) C minor scale + arpeggio (minor harmonic or melodic) (3 octaves) *For scales: separate bows and slurred [2 crotchet beats to a bow] *For arpeggios: separate bows and slurred [3 notes to a bow] Chromatic scales:
Intermediate 3		 <i>arr. Lamb and Meredith (ABRSM</i>) Haydn Hungarian Rondo (from <i>Piano Trio</i>, Hob. XV:25), arr. Lamb & Meredith Schumann Dedication No.1 from <i>Myrthen</i>, Op.25 Prokofiev The Montagues and the Capulets (from <i>Romeo and Juliet</i>, Op. 64), arr. Lamb & Meredith Suzuki Viola Method Book IV (Alfred–Summy-Birchard 0244S) Telemann Concerto in 	and Progressive Studies Op. 20: Nos. 5, 7, 13 (International Music Company) Wohlfahrt: 60 Studies Op. 45: Nos. 47, 50 (全音樂譜出版社 or International Music	Dominant 7 th : Key of F, Key of G (1 octave, separate bow only) A major scale + arpeggio (2 octaves) C major scale + arpeggio (3 octaves) A minor scale + arpeggio (minor harmonic or melodic) (2 octaves) C minor scale + arpeggio (minor harmonic or melodic) (3 octaves) *For scales: separate bows and slurred [2 crotchet beats to a bow] *For arpeggios: separate bows and slurred [3 notes to a bow] Chromatic scales: Starting on E-flat (2 octaves, separate bows
Intermediate 3	2.	 arr. Lamb and Meredith (ABRSM) Haydn Hungarian Rondo (from Piano Trio, Hob. XV:25), arr. Lamb & Meredith Schumann Dedication No.1 from Myrthen, Op.25 Prokofiev The Montagues and the Capulets (from Romeo and Juliet, Op. 64), arr. Lamb & Meredith Suzuki Viola Method Book IV (Alfred–Summy-Birchard 0244S) Telemann Concerto in G major, I, II & IV 	and Progressive Studies Op. 20: Nos. 5, 7, 13 (International Music Company) Wohlfahrt: 60 Studies Op. 45: Nos. 47, 50 (全音樂譜出版社 or International Music	Dominant 7 th : Key of F, Key of G (1 octave, separate bow only) A major scale + arpeggio (2 octaves) C major scale + arpeggio (3 octaves) A minor scale + arpeggio (minor harmonic or melodic) (2 octaves) C minor scale + arpeggio (minor harmonic or melodic) (3 octaves) *For scales: separate bows and slurred [2 crotchet beats to a bow] *For arpeggios: separate bows and slurred [3 notes to a bow] Chromatic scales: Starting on E-flat (2 octaves, separate bows
Intermediate 3	2.	 <i>arr. Lamb and Meredith (ABRSM</i>) Haydn Hungarian Rondo (from <i>Piano Trio</i>, Hob. XV:25), arr. Lamb & Meredith Schumann Dedication No.1 from <i>Myrthen</i>, Op.25 Prokofiev The Montagues and the Capulets (from <i>Romeo and Juliet</i>, Op. 64), arr. Lamb & Meredith Suzuki Viola Method Book IV (Alfred–Summy-Birchard 0244S) Telemann Concerto in G major, I, II & IV J. S. Bach Cello Suite No. 1 in G, 	and Progressive Studies Op. 20: Nos. 5, 7, 13 (International Music Company) Wohlfahrt: 60 Studies Op. 45: Nos. 47, 50 (全音樂譜出版社 or International Music	Dominant 7 th : Key of F, Key of G (1 octave, separate bow only) A major scale + arpeggio (2 octaves) C major scale + arpeggio (3 octaves) A minor scale + arpeggio (minor harmonic or melodic) (2 octaves) C minor scale + arpeggio (minor harmonic or melodic) (3 octaves) *For scales: separate bows and slurred [2 crotchet beats to a bow] *For arpeggios: separate bows and slurred [3 notes to a bow] Chromatic scales: Starting on E-flat (2 octaves, separate bows and slurred [4 notes to a bow])

