

Chart for use of track of Kowloon Tsai Sports Ground 九龍仔運動場可供緩跑時間表

Month: May 2009 五月 緩跑開放時間內只有跑道開放供市民作緩跑之用 During the jogging opening hours, only the track is available for jogging.

日期 Date	星期 Day	06:30 08:00	08:00 09:30	09:30 11:00	11:00 12:30	12:30 13:30	13:30 15:00	15:00 16:30	16:30 17:00	17:00 18:00			
1	Fri (五)	Green	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Green	Green	Legend		圖例
2	Sat (六)	Green	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Green	Green	All lanes available	Green	開放 所有線道
3	Sun (日)	Green	Pink	Pink	Pink	Yellow	Yellow	Yellow	Green	Green	Only 6,7,8 available	Yellow	只開放 第6,7,8線道
4	Mon (一)	Green	Green	Green	Green	Green	Green	Green	Green	Green	Not available	Pink	所有線道 暫停開放
5	Tue (二)	Green	Green	Green	Green	Green	Green	Green	Green	Green			
6	Wed (三)	Green	Green	Green	Green	Green	Green	Pink	Pink	Green			
7	Thur (四)	Green	Green	Green	Green	Green	Green	Green	Green	Green			
8	Fri (五)	Green	Pink	Pink	Pink	Pink	Pink	Pink	Pink	Green			
9	Sat (六)	Green	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Green	Green			
10	Sun (日)	Green	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Green	Green			
11	Mon (一)	Green	Green	Green	Green	Green	Green	Green	Green	Green			
12	Tue (二)	Green	Green	Green	Green	Green	Green	Green	Green	Green			
13	Wed (三)	Green	Green	Green	Green	Green	Green	Pink	Pink	Green			
14	Thur (四)	Green	Green	Green	Green	Green	Green	Green	Green	Green			
15	Fri (五)	Green	Green	Green	Green	Green	Green	Green	Green	Green			
16	Sat (六)	Green	Green	Green	Green	Green	Green	Green	Green	Green			
17	Sun (日)	Green	Green	Green	Green	Green	Green	Green	Green	Green			
18	Mon (一)	Green	Green	Green	Green	Green	Green	Green	Green	Green			
19	Tue (二)	Green	Green	Green	Green	Green	Green	Green	Green	Green			
20	Wed (三)	Green	Green	Green	Green	Green	Green	Pink	Pink	Green			
21	Thur (四)	Green	Green	Green	Green	Green	Green	Green	Green	Green			
22	Fri (五)	Green	Green	Green	Green	Green	Green	Green	Green	Green			
23	Sat (六)	Green	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Green	Green			
24	Sun (日)	Green	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Green	Green			
25	Mon (一)	Green	Green	Green	Green	Green	Green	Green	Green	Green			
26	Tue (二)	Green	Green	Green	Green	Green	Green	Green	Green	Green			
27	Wed (三)	Green	Green	Green	Green	Green	Green	Pink	Pink	Green			
28	Thur (四)	Green	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Green	Green			
29	Fri (五)	Green	Green	Green	Green	Green	Green	Green	Green	Green			
30	Sat (六)	Green	Yellow	Yellow	Yellow	Yellow	Yellow	Pink	Pink	Green			
31	Sun (日)	Green	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Green	Green			

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