		Chester Music CH01401)		
		Chester Music CH01401		Diminished 7 th :
				Starting on C, G (1 octave, separate bow only)
	1.	Mara Tima Diacas far Viala Val 2	Mazas: 30 Etudes	
	1.	More Time Pieces for Viola, Vol. 2,		A-flat major scale + arpeggio (2 octaves)
		arr. Lamb and Meredith (ABRSM)	Spéciales Op. 36 Bk. 1:	D major scale + arpeggio (3 octaves)
		- Brahms Andante (from String	Nos. 3, 5, 11	G-sharp minor scales + arpeggio (minor
		Sextet No. 1, Op. 18), arr.	(International Music	harmonic and melodic) (2 octaves)
		Lamb & Meredith	Company)	D minor scales + arpeggio (minor harmonic
	2.	Suzuki Viola Method Book V		and melodic) (3 octaves)
		(Alfred–Summy-Birchard 0249SX)	Kayser: 36 Elementary	
		- M. Marais Old French Dances	and Progressive Studies	*For scales: separate bows and slurred
		Le Basque	Op. 20: Nos. 15, 25	[7 notes to a bow]
	3.	J. S. Bach Suite No. 1 in G, BWV	(International Music	*For arpeggios: separate bows and slurred
		1007 – V. Menuets I and II from	Company)	[3 octaves: 3 notes to a bow; 2 octaves: 6
		Bach Six Cello Suites, trans.		notes to a bow]
		Rowland-Jones (Peters EP 7489, or		
Advanced 1		Chester Music CH01401)		Chromatic scales:
	4.	Vaughan Williams: Carol: No. 2		Starting on D (2 octaves, separate bows and
		from Suite for Viola, Group 1 (OUP)		slurred [6 notes to a bow])
	5.	J-M. Leclair Tambourin		
		(L'Alto classique, Vol. C)		Dominant 7 th :
				Key of F, Key of G (2 octaves, separate bows
				and slurred [4 notes to a bow])
				Diminished 7 th :
				Starting on C, D (2 octaves, separate bows
				and slurred [4 notes to a bow])
				Double Stop Scales:
				In sixths, in E-flat major (1 octave)
	1.	More Time Pieces for Viola, Vol. 2,	Mazas 30 Etudes	B-flat major scale + arpeggio (2 octaves)
		arr. Lamb and Meredith (ABRSM)	Spéciales Op. 36 Bk. 1:	E-flat major scale + arpeggio (3 octaves)
		- Shostakovich Waltz No.7 from	Nos. 10, 15	B-flat minor scales + arpeggio (minor
		Suite for Variety Orchestra, arr.	(International Music	harmonic and melodic) (2 octaves)
		Alan Bullard	Company)	E-flat minor scales + arpeggio (minor
	2.	J. S. Bach Suite No. 2 in D minor,		harmonic and melodic) (3 octaves)
Advanced 2		BWV 1008 – VI. Gigue from <i>Bach</i>	Kayser: 36 Elementary	
		Six Cello Suites, trans.	and Progressive Studies	*For scales: separate bows and slurred
		Rowland-Jones (Peters EP 7489, or	Op. 20: Nos. 19, 29	[7 notes to a bow]
		Chester Music CH01401)	(International Music	*For arpeggios: separate bows and slurred
	3.	Ernest Bloch Processional from	Company)	[3 octaves: 3 notes to a bow; 2 octaves: 6
		Meditation and Processional for		notes to a bow]
		Viola & Piano (G. Schirmer		

	4. Vaughan Williams Prelude: No.	1	
	from Suite for Viola, Group 1		Chromatic scales:
	(OUP)		Starting on F (2 octaves, separate bows and
	5. Paul Hindemith Meditation for		slurred [12 notes to a bow])
	Viola & Piano (Schott ED3684)		
			Dominant 7 th :
			Key of B-flat (2 octaves, separate bows and
			slurred [4 notes to a bow])
			Key of G (3 octaves, separate bows and
			slurred [4 notes to a bow])
			Diminished 7 th :
			Starting on G (2 octaves, separate bows
			and slurred [4 notes to a bow])
			Starting on D (3 octaves, separate bows and
			slurred [4 notes to a bow])
			Double Stop Scales:
			In octaves, in G major (1 octave)
	1. J.S. Bach Suite No.2 in D minor,	Kreutzer: 42 Studies	B major scale + arpeggio (2 octaves)
	BWV 1008 – I. Prelude from <i>Ba</i>		E major scale + arpeggio (3 octaves)
	Six Cello Suite, trans.	(International Music	B minor scales + arpeggio (minor harmonic
	Rowland-Jones (Peters EP 7489)		and melodic) (2 octaves)
	or Chester Music CH01401)	, company	E minor scales + arpeggio (minor harmonic
		Compognali On 22	
	2. Hoffmeister: <i>Concerto in D</i> – III.		and melodic) (3 octaves)
	Rondo (Henle Verlag HN 739)	41 Caprices for Viola:	
	3. Glazunov Elegie for Viola, Op. 4		*For scales: separate bows and slurred
	(Belaieff BEL 200 or Henle Verla	g	[7 notes to a bow]
	HN 1241)		*For arpeggios: separate bows and slurred
	4. Vaughan Williams: Christmas		[3 octaves: 9 notes to a bow; 2 octaves: 6
	Dance: No. 3 from Suite for Viol	a,	notes to a bow]
Advanced 3	Group 1 (<i>OUP</i>)		
	5. Ernest Bloch Suite Hébraïque –		Chromatic scales:
	Rhapsody (G. Schirmer, Inc)		Starting on C-sharp (3 octaves, separate
			bows and slurred [12 notes to a bow])
			Dominant 7 th :
			Key of F-sharp, Key of A (3 octaves,
			separate bows and slurred [4 notes to a
			bow])
			Diminished 7 th :
			Starting on C-sharp (3 octaves, separate
			bows and slurred [4 notes to a bow])

	Double Stop Scales:
	In thirds, in E-flat major (2 octaves)

Remark: Trainees and candidates are expected to play separate bows and slurred for scales and

arpeggios with the standard and requirements provided by ABRSM from 2024.